

|                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <p>Invitations (weddings / parties)<br/>...Audio transcription<br/>...Copy typing</p> <p>Contact<br/><b>Anna Robinson</b><br/>Tel: 015396 24930</p>                                                                                                                                                               | <p><b>J NOEL PAUL &amp; CO</b><br/><b>Accountants &amp; Tax Consultants</b></p> <p>21 Market Street Kirkby Stephen<br/><b>017683 71272</b><br/><b>For all your</b><br/><b>ACCOUNTANCY</b><br/><b>PAYE, VAT,</b><br/><b>and TAXATION requirements</b><br/>Agents for the Manchester Building Society</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <p><b>Hair &amp; Hound</b><br/><b>DOG AND CAT GROOMING SALON</b><br/>Caring, Professional &amp; Qualified.<br/>Complete clipping<br/>&amp; hand stripping service<br/>Or just a bath, tidy up,<br/>nail trim etc.<br/>Groomed to your requirements<br/>Call for an appointment<br/><b>Gill 07828 264231</b></p> <p>Member of the</p> <p> </p> <p>Sandwath Pet Hotel, Kirkby Stephen, CA17 4HE</p> |

# The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE

High Westmorland Parishes

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September 2009

THE LINK IS PUBLISHED BY THE PAROCHIAL CHURCH COUNCILS OF ALL SAINTS', CHURCH, ORTON, ST JAMES' CHURCH, TEBAY AND ST OSWALD'S CHURCH, RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE

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THE LINK DEADLINE IS ON THE 13<sup>TH</sup> OF EACH MONTH

Please send all copy including advertising to:

Email: linkpines@hotmail.co.uk  
David and Meryl Aspden, The Pines, Roundthwaite 015396 24013  
Or John and Susan Basnett, Howgill Lodge, Orton 015396 24525

For Tebay: give to Reg Capstick, 1 Mount Pleasant, Tebay

For Ravenstonedale: give to Judith Law 23638 or email to frankrdale@yahoo.co.uk  
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All small display ads are currently £30 p.a.  
Views expressed in 'The Link' are not necessarily those of the publishers or editors.

## Thoughts from High Westmorland

By Rev Beverley Lock

"Everything that goes around comes around..."

This month marks the year of our being in the High Westmorland Parishes. It just doesn't seem possible yet conversely so much has happened that twelve months hardly seems to be long enough to fit it all in. We now have all the Ministers meeting together regularly and the Wardens, Secretaries and Treasurers meet once a quarter to look at issues that affect all the Parishes. We have recently had an Archdeacon's Visitation and Archdeacon Kevin met Church Warden representatives in all the churches and will meet all members of the PCCs to discuss our vision for the future on 9<sup>th</sup> September.

However that is just one little part of what has happened in the last year. The whole world has in the last twelve months been faced with a global recession. The full effects of this are not yet really understood but what it has high lighted for me more than anything is just how small I feel in the face of these huge and complicated interrelated forces. It makes me feel very small indeed. What can I do? What can all the people I know do? What can the united will of the UK government really do - in the face of such a crisis?

Feeling small and powerless is in the face of huge forces is the beginning of wisdom. Only the mega - arrogant think they can take on the world on its own terms and win. However what can be done is to develop an understanding of what and where we can focus our energies in such a way that it does make a difference. In the face of a huge economic down turn we need to

look to what makes us as people, and our villages as communities, the best that they can.

Every day I feel very humbled to see in a range of people their awakening to their potential to make a difference. In the bereaved person who shakily but with huge courage rallies their resources and shows determination to "get through" out of love and respect for those still alive. In the person facing personal disappointment focussing on who they are and what they can contribute rather than letting themselves be swamped with bitterness. In the cheerfulness of the sick despite pain and the serenity of the dying who must now surrender themselves in hope and trust; in all these brave individuals, lies our hope for a better world.

Whatever our personal situations, whatever the difficulties we are facing we need the strength to look into ourselves honestly and then to decide where we are going to concentrate our energies. What part of all that we call the world we can take on and with change for the better.

Christians believe God gives the strength through his Holy Spirit to attempt this; to make the first step. We will not see the whole picture in this life but we are given the help we need to face as much as we can now and so move on. As St. Paul wrote in 1 Corinthians 13 v.12,  
" Now we see but a poor reflections in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known."

**NOTE** - The management committee of the Link regret that it is unable to distribute literature for other organisations. We would also like to point out that articles received after the 13<sup>th</sup> may be held over until the following month



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### Notes from the Herald

September 1909

Mostly fine with chilly nights and  
warmer in late September,.

**Orton:** Mrs. Goodwin of Orton Hall held her annual Prize Day for the school's sewing classes. Two lady friends from Oxford and London judged. Later a letter urged that the School Trustees be chased up as to its repairs. Mr. Joseph whiteside is retiring from Dawn's Farm, Orton - his sale on 6th October to comprise: 20 shorthorns, 3 horses, 14 young hens. Free lunch will be at 11.30, Sale at 1.00 but cash only, no credit.

**Tebay** Liberals annual Sports and Demo on Sat 28th July was run by the women and included Sports, tea and speeches. Also a boys Lace Boot Race, Ladies Tug o' War and quoiting and all went well.

Sarah Lloyd of Greenholme a farm servant of Mr. Thomas Bargh, Bretherdale since 17th August, was hired for £1 a week. He had paid only 1s5d so far. She sued him and won. He was not in Court but owes her £2.

**Roundthwaite:** Mr. George Jackson and family were thrown

from their trap when 2 dogs ran between the horse's legs. At Tebay Station. All 5 suffered cuts and bruises.

**Ravenstonedale:** The Church Choir had their trip on 28th July to Keswick travelling by train. It was organised by the Vicar who had taken the children of choir members to Morecambe two weeks before. The 25th Sheepdog Trials and Sports were on 18th, Mr. John Butt was the Secretary.

Ravenstonedale Congregational Church held a Recognition Service for their new Pastor, Rev. J.A. Patrick.

A proposed cut in Newbiggin's Post Office hours to 8.00 to 12 noon has not yet been decided.

William John Bainbridge, bootmaker, was in Court for having let slide the order for upkeep of his wife since August 1908. He was apologetic and offered 30s he had with him. The Court accepted and he was ordered to pay her 7s3d a week. Case adjourned 6 weeks to see if he keeps this up.

Thanks to Jeremy Godwin

## Mid week Holy Communion

**There is now a regular  
Holy Communion service  
every Wednesday at St  
Michael's Shap at  
10.00am led by Rev  
Martin Dew. This is  
followed by  
refreshments and all are  
welcome especially from**

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SUNDAY SERVICES IN OUR CHURCHES FOR SEPTEMBER 2009

| <u>Sunday 6<sup>th</sup> September</u> | <u>13<sup>th</sup> Sunday after Trinity</u> | <u>Lessons</u>  | <u>Liturgical colour</u> | Green                                                |
|----------------------------------------|---------------------------------------------|-----------------|--------------------------|------------------------------------------------------|
| ORTON                                  | 9.30am                                      | Holy Communion  | CW Chris Jenkin          | Proverbs 22.1,2,8,9,22,23 James 2, 1-10,[11-13]14-17 |
| Sidesman                               | Chris Bland                                 | Prayers         | Colin Wren               | Readers M Jenkin & S Basnett                         |
| TEBAY                                  | 3.00pm                                      | Songs of Praise | Martin Dew               |                                                      |
| RAVENSTONEDALE                         | 9.15am                                      | Morning Prayer  | Martin Dew               |                                                      |
|                                        |                                             |                 |                          | Readers M & S Metcalf Gibson                         |

| <u>Sunday 13<sup>th</sup> September</u> | <u>14<sup>th</sup> Sunday after Trinity</u> | <u>Lessons</u>     | <u>Liturgical colour</u> | Green                            |
|-----------------------------------------|---------------------------------------------|--------------------|--------------------------|----------------------------------|
| ORTON                                   | 8.30am                                      | Holy Communion     | Beverley Lock            | Proverbs 1. 20-33, James 3. 1-12 |
| Sidesman                                | Colin Wren                                  |                    |                          | Readers Colin Wren               |
| TEBAY                                   | 4.00pm                                      | 2@4                | Beverley Lock            |                                  |
| RAVENSTONEDALE                          | 9.15am                                      | Holy Communion BCP | Ian Elliott              | As above                         |
|                                         |                                             |                    |                          | Readers David & Caroline Morris  |

| <u>Sunday 20<sup>th</sup> September</u> | <u>15<sup>th</sup> Sunday after Trinity</u> | <u>Lessons</u> | <u>Liturgical colour</u> | Green                                        |
|-----------------------------------------|---------------------------------------------|----------------|--------------------------|----------------------------------------------|
| ORTON                                   | 9.30am                                      | Family Service | Martin Dew               | Proverbs 31. 10-end, James 3. 13-4. 3, 7, 8a |
| Sidesman                                | David Aspden                                | Prayers        | Maggie & Rob             | Readers J Huck & B Lock                      |
| TEBAY                                   | 11.15am                                     | Morning Prayer | Reg Capstick             |                                              |
| RAVENSTONEDALE                          | 9.15am                                      | Morning Prayer | Chris Jenkin             | As above                                     |
|                                         |                                             |                |                          | Readers Graham & Janet Paxman                |

| <u>Sunday 27<sup>th</sup> September</u> | <u>16<sup>th</sup> Sunday after Trinity</u> | <u>Lessons</u> | <u>Liturgical colour</u> | Green                                          |
|-----------------------------------------|---------------------------------------------|----------------|--------------------------|------------------------------------------------|
| ORTON                                   | 9.30am                                      | Holy Communion | Chris Jenkin             | Esther 7. 1-6, 9, 10; 9. 20-23 James 5. 13-end |
| Sidesman                                | Jim Milburn                                 | Prayers        | Angela Millburn          | Readers J Burra & S Ward                       |
| TEBAY                                   | 11.15am                                     | Harvest        | Beverley Lock            | Joel 2. 21-27, 1 Timothy 2. 1-7                |
| RAVENSTONEDALE                          | 6.30pm                                      | Holy Communion | Beverley Lock            | As Orton                                       |
|                                         |                                             |                |                          | Readers C Stafford & D Vigor                   |

| <u>Sunday 4<sup>th</sup> October</u> | <u>17<sup>th</sup> Sunday after Trinity</u> | <u>Lessons</u>         | <u>Liturgical colour</u> | Green                                     |
|--------------------------------------|---------------------------------------------|------------------------|--------------------------|-------------------------------------------|
| ORTON                                | 9.30am                                      | Harvest Holy Communion | Martin Dew               | Matthew 6. 25-33, Matthew 25. 14-30       |
| Sidesman                             | Geof Mawson                                 | Prayers                | Ronnie Elliott           | Readers Meryl & David Aspden              |
| TEBAY                                | 3.00pm                                      | Songs of Praise        | Rosemarie                | Job 1. 1; 2. 1-10 Hebrews 1. 1-4; 2. 5.12 |
| RAVENSTONEDALE                       | 9.15am                                      | Morning Prayer         | Ian Elliott              | As Tebay                                  |
|                                      |                                             |                        |                          | Readers J Parsler & B Wood                |

SUNDAY SERVICES IN OUR CHAPELS FOR SEPTEMBER 2009

| Methodist Chapel  |         | 6th               | 13th           | 20th                               | 27th                                 | 4th                             |
|-------------------|---------|-------------------|----------------|------------------------------------|--------------------------------------|---------------------------------|
| Tebay             | 10.30am | R Teal CA         | W Ousby        | LA FS HF                           | P Dew                                | D Birkbeck                      |
|                   | 6.30pm  | CS at Winton      | P Dew          | *                                  | *                                    | *                               |
| Orton             | 10.00am | 10.00 am<br>P Dew | 10.00 am<br>LA | 10.00 am<br>D Askew<br>A Collinson | 10.30 am M Scott HF FS<br>M Scott HF | 10.00 am<br>G Peterson<br>P Dew |
|                   | 6.30pm  | CS at Winton      | D Birkbeck     |                                    |                                      |                                 |
| Newbiggin-on-Lune | 10.30am | C Capstick        | P Dew          | Gideons H                          | E Hodgkiss H                         | *                               |
|                   | 2.00pm  | *                 | *              | *                                  | *                                    | D Marston HF                    |
| Ravenstonedale    | 6.30pm  | CS at Winton      | *              | R'dale HF                          | *                                    | D Marston HF                    |
|                   | 2.00pm  | J Skinner         | P Dunstan      | E Park HF                          | P Dew                                | G Peterson                      |
|                   | 6.30pm  | CS at Winton      | Bous Fam       | E Park HF                          | H MacColl                            | N on L HF                       |
|                   |         |                   |                |                                    |                                      |                                 |

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### **The View from Tebay**

by Reg Capstick

Licensed Reader

July and August have seen several developments in and around the part of Tebay where I live, such as the opening of the Old School Tea Room, which appears to be a success and which is handy - possibly too much so - for me whenever I don't feel like catering for myself. The Recreation Ground has seen two lots of sports, a soccer tournament and Lunesdale's training sessions for the new football season. All these events have been successful in their various ways.

One event which has occurred in the last few days, however, has brought some regret. For many years St James' has had a stalwart supporter in the person of Miss Edith Guy, a regular attender and a generous giver to the church. Sadly, after a period of indifferent health last winter, she has decided -perhaps persuaded for her own good - to move closer to her nearest relative, June Smith, and her husband in Scotland. Edith will miss Tebay, where she has lived for a good part of her life and many of us in Tebay will miss her a great deal. I shall miss her wonderfully quirky sense of humour as much as anything but also her kindness to me over the years. I'm sure all at St James' wish her every happiness in her new home.

Church life has been as busy as ever lately with special services for Patronal Festivals at both Tebay and Ravenstonedale, while the first big Five Parish weekend will have passed by the time you read this. A ceilidh at Shap, a Garden Party and a joint Five Parish Eucharist at Roundthwaite - weather permitting - will have provided pleasure, spiritual refreshment and, we hope, financial rewards for us all. Thanks are due to everybody who has worked so hard or donated prizes to ensure the whole weekend has been successful.

To many if not most people the

weather this summer will have been disappointing but this is perhaps due in part to the Met. Office, and through them the TV weather forecasters, who were talking of a "scorcher" of a summer. Well, it hasn't been that at all - it has been a fairly typical English summer with plenty of rain. Personally the prospect of a "scorcher" of a summer was daunting because I am not good in really hot weather, although neither am I happy in heavy rain these days as I can't move fast enough to dodge the drops. A happy medium suits me where the weather is concerned and I suppose I'm a bit like that about religion. I have never been "High Church" nor do I really enjoy "Happy Clappy" services. I do occasionally enjoy a sung service at the Cathedral but I don't think I would like to attend that kind of service every week. I still like certain services from The Book of Common Prayer but I can cope with Common Worship as well, particularly when there are alternative forms of prayers or responses. I think it is good that, because we are part of a five parish group, we have different people leading our services as by their different personalities and ideas we get new insights into our faith. I don't think it matters how old we are we can still assimilate new ideas. This does not mean we forget our tried and trusted ideas or beliefs but it does no harm to hear of something different, even if we discount them after giving them some consideration.

Speaking of our five parishes, I think we are fortunate in having a good mix of Ministers as well as

variety in experience: we have a female Priest in Charge and a male House for Duty Priest; we have a retired Bishop, a retired Archdeacon, two retired Priests and two Readers - all male - but a strong female representation on our various PCCs. Meetings of people from all five parishes tend to be rather chaotic in my opinion but we always eventually reach some form of consensus.

As we settle down to face the months leading up to Christmas, plans for the services for which are already being "firmed up" - to use a dreadful phrase from "business speak" - there are bound to be times when some of us feel less than happy with what is on offer but I feel that we should be thankful for what we have. On holiday in Staffordshire recently, I worshipped in a two parish living where as from last month they have a Vicar, a Curate and three readers who are all female and from murmurs I heard from several churchgoers that situation is not to everyone's liking, especially some of the more traditional ladies in the congregations. This only serves to remind me of what several church people have said over the years - that no incumbent can ever hope to please all the people all the time.

So, what I think I am saying is that we in Tebay, along with our four linked parishes, should give thanks to God for the blessings we have and bear any "hardships" which stem from our circumstances, and, to borrow a phrase from a plain-speaking former teaching colleague - "just get on with it".



**The 2009 Barnaby Rudge**

**Fruit and vegetable**  
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**Saturday 19<sup>th</sup> September 2009**

**At the Barnaby Rudge Tavern, Tebay.**

# Orton

**Orton Methodist Sunday School  
will be starting again on Sunday, 13<sup>th</sup>  
September at 11.30am at Orton Chapel**

We would be pleased to have new children join us.

We have fun learning about God's story by watching DVDs, quizzes,  
games, crafts and lots lots more.



Open to all children from Reception age upwards  
and whether they can attend every week or just  
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**Come and join the fun!!**

Do you live in the Orton area and are in  
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There are people at the Methodist Chapel in  
Orton  
who would like to offer their help and  
support, contact :  
Rev Phil Dew – Tel 015396 24372 or  
Rowland and Rachel Woof – Tel 015396  
24372 / E-mail: [randrwoof@talktalk.net](mailto:randrwoof@talktalk.net)

## Orton Mothers' Union

Our next meeting will be  
on Tuesday,  
1<sup>st</sup> September, 2pm  
in All Saints' Church.

A warm welcome to  
anyone who would

## Orton Farmers' Markets

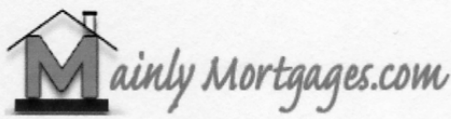
The next three of these  
popular markets will be:  
September 11<sup>th</sup>  
October 10<sup>th</sup>  
November 14<sup>th</sup>

Join us in All Saints for  
refreshments and a chat  
in a friendly atmosphere.

In July we raised £485  
and in August we raised  
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                         meaning wood  
Sylvan *adj* Pertaining to or  
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*Adj*—Sylvatic, Sylvaculture  
-n— A wood god  
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## Orton

### AN EVENING WITH CHRIS

7:30pm Friday 9th October 2009

**Market Hall, Orton**

Admission £3, (1 x Refund per dvd purchased on the night).  
Children under 12 Free

Local film Director Chris Abram is making a return visit to Orton after the highly successful show when he launched the award winning dvd The Lune Valley-Our Heritage. Chris is dedicated to preserving our British heritage, culture and natural countryside. Also, to producing high quality, value for money, heritage films, and for which over the years he has won several awards. For over thirty years he also staged many prestigious events on behalf of major international companies.

AN EVENING WITH CHRIS in Orton will feature his newly released film, BITTERN COUNTRY-OUR HERITAGE, made in conjunction with the Arnside/Silverdale AONB. Excerpts from his other award winning productions may be shown, plus anecdotes about some of the many famous personalities who have appeared in his shows and clips from their performances. He will also be showing a selection of funny videos and if time permits, films from his travels abroad.

BITTERN COUNTRY-OUR HERITAGE has been made over the last two years and tells of the beauty and heritage of an area covering the Yealands, Warton, Silverdale, Arnside, Carnforth, Beetham, Milnthorpe and most places in between.

The two hour forty-eight minute long double dvd has been researched, scripted, filmed, edited and narrated by Chris. Not only did he travel over all over the countryside but also he filmed the stunning aerial sequences to show the seventy-five square mile area in a totally new light. Copies of this double dvd and other videos will be available for purchase on the night at £15. Bittern Country – Our Heritage has been produced to the same broadcast high quality as his award winning and highly acclaimed The Lune Valley-Our Heritage.

Meticulously researched in cooperation with local historians Bittern Country-Our Heritage tells the regions history from the earliest times. We go inside an Iron Age Chieftains hut, see the actual sword that was found on Warton Crag, meet the Vikings and Romans who colonised the area and are given a personal conducted tour of Leighton Hall by Mr & Mrs Reynolds. What did the famous Ironmaster who built the world's first Iron Bridge have to do with Leighton? We ride with the last horse and cart shrimper on Morecambe bay and see how boat shrimping was done in the 1960's using unique historical film. We hear of Gangmasters and of the Great Cockling Tragedy. We are also treated to a guided tour of the nine hundred year old working Heron Corn Mill. We hear of the Scottish Reivers, of local fortified towers and manor houses, the Jacobites and Bonnie Prince Charlie's visit to Carnforth and how sailing ships made Milnthorpe into Westmorland's only port.

We learn of the unique three hundred and fifty million year old landscape with its very special limestone pavements and ecology. What are grykes, clints, runnels and dolines? The video reveals all. We are treated to a tour around the world renown RSPB Leighton Moss National Nature Reserve and meet the elusive bittern bird which breeds here, and after which the video is named. We see for ourselves the stunning natural coastline, find out where Tarmac was invented locally and walk through some of the most beautiful and ancient woodlands in the country.

We see where Elizabeth Gaskell, made famous recently for the award winning television adaptations of her novels, wrote these books in the peace and serenity of this area as she escaped from Manchester. Mr Boddington, of brewery fame, lived here and the same house once played host to the Bronte sisters. Experience Carnforth as a powerhouse during the age of steam and where a Brief Encounter once occurred between Celia Johnson and Trevor Howard.

## Orton

### The 60<sup>th</sup> Greenholme Show

This year the Greenholme Show celebrated its 60<sup>th</sup> Year and a 50 page book of photographs has been produced as a record of this special occasion.

With a foreword from the Rt Hon David Maclean MP, the book illustrates the many classes, participants, winners and supporters of our local show.

For further information contact Steve Crook on 24433

#### Uganda DVD

The Revd. Christopher Jenkin has a DVD which has been sent to us from Reverend Nelson, Vicar of All Saints, Uganda. It shows worship in All Saints, both in English and in the local languages. It gives a good picture of the kind of worship there - both familiar Anglican prayers, and some typical, lively African singing.

If anyone would like to borrow it to see it, please ask Christopher any time. (Tel. 24410)

We have also sent them a DVD from Orton - taken at the Licensing of our new Vicar last September.

### All Saints Church, ORTON,

*Invite you to Harvest Celebrations.*

**HARVEST PRAISE,**  
Friday 2<sup>nd</sup> October at 7 pm.

**HARVEST EUCHARIST,**  
Sunday 4<sup>th</sup> October at 9.30 am.

**HARVEST SUPPER**  
with entertainment  
Monday 5<sup>th</sup> October at 7 pm.

#### Orton & Tebay Local History Society

After our 'summer' outdoor activities we are back in Orton Market Hall on **Monday 14<sup>th</sup> September** at 7.30 p.m., when we will look at "What We Know Already". Several members have been doing research into various aspects of Orton and Tebay history, so this will be a chance for all members to share what has been discovered. Please bring along anything you have which you think would be of interest. Have you a Family Tree? Any old photographs of buildings or people, which might be of interest or shed some light on our history? Do you know anything about the history of your house and the people who lived there? Perhaps you can tell us something about Tebay, Orton, Greenholme and Longdale schools. The Three Wise Men of Tebay (Bernard, Len and Reg) are wanting information on the shops that used to be in Tebay - can you help them? Remember, you don't have to be a member to share what you know.

In July a few of us had a most enjoyable evening unravelling clues in Reg Capstick's treasure hunt around Tebay. The route took us from the motorway roundabout to the far end of the terraces. Some of the answers took quite a bit of finding! Although the sky was very threatening the rain held off until we were almost back at the Chapel. Reg gave us the answers over coffee, tea and biscuits. Most of us got most of the answers right - but it was a co-operative effort.

In August I took members on a walk in Appleby. After a bright sunny day the rain started to pour down in Orton and no doubt Tebay at about six o'clock; however by seven o'clock it was fine in Appleby and about 25 members set off from the Cloisters. Old photographs and extracts from Lady Anne Clifford's Diaries threw added light on Appleby's history and many of its buildings. We were lucky enough to be able to enter the courtyard of Lady Anne's Hospital. Members who had never been there before were very surprised at what lies behind the outer gates. Some members thought that the hill up to the Castle seemed much steeper when walking than it does in a car!

Our October meeting is also in Orton. Dr. Rob David is coming to give a talk on "The Yellow Ear", on **Thursday 15<sup>th</sup> October**, at 7.30 p.m. in the Market Hall.

In November, on **Thursday 19<sup>th</sup>**, we meet at Tebay Methodist Church at 7.30 p.m. Peter Studd is going to talk about "The Role of Tebay in the Great War".

And there's another year gone. I'm working on next year's programme and hope to be able to bring you a wide variety of interesting speakers to come and share their knowledge with us. If you have any thoughts, comments or suggestions, or would like any further information, please contact me, Wendy Higgins, Programme Secretary - tel. 015396 24780. Don't forget the website, [www.otlhs.ukme.com](http://www.otlhs.ukme.com). Non-members are always welcome at meetings - £1.50 on the door.

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### Friday 11th September Shap Memorial Hall

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## LUNE LADIES

All will be held at Newbiggin Village Hall at 7.30pm

### **Wednesday 2<sup>nd</sup> September**

We will have our first meeting of the new year, this will be a business meeting with cheese & wine, all welcome.

### **Wednesday 7<sup>th</sup> October**

Fashion Show by Town & Country Fashions  
which will include Accessories & Jewellery

Tickets £ 5.00 with drinks & nibbles  
Please contact either Thelma on 23329 or Ann 23317

### **Wednesday 14<sup>th</sup> October**

Curry Night with Jessie Oddy  
we are delighted to welcome Jessie back to our village hall for another of her wonderful curry nights.

Tickets £12  
Please contact Carol Clayton on 23226 to book

## Newbiggin-on-Lune Public Hall

### Big All Day Breakfast



**Saturday 19<sup>th</sup> Sept 2009**

**10am to 2pm**

**£5 / primary children £2.50**

### Newbiggin-on-Lune Public Hall

#### **Contacts:**

**Chairman :** Joyce Law Tel: 015396 23654

**Secretary :** Marion Law Tel: 015396 23409

**Treasurer :** Carl McLaughlin Tel: 015396 23674

**Caretaker :** George Boustead Tel: 015396 23608  
Mob: 07967798902

**All bookings should be placed with the Care-taker All payments to the Treasurer.**

### Newbiggin-on-Lune Parent & Toddler group.

We meet every Friday morning (term time)

9:30a.m. to 11:00a.m

in the methodist chapel school room.

Toys and activities for children under 5,

Children over 6mths £1.50 (includes refreshments)

For more details contact Joanne Boustead  
015396 23322

or Dianne Boustead 015396 23416

## Orton

### FRIENDS OF ORTON SCHOOL

**SAVE** on your household bills  
**RAISE** money for Friends of Orton School  
**CALL** 0800 1313 000

**Friends of Orton School have recently joined a new fundraising scheme and are hoping that everyone else who shares our interest in the future of Orton School will participate as well.**

The scheme is administered by the Utility Warehouse, which is part of Telecom *plus* PLC, a major UK company listed on the London Stock Exchange.

**The Utility Warehouse provides over 200,000 residential and business customers throughout the UK with everyday utilities such as phone, internet, mobile phone, electricity and gas.**

You may choose to transfer only one or some of your utilities and they guarantee their services will always be competitively priced against other suppliers; and most customers who switch will make substantial savings compared to their current suppliers. They also produce a convenient single monthly bill for all your utilities.

When you join the Utility Warehouse, **they will pay up to 5% of your monthly bill to Friends of Orton School**, for as long as you remain a customer. I'm sure you can appreciate what a significant and reliable income this will generate for us, especially if all of us take part.

Joining the Utility Warehouse is straightforward. You can call them, for free, on **0800 1313 000** and they will talk you through the process (no hard sell). Please give them our appeal number, **C52260**, to make sure your donations come to us.

The transfer process is simple – it all takes place over the telephone. No-one visits your home, and you receive the same gas, electricity and phone services through the same pipes and wires. and you'll be raising money for Friends of Orton School whenever you use the phone, or make a cup of tea! This scheme is available to anyone so please pass on this information to family, friends and neighbours.

Please join the scheme and make a difference to our school. Call **0800 1313 000**, quoting our appeal number **C52260** or if you prefer you can go to our web site [www.telecomplus.org.uk/c52260](http://www.telecomplus.org.uk/c52260) to check out the tariffs for whichever utility you wish to transfer and then you can transfer your utilities online.

Deborah Potter, Susan Thorpe and Alison Bland  
On behalf of Friends of Orton School

**PS – the Utility Warehouse will not tie you in to a minimum term contract (except for some mobile phones) – That means that if you're not happy with their service or prices, you can cancel by giving 1 months notice at any time. No excuse!**

## Tebay

### CHAPEL ANNIVERSARY

on

**Sunday Sept 6<sup>th</sup>**

at

**10.30am**

**Preacher**

**Rev Richard Teal**  
District Chairman

**Bring and Share  
Lunch afterwards**

**Everyone Welcome**

### Clerk to the Governing Body

**The Governing Body of Tebay Community Primary School requires a new clerk from October, 2009.**

**Salary: Scale 2 £14,197 - £14,882  
pro rata**

Duties will include attending 5 afternoon meetings a year and completing the related paperwork – which amounts to a total of approximately 40 hours per annum. Good administrative, organisational and ICT skills are essential and some knowledge of governing body procedures would be desirable. Training is available.

If you are interested, please contact the school administrator for an application pack on 015396-24239.

**Closing date Friday, 25 September, 2009**

# Tebay

## TEBAY METHODIST CHURCH

**Harvest Festival**  
**Potato Pie Supper**  
**Family Quiz to follow**

on  
**Sat Sept 19<sup>th</sup>**  
at  
**7.00pm**  
**£6.00**  
**Sunday Sept 20<sup>th</sup>**  
**Family Service**  
led by  
**Mr Derek Law**  
with  
**Sunday School Children**  
at  
**10.30am**  
**All are very welcome**

## TEBAY METHODIST CHURCH

**ALL DAY BREAKFAST**

For  
**£5.00**  
on  
**Saturday Sept 5<sup>th</sup>**  
**9.00am—1.00pm**

## CF TARN WALK

Over 100 walkers met at Gyll Bank Farm Raisbeck for the annual Cystic Fibrosis Tarn Walk. The walk was around Sunbiggin and was enjoyed by everyone. We had babies in buggies, dogs on leads, children running and playing and everyone enjoying the lovely views and fresh air. After the walk there was a team of volunteers serving the most delicious cream teas ever. We would like to thank all the walkers for their support, everyone who baked the lovely cakes and scones and everyone who helped in any way. Most of all we thank David and Trish Holmes who every year let us take over their kitchen and garden which is a great place to be. Without everyone's support the walk would not be possible.

This year we have raised so far just over £1000 which is a fantastic amount. The money will be sent to the Cystic Fibrosis Trust to help fund the gene therapy project, which hopefully one day will find a cure for this horrible condition. It is within reach so all we can do is hope and carry on with our fund raising. So hope to see everyone again next year on our walk.

Guess the weight of the cake was won by Pauline Ellwood (Julia Capstick baked and decorated a beautiful fruit cake)

## Primrose Cottage Coffee Morning

This annual fund raising event achieved the wonderful total of £615 to be divided between Tebay Day Centre and Over 60's.

Grateful thanks from Helen to all who assisted or contributed in any way.

## FRIENDS OF TEBAY SCHOOL

### Ceilidh by Chris Bland

**Friday 25th September**  
**Tebay Methodist Hall**  
**7pm-10pm**

### Bring & Share Supper

**Tickets available from the school after 2nd September.**

**Adults £4.00**  
**Children age 4 & over £2.00**  
**Family Ticket (2 Adults & up to 4 offspring) £12.00**  
**Contact : 24239**

**Ticket price includes non-alcoholic fruit punch.**  
**(NO ALCOHOL is allowed on the premises).**

## Reg Cave Memorial Chip-Out Dominoes



**Tebay Sports & Social Club**  
**8.30pm,**  
**Saturday, 5th September**

Proceeds in Aid of  
2009 Poppy Appeal



## Ravenstonedale

Hay Today.

John and Hazel Pratt's traditional flower-rich Kilnmire meadows were chosen for an evening hay-meadow walk on June 24<sup>th</sup> by the Hay-Day Project run by Cumbria Wildlife Trust. It was a fine sunny evening and about 20 people, Trust members from far and near and local people, came to enjoy the wild flowers in this beautiful setting.

The walk was leisurely, with plenty of time for questions. Claire Cornish, the Wild Life trust's hay meadows ecologist, identified the flowers and pointed out the great variety. John and Hazel talked about how they manage their meadows traditionally, with low input, to produce sweet-scented nutritious hay. A representative of the RSPB was present to discuss the value of the meadows for birds. It was a pleasant and instructive evening outdoors (mercifully the midges didn't strike until late) and the refreshments provided by the Pratt family at Kilnmire afterwards were appreciated and made a happy ending. It is hoped that the event will be repeated next year.



Kilnmire with Hay-Day Poster

## High Chapel – Caretakers Notes

People are amazed by the sunny light now coming from the window bays, painted by Robin. The warm yellow brightens the light coming in and lightens the whole chapel. It is spreading to the vestry and upper room, creating a talking point and a cheery light. Robin has now started on the Loo, which is also being brightened up with "Cornish Cream". The rear gate and a grave have also been smartened up in Hammerite black. Thanks as usual to the weeders (Ann et al), the planters (R&B), the plant donators (Alan & Marilyn et al) and all who though their support make the High Chapel experience a fun time. Our visitors continue to amaze us; some from New Zealand, who have been in 2005, 2007, and this year seeking their ancestors – the Whartons. This year they were welcomed by their distant relatives around KS and they are finding out more about the curious Robert Hind, one of the only three graves upstanding in front of Kendal Parish Church. The grave marks him as a Mason and the new open policy of the Westmorland Masons, enables them to help with the historical search. Their web site is one to see, it is colourful, curious, steeped in history and reminds me of the ancient life styles, values and esoteric lineage – making good men better.... The visit by the Adamthwaites who filled the upper room, was a fruitful occasion, shedding light on Quaker history in this and surrounding dales. We now have material from them to help other searchers – their web site is a treasure trove of Adamthwaite history, useful to all who have any interest in Rdale and

its parish. It would be interesting to build up a greater, deeper bank of information about Quakers in the area and their influence and indeed the often hidden Masons' influence and history in our dales. FC

## Forthcoming events Autumn 2009

Fri-Sun, Sept 11<sup>th</sup> – 13<sup>th</sup>

### Heritage Days

### St Oswald's Church

**10am-5.30pm**  
**Refreshments (from 11am-4pm)**  
Photographic Display, Home Produce, Information stalls etc

Saturday, October 3<sup>rd</sup>

Cobwebs Concert

### St Oswald's Church

Sunday, October 11<sup>th</sup>

### Harvest Service 11am

**Lunch 12.30pm in**  
**Newbiggin Public Hall**

Friday, November 13<sup>th</sup>

**Quiz Night at the Black Swan 7.30pm**

Saturday, December 5<sup>th</sup>

**'Winter Warmers'**  
at West View, Ravenstonedale

Wednesday, December 16<sup>th</sup>

**Carols at St Oswald's Church**  
**at 7.30pm**

Wednesday, December 23<sup>rd</sup>

### Carols in the Pub

### The Black Swan Hotel

**7.30pm**  
Mulled Wine & Mince Pies

## ALERT !

**Something important will be arriving on your door mat in September 2009 – a Housing Needs Survey for Ravenstonedale Parish**

There is lots of discussion in Cumbria about the lack of affordable housing, especially in rural areas with the high price of houses, growing number of holiday and 2<sup>nd</sup> homes and the resulting effect on rural communities.

The survey is being carried out with the full cooperation and support of Eden District Council, Ravenstonedale Parish Council and the Upper Eden Community Plan Group.

So when this survey questionnaire drops through your letter box, please could you complete and return it as soon as possible, to provide the information to help your community, now and in the future.

For further information about Cumbria Rural Housing Trust, please look on our website – [www.crht.org.uk](http://www.crht.org.uk) or contact us on 01768 210264.

## Ravenstonedale

### Where have all the squirrels gone?

Perhaps this is part of the answer....

#### Adenovirus; A New Threat?

Simon O'Hare, SoS Conservation Officer explains more – “There is relatively little known about adenovirus in red squirrels, but there is no doubt that it may prove to be a serious threat to their long-term survival locally”. “The problem is that reds show no external symptoms, apart from some evidence of scouring (yellow diarrhoea) on close inspection, unlike the very definite lesions of squirrel pox virus. However, it is likely that this virus can be just as lethal, and can be passed from red to red causing respiratory or enteric infection (in the intestines)”. “This may well be a naturally occurring virus within our countryside (unlike the introduced squirrel pox virus) and it may have killed many red squirrels historically”. “There may not be a direct link between these occurrences, but it could all add up to more pressure on reds leading to them being more susceptible to infections such as adenovirus”.

“The clear message is that, particularly with the lack of external symptoms, any dead red found should be tested! Please send or hand them in to – **Paul Duff, Veterinary Investigation Centre,**

**Merrythought, Calthwaite,**

**Penrith, CA11 9RR. I**

**t's north of Penrith on the A6 just past Plumpton.**

**Preparing Dead Red Squirrels for Postage**

Pack the body in **plenty of absorbent material** such as kitchen roll, and seal in **three tightly closed plastic bags**. Place the wrapped squirrel in a **rigid box** e.g. a shoe box, plastic tub or whisky bottle tube, and seal securely. Parcel this in brown paper or cardboard.

• You must label the parcel “**PATHOLOGICAL SPECIMEN – FRAGILE. HANDLE WITH CARE**” and write the sender's address on the parcel too.

• Send by first class post or guaranteed next day delivery.

• Enclose the attached form with the body providing your details (and the finders details if different) and detailed information on when/where the squirrel was found.

• Please do not post on a Friday as the laboratory may be closed over the weekend. If posting on Thursday please

send first class.

• Wash your hands after dealing with any squirrel carcasses and disinfect any surfaces or materials used.

**Please pack properly – the Post Office may refuse to deliver dirty or smelly packages.**

**Please complete and enclose the following form with the packaged red squirrel:**

1.Date squirrel was found:  
2.Location found (include 6 figure grid reference if possible):  
3.Any indications of cause of death:  
4. Any additional information:  
Senders Name, Organisation & Address (including post code) & telephone number: email:

**Ravenstonedale** - So the worry that people expressed early in the year about not seeing reds could find that this new threat at least partially explains their concerns. There was one report of a red seen in the Coldbeck area that seemed lethargic and unwell, but did not seem to have other symptoms – and then fewer reds...

What to do? Feed and try to preserve the remaining reds – drive more slowly and ask others to when you see them rushing round the village in a way that could kill a poorly red. Report any sightings to me on 23638, and try to monitor any suspicious behaviour. If you find a dead red either do what is asked above - post to Paul Duff, or ring me to collect and I will post to Paul Duff. Be careful to maintain strict hygiene procedures especially if you handle a dead red or see an ill red. I have access to an autopsy report on a recent corpse that for the more medically inclined (and strong stomached) makes interesting reading. So chin up, make sure we do all we can do positively and watch for any further news on this topic. My sources are SoS & the Penrith & District Red Squirrel Group (Newsletter) and Richard Dyke from Birds Bistro, who is also secretary to P&DRS. Look at [www.penrithresquirrels.org.uk](http://www.penrithresquirrels.org.uk) Frank Chalmers

### Ravenstonedale Folk dance club to start new season.

We meet regularly on Thursday evenings at 7.45pm to 10pm to dance a mixture of square sets, longways, circles with each dance being “walked through” first and then “called” in time to the music. We are a very friendly club and newcomers are always made very welcome, in fact joining our club could bring triple benefits with *mind and body both being exercised and new friends made all at the same time*. We meet in the Public Hall in Newbiggin on Lune and we are always very happy for new members to join our club. Whilst couples are very welcome it is not essential to bring a partner, if you would like to know any more details please ring 015396 24258 or 23329.



### Open House -

Every Wednesday morning, 10.30 – 12,  
in  
the upper room  
at High Chapel, Rdale.

There is good chat,

Fairtrade coffee and tea,  
biscuits and cakes, local  
history archives, red  
squirrel info, and more.

Admission free –  
donations welcome.

## NORTH WESTMORLAND ARTS

Outstanding musicians playing for us here in the Eden Valley

### 2009/2010 Concert Season

All concerts in Appleby Public Hall at 7:30pm. £8.5/£10. Accompanied children free.

**Sun 18<sup>th</sup> Oct** : CHINOOK Return of this popular Clarinet Quartet  
**Sun 15<sup>th</sup> Nov** : MAZAIKA Violin & Russian Accordionist/Tenor - to be confirmed  
**Sun 31<sup>st</sup> Jan** : YORKSHIRE IMPERIAL URQUHART TRAVEL BAND  
**Sun 28<sup>th</sup> Feb** : ANDY JACKSON (Portuguese guitar) & AURORA QUARTET  
**Sun 28<sup>th</sup> Mar** : NORTHERN SINFONIA Chamber music programme

For Discounted Subscription Tickets contact: Clare Morton tel: 017684 83777  
E-mail: [Algars2@aol.com](mailto:Algars2@aol.com) Website: [www.appleby-concerts.org](http://www.appleby-concerts.org) (under construction)

Supported by Westmorland Arts Trust

# Tebay Community Primary School News

## The last four weeks of the Summer Term...

### Tullie House Museum

On Tuesday 16th June the Junior Class went up to Carlisle to visit Tullie House Museum. They had a fantastic time role playing Celts and Romans and exploring who lived in the area at the time of the Romans! A Celtic spear head was exhibited from Tebay Fell! Artefacts were handled and lifestyles deduced.

A quick tour was also made of Carlisle Cathedral...very beautiful.

### Stepping Stone meet the animals!

On Monday 22nd June, Stepping Stones went to Dalton Safari Park to meet and feed the animals. A brilliant time was had by all, with children enthusing over long tongues at feeding time and amazing antics, shapes and sizes.

### Infants visit Hayes and Brockhole

The Infant Class got hands on experience of a ranges of plants and minibeasts during a visit to Hayes Garden World and Brockholes. Hayes gave an interesting talk...and the play area was a BIG success!

### Sports Day

On a baking hot, sunny afternoon, Monday 29th June, Tebay School enjoyed a sports day, with traditional races like the smartie on the spoon, to novelty races such as the “Y6 Rush for the Bus” race. A lovely afternoon...thank you for the support!

### Carlisle United Football Club..9th July

The Upper Juniors had a fascinating day at Carlisle Football Club, finding out about the range of jobs that are done behind the scenes, touring the club and making a movie in the Study Centre. The laundry room was incredible, with kit being organised even down to underwear!  
Thank you to Judy at the Study Centre.

...and finally

Y6 leavers: Keeley Morland, Kim Robinson, Courtney Wharton, Rosie Walker, Rachel Dobson, Daniel Capstick, Jack Stringer and Myles Wharton successfully held a “Tebay Has Talent” competition for their leavers party and enjoyed a party styled session at the Day Centre. They presented the school with a fire bowl in their leavers service.

Many thanks Y6!

We wish them all every happiness in their new

### A Round Robin of Rounders!

On Friday 19th June the Y5+6 from Tebay, Orton and Ravenstonedale got together to play rounders...dodging the rain showers! The children chatted and shared a picnic in the Methodist Chapel and then went onto Tebay Sports field to play in mixed school teams. The results from the games were very close. A relaxed competitive atmosphere was enjoyed!

### Cool Caving near the Ribbleshead Viaduct

On Monday 22nd June the Junior Class had an early start and a fun packed, exciting day caving and orienteering close to the Ribbleshead Viaduct. Children worked in teams to explore underground tunnels, pools of water and natural stone slides. Meanwhile other children read OS Maps and sketched beautiful scenery. The day finished with a playtime at Ingleton play park. The team work was immense...many children can't wait to go caving again. “Vertical Air”, the company who lead us, also did some fantastic problem solving work in school.

### SING UP!

On Friday 26th June, Lots of schools met up at KSGSSC for a superb “Sing Up” session. Tebay children in Y3,4,5 successfully sang in harmony and thoroughly enjoyed the experience!

### Police Football Tournament

Meanwhile, Tebay Y6 went to play at Newton Rigg, where the Eden Police held a well organised tournament. The team were a great team, but found the ball elusive to kick in the goal nets! The Police looked after everyone well with snacks and drinks.

### Eden Valley Primary Sports

On Thursday 2nd July, many schools met with competitors for the Eden Valley Sports Event at Penrith Leisure Centre. The children were treated to an Olympic style event, opening with Dancing and finishing with awards and medals. The children were from Y1 to Y6 had had a wonderful day meeting and competing in anything from swimming to orienteering. Our Lower Junior Team came 2nd in the whole area and were brilliant to watch!

### Appleby Sports Friday 3rd July

Junior children met up at Appleby for an Athletic meeting, to jump, throw, run etc. The event continued despite the rain and thank you to all the supporters!

### Teddy Bears Picnic

To celebrate the Walk to School initiative a wonderful Teddy walk and picnic was held on Thursday 16th July.

# Ravenstonedale Endowed Primary School

## QUEST SEEKERS

A lady called Claire from Penrith library came to talk to us about this year's summer reading challenge, this year is "Quest Seekers". The summer reading challenge is held from the 11<sup>th</sup> of July- the 8<sup>th</sup> of September. In that time you have to read six or more books, when you read 2 books you get a book mark, 2 more and you get a pop up dragon, all the way up to 6 books. When you have read all 6 books you get a medal, certificate and a P.E bag! But you don't have to read quest books you can read any type of book.  
By Bethany Capstick Year 5



## Big sing

We went to KSGSSC to sing with lots of other schools, some of us were excited but some of us were nervous. The first song we sang was We're All In This Together by High School Musical. All the schools had to sing a song all by their self we sang Peel Banana, we were second to last and Yr 7 were last. We sang the songs that we learnt with Mrs Linsley.  
By Carla Boustead yr 4.

## ROCKS AND VOLCANOES

On Thursday a geologist came to tell us about rocks and volcanoes. If a rock has holes in it is possibly able to float on water. When the geologist came he showed us a pretend eruption.

By Jack Roper Year 3

## FOREST SCHOOL

This term every week on Monday there is a forest school.  
At the first forest school people could choose to make a bench, stool, whistle and mallets.  
I made a bench. With every pupil there has to be an adult.  
While some people were working, some more people were working on the fire.  
They were making nettle soup. When the soup was ready every one gathered round the fire and tasted some of the soup. When the soup was finished we mixed some bread mix up and made some bread.  
The forest school starts at 3:30 and finished at 7:30. The people that ran the school were called Dave and Dave.  
By Georgia Hunter & Leanne Huck

## Ravenstonedale

### Teddy Bears' Service and Picnic on Sunday August 2<sup>nd</sup>

Teddy Bears of all ages, shapes and sizes joined the congregation of St Oswald's for a service of joyous hymns and prayers. Afterwards everybody went across the beck to the Scandal Beck Green and Play area for a delicious picnic, treasure hunt and story-telling. The sun shone just at the right moments and a good time was had by all.

A teddy story with Rev'd Beverley and Sue Wigley.



Catching up on the news after a jolly nice day.

## RAVENSTONEDALE ENDOWED PRIMARY SCHOOL

We would like to say a big good bye to the Year 6 leavers:  
Jamie Doogan \* Simon Deighton \* Connor Greenwood \* Stephen Ousby  
John Holroyd \* Sam Morriss \* Bronte Marshall-Brownrigg \* Freja Parsons  
\* Georgia Hunter  
We wish the Roper boys every success at their new school.  
Our new Reception Children are:  
Jamie Bell \* Jessica Tarney \* Elizabeth Tarney

## RAVENSTONEDALE & NEWBIGGIN-ON-LUNE CHARITY/ COMMUNITY SPECTACULAR FIREWORK DISPLAY & BONFIRE PARTY

FRIDAY 6<sup>TH</sup> NOVEMBER

6PM TILL LATE

@ THE COMMON @ TOP OF THE VILLAGE  
RAVENSTONEDALE

FOOD & BAR & LIVE ENTERTAINMENT  
(PROCEEDS IN AID OF RAVENSTONEDALE SCHOOL)  
(Professional firework display & marquee kindly donated by local residents)

Further details will be published in October issue of The Link – Enquiries: 015396 23204

## A CORNER OF EDEN

Debbie & Richard run a super B&B at Low Stennerskeugh and are in need of someone to help during busy times.  
We are looking for a fun, enthusiastic and hardworking person to help service the B&B on Monday's & Friday's, with flexible hours & good rates of pay.  
Call: 23370 or Email: [debbie@acornerofeden.co.uk](mailto:debbie@acornerofeden.co.uk) to find out more  
[www.acornerofeden.co.uk](http://www.acornerofeden.co.uk)