

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



Work has now started to convert the old boiler house in Tebay church to a kitchen and toilet

November 2012

THE LINK IS PUBLISHED BY THE PAROCHIAL CHURCH COUNCILS OF ALL SAINTS', CHURCH, ORTON, ST JAMES' CHURCH, TEBAY AND ST OSWALD'S CHURCH, RAVENSTONEDALE. WITH NEWBIGGIN-ON-LUNE

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Fr Aleksander Makulski Church of Our Lady of Appleby 017683 51474

THE LINK DEADLINE IS ON THE 13TH OF EACH MONTH

Please send all copy including advertising to:

Email: linkpines@hotmail.co.uk
David and Meryl Aspden, The Pines, Roundthwaite 015396 24013
Or John and Susan Basnett,

For Tebay: give to Reg Capstick, 1 Mount Pleasant, Tebay

For Ravenstonedale: give to Ann Pentecost 23317

Advertising (finance only)
Lesley McLaughlin 015396 23674
All small display ads are currently £35 p.a.
Views expressed in 'The Link' are not necessarily those of the publishers or editors.

A thought from the Vicarage.

by Rev Beverley Lock

Some days are really good right from the beginning and some days ... well the only way to get through is to have something to look forward to.

‘Today is not going to be great but I’m having a day out on...’

‘The team is in action on Saturday and they’ve got a real chance...’

‘Mary’s wedding is only 5 weeks away...’

‘The DVD I ordered should be here tomorrow....’

Hope that things are going to get better.

Long ago there was a whole nation going through a really tough time. They felt the world was unjust to them and that people got away with all sorts of terrible crimes unpunished. They needed hope that things would get better and they focused their hope on one man – one they believed God would send to sort out the wrong things that were happening and bring peace of mind and of the nation.

The people were the Jews. The man they called the Messiah. Christians believe that this man was Jesus of Nazareth. In November the Readings from the Bible in church lead up to the Sunday

celebrated as ‘Christ the King’ and look at what kind of principles he uses to bring about a better, fairer world. These are the Christian principles that underpin our legal system and the offer of education for all. Things that we take for granted in our western world. However he does not force people to follow him – he invites them. The more people who let him influence their lives.... the better the world will be. As Christianity is the fastest growing religion on earth this could be a real source of hope. Tomorrow could be so much better – if only more people really put Jesus’ principals into practise – take up his invitation to follow him. Now that is something we can do today to make tomorrow something to look forward to.

NOTE - The management committee of the Link regret that it is unable to distribute literature for other organisations. We would also like to point out that articles received after the 13th may be held over until the following month

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November In The Cross Keys

After our first successful Gourmet Night in September and by request of our customers we are having another Gourmet Night on Friday the 30th Of November. It will consist of Amuse Bouche, then a Beautiful 3 Course Meal, Freshly Prepared by our Chefs, with some Very Good Quality Wines to Accompany your Evening. Please book Early as we will have limited places? On Sunday the 25th of November there will be a Car Boot Sale in the Car Park at the Rear of The Cross Keys: A pitch will cost £5 per car & £10 per van with half the proceeds will going to local causes. This is the First time we are going to try this so please let's help our local causes by you all supporting us? Obviously if it is a success I would be more than happy to put it on monthly! Also on Saturday the 24th we will be holding a charity night in aid of Lunesdale UTD. There is a great new Bingo game called Rock & Roll Bingo it's just like bingo but a lot more fun instead of numbers music is played. That night we will also have a fun quiz with prizes & a raffle. Please come & join us for a fun night in order to raise most wanted funds for Lunesdale UTD The Night is Kicking Off at 730pm..

Making a difference

A man walking along a shore covered with washed-up, dying starfish notices a boy throwing them back into the ocean, one by one. The man says to the boy that there are miles and miles of beach and hundreds of starfish and that he'll never make a difference. As the boy throws a starfish back into the ocean, he says, "I just made a difference to that one."

Aby assisted by members of the Tebay & Orton Women's Institute along with Lauren and Hayley Coward, Olive and Chris Bland opened the doors of their home on Saturday 29 September to host a Coffee Morning in aid of the charity, Facing Africa.

The military style organisation was impressive, with every member of the team well drilled in the various duties of manning the book, cake and bric-a-brac stalls, running the raffle and serving refreshments.

The generosity of all concerned raised an impressive total of £713, which boosted by Gift Aid, equates to the average cost of a life changing facial reconstruction operation for a child in sub-Saharan Africa.

On behalf of Facing Africa, thanks to everyone who has helped make a difference.

Facing Africa is a UK charity established in 1998 that funds teams of volunteer consultant surgeons from the UK to carry out facial reconstruction surgery on severely disfigured and desperately poor African children suffering from a gangrenous infection called Noma. Since its inception, Facing Africa has transformed the lives of over 2000 children in Ethiopia and Nigeria.

For more information of the work of the charity, see the Facing Africa website, www.facingafrica.org

Home Support for Families under Pressure

East Cumbria Family Support home support service matches volunteers with families who have at least one child under 8 years and are experiencing difficulties relating to health or disability, emotional wellbeing or parenting. In the current climate the need for family support is greater than ever. Volunteers visit usually for a couple of hours each week to give practical and emotional support. Ongoing individual and group support is given to volunteers, and travel expenses paid.

If you are interested in helping to support families with young children and have a few hours to spare each week, we'd love to hear from you. We already have many fantastic volunteers doing a wonderful job, but the

HOST UK

At home this Christmas? Many UK based international students will be alone and would love to celebrate with you. Inviting a student to stay will make them feel welcome here. Learn about other cultures, meet new people and make the world a little friendlier!

To learn more about volunteer hosting at Christmas or any weekend of the year, see www.hostuk.org or contact Regional Organisers Kerrie and Phillip on 01697 324473

demand for our service is great so we're keen for more people to join us. Whether you are retired and looking for a new interest, young and wanting to gain experience, or 'somewhere in between', supporting families can help to make a real difference in our community.

If you'd like to know more, please contact:

Sarah Craig, Eden Family Support Coordinator on 01768 862917/593102 or Dan Nicholson Carlisle Family Support Coordinator on 01228 227348.

Remembering service

at

St Michael's, Shap

 4th Nov.

 2.00pm

A short service especially for those in the **five parishes** who have been bereaved. The service will be followed by tea.

There will be a confirmation service in Morland Church at 10.30am on 18th November for all 5 Parishes

SUNDAY SERVICES IN OUR CHURCHES FOR NOVEMBER 2012

<u>Sunday 4th November</u>	<u>4th Sunday before Advent</u>	<u>Lessons</u>	<u>Liturgical colour</u> Red or Green
ORTON 9.30am	Holy Communion Chris Jenkin	Deuteronomy 6:1-9; Hebrews 9:11-14	
Sidesman Jim Milburn	Prayers David Aspden	Readers Maggie & Rob Willan	
TEBAY 3.00pm	Songs of Praise Reg Capstick		
RAVENSTONEDALE 9.15am	Morning Service Martin Dew	Readers Jane Parsler, Tom Reeves	
Remembering service 2pm	Shap church Beverley Lock	and Martin Dew	

<u>Sunday 11th November</u>	<u>3rd Sunday before Advent</u>	<u>Lessons</u>	<u>Liturgical colour</u> Red or Green
ORTON 8.30am	Holy Communion Chris Jenkin	Jonah 3:1-5,10; Hebrews 9: 24-28	
Sidesman David Aspden		Reader John Dunning	
TEBAY 11.15am	Remembrance Service Martin Dew		
TEBAY 2@4 4.00 pm	& Reg Capstick		
RAVENSTONEDALE 10.00am	Remembrance Service Clive Pattison	Readers Caroline Morris, David Morris	
ORTON Remembrance 3.30pm			

<u>Sunday 18th November</u>	<u>2nd Sunday before Advent</u>	<u>Liturgical colour</u> Red or Green
Joint Benefice Confirmation Service at Morland 10.30am.		

<u>Sunday 25th November</u>	<u>Christ the King</u> (Sunday next before Advent)	<u>Lessons</u>	<u>Liturgical colour</u> Red or White
ORTON 9.30am	Morning Service Beverley Lock & Sandra Ward	Daniel 7: 9-10, 13,14; Revelation 1: 4b-8	
Sidesman	Prayers Chris Bland	Readers Jackie Huck, Susan Basnett	
TEBAY 11.15am	Holy Communion Beverley Lock & Sandra Ward		
RAVENSTONEDALE 6.00pm	Holy Communion Beverley Lock & Sandra Ward	Readers M. Metcalf-Gibson S. Metcalf-Gibson	

<u>Sunday 2nd December</u>	<u>1st Sunday of Advent</u>	<u>Lessons</u>	<u>Liturgical colour</u> Purple
ORTON 9.30am	Holy Communion Chris Jenkin	Isaiah 40:1-11; 2 Peter 3: 8-15a	
Sidesman Jim Milburn	Prayers Angela Milburn	Readers Meryl Aspden, Ronnie Elliott	
TEBAY 3.00pm	Songs of Praise Reg Capstick		
RAVENSTONEDALE 9.15am	Morning Prayer Sandra Ward	Readers	

SUNDAY SERVICES IN OUR CHAPELS FOR NOVEMBER 2012

Methodist Chapel		4th	11th	18th	25th	
Tebay	10.30am	P Dew HC	A Dunstan 6.30 pm Connexion at K Stephen	A Burton	LA	
Orton	10.30am 6.30pm	W Riley TP P Dew	D Birkbeck Connexion at	P Gorst K Coward	P Dew W Ousby	
Newbiggin-on-Lune	10.30am 6.30pm	11 am LA FS LA	11 am P Dew HC Connexion at K Stephen	11 am A Dunstan LA	11 am K Hewitson *	
Ravenstonedale	2.00pm 6.30pm	P Dew HC LA	A Collinson Connexion at	P Dunstan D Marston	P Dew R Ewin	

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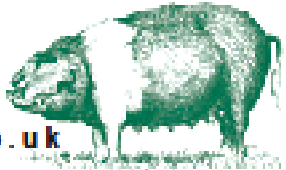
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Notes from The Herald, November 1912

Cold first half then dull, cold and wet. Heavy snow on 28th. Swallows here till 5th. All foot and mouth restrictions lifted the end of November (no new cases since 8th October.)
Orton's Vicar preached at Shap Church's first Harvest service on Friday, 25th October evening. There were various fights on the night of the Orton Pot Fair on 25th October – all local folk, several fought with Mr. William Hully, farmer of Bousfield, outside the Fleece Inn. Fined 5/-, 10/- etc.
Married at the bride's aunt's house a mile west of Medicine Lodge, Kansas, USA on 12th October, Frank, eldest son of Mr. and Mrs. J.B. Sharp of Wasdale House, Orton. The bride was Muriel, 2nd daughter of the late Mr. William Carter Best, ex Kirkby Thore. The venue was her Aunt Mary's (Miss Mary Best, ex Kirkby Thore). Frank's first job was with Bleaymire and Shepherd, Solicitors, Penrith and thence to Liverpool National Telephone Co., thence to law firm in Medicine Lodge. He left it 15 months ago to farm his new ranch (Riverside Ranch) on which he has built a homestead. The couple drove to it in a buggy after the wedding which four people from around Penrith attended.
Tebay's Temperance Brass Band's annual concert, supper and ball was in the Market Hall on Monday, 11th November. Dr. Gibson was in the Chair. A lot attended. Another railway veteran, Mr. William Dobson, foreman fitter, 68, died on Wednesday, 20th. He began in the Engine Sheds at Carlisle aged 15. He was there for 16 years then when Tebay's opened the

LNWR sent him there. He leaves a widow and adult children.
Ravenstonedale Congregational Chapel's annual Library Soiree (concert for library funds) was on Tuesday, 12th. Married at Dacre Church on 14th, John Ellis of Newbiggin on Lune to Sarah, daughter of Thomas Titterington, Gt. Blencowe. Died after a brief illness on 2nd November, at The Chantry, Hannah Margaret, wife of James Roper, Highmoor. She was 55. He and their two daughters remain. She was helpful, cheerful, a pillar of the parish Church (was on its church council). They were from Long Marton before coming to Ravenstonedale. Died at Town Head Farm, Ravenstonedale on the 20th, Robert Burke aged 82.
Joke: Admiral at dinner: Then we passed an island red with lobsters!
Guest: Can't be. They're green till they're boiled.
Admiral: It had a volcano and boiled them!

Many thanks to Jeremy Godwin for the Notes.

BROUGH & STAINMORE ART GROUP

Autumn Exhibition and sale of paintings, prints and drawings in the Church Hall Brough

Saturday Nov 24th and Sunday Nov 25th
10.00am - 4.00pm

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Highlights Rural Touring at Shap Memorial Hall
Sunday 25th November 7.30pm
Mad Dogs and Englishmen Theatre Company present **'David Copperfield'**
Replete with comic, cruel and repugnant characters, Charles Dickens' semi-autobiographical novel follows a vulnerable boy on his journey to manhood. It is a story of the struggle against poverty and obscurity: a story of loss, of loneliness, and the betrayal of innocence. The show is directed by Ann Courtney and is performed by a cast of two who capture the hilarity and pathos of Dickens' writing with finesse, depth and ingenious dexterity.
Tickets: Adult: £8.00, Conc. £7, Child £4, Family £19.50 Tel 01931 716273

PARISH REGISTERS
The Baptism of Jack Albert Tunstall took place on Sunday 15th July 2012 at All Saints' Church, Orton
The funeral of Roy Wilson took place on Monday 10th September 2012 at All Saints' Church, Orton.
The funeral of Stephen Potter took place on Tuesday 18th September 2012 at All Saints' Church, Orton
The internment of Olive Scott's ashes took place on Friday 28th September 2012 at All Saints' Church, Orton.
The funeral of Tom Cox took place on Thursday 4th October 2012 at All Saints Church, Orton,
The funeral of Richard Michael Schofield took place on Thursday, October 11th 2012 at St Oswald's Church, Ravenstonedale.

Christmas Fayre
St Michael's Church
Shap

Saturday 24th November

11.00am -2.00pm

followed by Dominoes at 7.30pm

The View from Tebay

by Reg Capstick
Licensed Reader

“Facts are chieles that winna ding” as a famous Scottish poet once wrote. I’m not sure what he meant by that line of poetry but I’ll begin with some facts. Work on transforming the lower floor of St. James’ is well under way. The old boiler house is no more. The floor has been levelled to allow easy access – for which I personally am very grateful as every time I went in to switch on the heating I feared a fall down the awkward steps – the asbestos cladding round the big pipes has been removed and the mechanism for activating the heating system is easily reached. The actual room space looks huge and once the toilet and kitchen areas are in place we will have a fine working area, enabling us to plan further activities.

A couple more facts. November will see two very different events, one in church and one in the club. On Thursday, November 1st there will be a slide show in church of Rosemary Campbell’s trip – or was it more like an expedition – through Africa from South to North. Appropriate refreshments will be served and admission will be by donation. To end the month, on Friday November 30th there will be a musical evening in the Sports and Social Club featuring guitar group and a meal. Rosemary has been the inspiration for this event as well as she is one of the guitarists, and it will be fully advertised well in advance. Also in November there will be the

usual Service of Remembrance on Sunday the 11th, a service which I always find very moving.

In a somewhat different way, I have been wrestling with facts to complete a 24 page questionnaire sent out by and organisation called “Cumbria’s Ecumenical church Buildings Strategic Review”. The purpose of this is apparently to decide whether or not the churches and chapels reviewed have a sustainable future. I have to confess that filling in such forms is anathema to me, hence the use of “wrestling” to describe the process. I have no doubt someone will find satisfaction in studying the reviews after they are returned by the limit date (30 November) - all I can say is thank goodness it won’t be my task to go through them!

So November will be a busy month in Tebay, as in our other communities I expect, with Bonfire night and fireworks to contend with as well; then comes December and Christmas with all that festival entails. How can anybody ever imagine that winter is a dull, dead time of year? And I haven’t even mentioned soccer yet! Weather permitting there will be a full list of football fixtures for Lunesdale United’s two teams and I hope to be available to attend some of the games. Fortunately for me Lunesdale did not have a first team game last Saturday as I was away with the Westmorland Under 18 Squad at an FA County Youth Cup match in Newcastle against Northumberland. Our lads were well beaten by a far stronger side which was not really surprising when you

think how many more clubs and teams they have to choose from. The Westmorland lads did all they could but to no avail. I was struck by one fact about our respective counties when I spoke to one of the Northumberland Council Members who lives in Berwick-on-Tweed. He had travelled almost as far to the game as we did, which shows the scope of their county as opposed to ours. I couldn’t help noticing while travelling up and down the A1 how much water there still is on the fields. The land over there is flat and usually fertile but some of the crops must have suffered during the wet spell and no doubt the price of some foodstuffs will be going up in the supermarkets. Two of my FA colleagues were having a discussion about supermarket prices, comparing the premises at either end of Kendal and saying how variable they can be. When I shop in Kendal I go to Booths so I wasn’t able to join in the discussion. I shop there simply because it is in the middle of town and I rarely look at the price of anything. If I want it, I get it. I realise this is not the usual way anyone shops but it suits me. If there was a co-op in Tebay as there is in Shap, I would happily do much of my shopping there. It is probably as well that I am not a typical shopper. Talking of going to Kendal, the change of bus companies on our route has so far caused no problems. In fact if anything the buses are keeping to time more regularly, so fears expressed prior to the change have not been borne out. Long may it continue.



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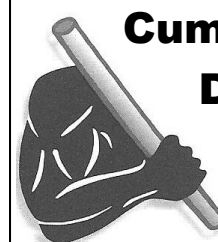


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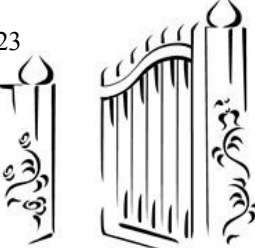
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Tebay

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Thank you to everyone who supported our recent Ceilidh, We raised a total of £137.00
Special thanks to Chris and Olive Bland who kept us all in step.
A great night had by all.

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Sunday 18th November

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Tebay

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Coffee evening at St James Church, Tebay
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Thursday 1st November



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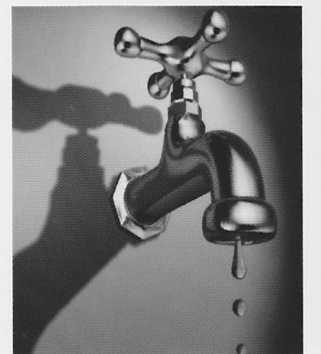
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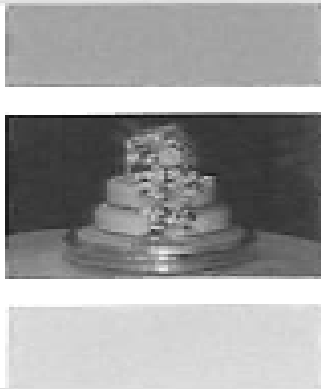
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Tebay Community Primary School News



The School Ceilidh was warmly attended and a super relaxed evening! Children, parents, friends and staff all danced the evening away with a laugh and not too much foot trampling! Many thanks for the support shown.



Class one in preparation for the Harvest have created a wheat sheaf and an extremely realistic scare-crow. The children have been enjoying the story of the enormous turnip.

Tebay...the place to be!

The children in Y5+6 volunteered to go fell walking after school, as a club for fun! Despite getting wet every week and incredibly muddy, it was great! Views were admired, the game of camouflage played and many happy chats and "energy snacks" along the way. Exercise for free!



Class 2 have been learning about the artist Andy Goldsworthy. He uses natural things to create some amazing art. The children have really enjoyed creating their own art-work using leaves, petals and pebbles.



Class 3 have been exploring how the Ancient Egyptians believed in an afterlife. Replicas of "Eye of Horus" have been made in clay, mummies in modrock! They have even role played the removing of organs and putting them into canopic jars! There were lots of giggly mummies!! They have also had a fascinating day with STEM, learning about Robots and operating a computer control system to move buggies.

Tebay and Orton Local Distinctiveness Project - Update

Friends of Tebay Church:
In the coming months, ACTION with Communities in Cumbria (ACT) project officer, Annie Hamilton-Gibney, will continue to support the group through their development of 'The Hub' community exchange in St James vestry. She will also be working with Heather Ballantyne and other members of the Friends of Tebay church group to produce a guide for St James Church, Tebay. This leaflet will detail all the interesting features that can be found inside the church such as the history, ecclesiastical features and architecture of the building as well as the flora and fauna found outside in the church yard.

Low Borrowbridge Archaeology News:
Annie continues to support the Lunesdale Archaeology Society through the ACT local distinctiveness project and gave well attended talks about the excavations at the Roman Fort of Low Borrowbridge, Tebay last month in Orton and Kendal. If you missed those talks, she will be repeating it for the **Sedbergh History Society on Wednesday 21st November, 7.30 at Settlebeck High School. All welcome £2 for non members.**
In the last months of the Local Distinctiveness Project, Annie will be producing a booklet all

about the excavations at the fort in the Lune Gorge and working with Tebay Primary School to produce an education pack about the 'local' Romans, which will be used by local schools for years to come.

Local Walking & Cycling Leaflets:
Plans for the new package of Tebay & Orton walking and cycling leaflets are well underway now. ACT is supporting Annie to work in partnership with Andrea Runkee from Adventure Capital to produce the new leaflets which will be ready for the tourist season next spring. The 4 leaflets will be presented in a small wallet;



each pack will contain 4 walking and cycling leaflets, each with details of 2 round routes from the centre of each of the Orton & Tebay villages. They will be linked to local web pages where more information will be

found about the wildlife, legends and heritage along each of the routes. A huge **Thank You** goes out to all the Tebay and Orton community members who have been involved with the planning process. The next meeting dates are below, as before, these will be joint Tebay & Orton Meetings:

The Joint Tebay & Orton Meeting to review the proof copies of route maps & plan other leaflet contents:
Tuesday 23rd October at 7.30pm. The Cross Keys Inn, Tebay. (in small meeting room)

The Joint Tebay & Orton Meeting to view finished maps and finalise additional leaflet contents: Tuesday 2nd November at 7.30pm. The George Hotel, Orton.

For more information about the project please contact ACT Development Officer Annie Hamilton-Gibney on Tel: 01768 869517 or Email: annieh-g@cumbriaaction.org.uk

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TEL: 01539 626121

SHAP CDC FREE 1 to 1 Beginners IT session also Drop in Session Mon. 930 – 1230

Getting to know your Laptop time/date/venue tba – let us know if interested

Internet & Email - starts 12th November 1600 - 1800 (6 wks)

BCS IT User Level 1 and Level 2 Quals (Word/Internet Email/Excel/Powerpt)

Adv.Word/Excel/Database * Photoshop Elements - 8th Nov 1530 – 1800 (6 wks)

Web Site Design for Improvers – starts 12th Nov 1900-2100 (5wks)

Emergency First Aid – Fri 9th Nov £60 plus VAT (fee reductions for 5 or more)

Card Creation using Photoshop – Sat 10th November 0915 – 1230

Wire Wrapped Jewellery – Sat 17th November 0945 - 1600

Labels & Mail Merge – Sat 24th November 0915 - 1230

Christmas Wreath and Floral Art – Fri 30th November 1015 – 1430

French Conversation – please register your interest

For details tel. 01931 716447, email: cdc@shap.cumbria.sch.uk

Lakelands Wild Bird & Red Squirrel feeding specialists

For our large and innovative range of seed mixes and wildlife supplies, go online or visit our shop at:-

The Old Forge Penriddock, CA21 0RD - just off A66 between Penrith & Keswick



Open: Monday to Saturday 10am to 5pm.

Free delivery every Friday

in Tebay, Orton and Ravenstonedale area.

To place your order:

Tel: 017684 83100

Email: info@thebirdsrestaurant.co.uk www.thebirdsrestaurant.co.uk

Quality feeds specially developed to reduce waste and care for the birds you love!



Locally Reared
Turkeys

Orders now being
taken for Xmas

Contact

Mark Riley 07949 408 018

Or John Law 07805 286 907

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75 Main Street, Sedbergh,
LA10 5AB Tel: 015396 20124
Fax: 015396 20791

Market Square, Kirkby Stephen,
CA17 4QT Tel: 017683 72285
Fax: 017683 72346

Email: sales@capstickinsurance.co.uk

Website www.capstickinsurance.co.uk

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J.N. & E. Capstick Insurance Consultants is authorised and regulated by the Financial Services Authority

Orton

Orton Carol Choir

If anyone would like to join the choir for the Christmas season you will be very welcome to join us for any or all of our events.

We will be singing carols in church at the Christmas Coffee Morning on 8th December

for a carol service on
Sunday 23rd December, 6.30pm.

Also Carols round the village on
Christmas Eve

If you are interested please get in touch with Chris Jenkin on
015396 24410

or

Laura Wren on 015396 24654
for details about practice times.

Will you help Orton Mothers' Union spread a little Christmas cheer?

Last year we collected items of tinned and dried food and toiletries for the residents of Townview Hostel for the Homeless in Kendal which were delivered in time for Christmas. We were overwhelmed by the generous response to our request for donations and hope that we will be able to repeat the collection this year.

If you would like to help please bring your donation along to the November Coffee Morning in All Saints' Church (Saturday, 10th) or alternatively leave it at the back of Church any other time or give to any Orton Church member.

ORTON WITH TEBAY COMMUNITY FIRST RESPONDER TEAM

Community First Responders are volunteers who give their time freely to help save lives in their community. Responders are everyday members of the general public who are trained in the use of Automated External Defibrillators and the treatment and control of a wide range of potentially life threatening conditions.

In cases of heart attack it has been identified that early intervention can result in a significant improvement in prognosis. First Responders provide support to the regular Ambulance Service by attending serious and life threatening 999 calls in and around the community to provide the earliest possible intervention for patients in the first few minutes until the arrival of an Ambulance.

The Orton with Tebay Community First Responder Team was established in 2006 and currently has 6 trained volunteers covering the two parishes.

Over the course of the last 6 years, volunteers have responded to over 150 emergency calls.

The North West Ambulance Service is recommending an upgrade in First Responder equipment to improve the effectiveness of the service. This upgrade includes new pagers and additional defibrillators and oxygen bottles.

The cost of upgrading the Team's equipment to the recommended standard is £2300. Community First Responder teams receive no external funding and rely totally on the generous support and donations of individuals and businesses within the local community.

Can you help us make a life saving difference?

A defibrillator costs £700

Kit bag £200

Pagers cost £150 a quarter.

To make a donation, please make cheques payable to:

Orton with Tebay First Responders.

Would you like to join our team of volunteers?

Being a volunteer can be incredibly rewarding not least because responders could save someone's life. Volunteers do not need previous First Aid experience to join their local team as full training is given.

If you would like to help in some way other than as an active responder, there is a need for support with administration and fundraising.

For more information on the work of Orton with Tebay First Responders please contact any of the following: Steve Dunkinson (24286); Menna Lewis (24546); Gerald Weston (24647); Kyle Blue (24422)

ALL SAINTS CHURCH

Saturday, November 24th

Christmas Creative Crafts

for children of all ages in Church, 1pm - 2.30pm
followed by:

Christmas Fair

Orton Market Hall
Saturday, November 24th, 2.30pm

Openers:

Brian and Pam Ashworth

Santa will pay a visit at 2.45pm



Teas

Stalls

Raffle

Cakes

Games



Admission Free

All Welcome

Orton Farmers' Markets

The next two of these popular markets will be:
November 10th
and
A Grand Christmas Market
December 8th
with Carol singers and mince pies in Church

Join us for refreshments and a chat in a friendly atmosphere.

In September we raised £---
and in October £---
To help us continue God's work at All Saints.
Many thanks for your continued support.

Orton Mothers' Union

Our next meeting will be
Tuesday 6th November, 2pm
at Angela's House.

We will be thinking about
MU work overseas.

Afterwards we will plan
next year's programme
over a cup of tea.

We always welcome anyone
who would like to join us

Mothers' UNION
Christian care for families

Advent in Orton Church

There will be a series of

Advent Devotional Services

on Wednesdays

5th, 12th, 19th December
7.30pm
in All Saints' Church

This will be part of our
preparation for Christmas

Everyone is welcome
to join us

Newbiggin On Lune Parent and Toddler Group

Every Friday morning (term time)
9.30am - 11.00am
in the Methodist Chapel Schoolroom
Toys and Activities for children under 5
Children over 6 months £1.50 (includes refreshments)
For More Details Contact
Chairperson : Paula on 07951523433
Secretary : Julie on 07792742415
Treasurer : Margaret on 01539623498

LUNE LADIES

PROGRAMME FOR 2012/2013

November 7th Wednesday 7.30pm
A year in a Cumbrian garden with Ron Davies

December 5th TBA
Christmas meal at the Royal Oak Appleby, transport
has been arranged and we pick up the coach
at 6.30pm outside the village hall

January 12th Wednesday 7.30pm
Pickles, Chutneys and Herbs with Jo Keogh

February 6th Wednesday 7.30pm
The Silk Route with Margaret Albon

March 6th Wednesday 7.30pm
Shirley from The Body Shop

April 3rd Wednesday 7.30pm
Hopefully Dr. Carl Hallum

Appleby Embroiderers Guild
Next meeting Tuesday 6th November
7.30 pm, Guide Hut, Appleby
Sarah Thursby speaks as
'The Medieval Tailor's Assistant'.
All welcome for this fascinating talk;
for more details please ring
01768-865515.

Doug Scott

is to give an illustrated lecture:

'The Three Peaks: Everest, K2 and Kangchenjunga'

**on Monday 3rd December at 7.30pm
in Maulds Meaburn Village Institute**

**ADVANCE BOOKING ONLY: £15
per person**

Please ring Sheila and Ron
Smith: 01931 715 509

(The proceeds from ticket sales will be
divided equally between
Doug Scott's charity 'Community Action
Nepal' and MMVI)

Goods from Nepal will be on sale; there
will be an auction of
signed photographs of eminent
mountaineers. (Payment by cash/

Newbiggin on Lune Methodist Church

will be open every Tuesday
morning. You are welcome to pop in
between 10 and 12 for coffee, cake
and chat. We would love to see you
every week or just once in a while.
It's good to get together.

BOWLING FOR FUN

Newbiggin-on-Lune Village Hall

You don't need a partner
or previous experience
Every Friday - 7.30pm.
£2 per night - First Night Free
Everyone welcome
Further details - 017683 72990

Badminton

At Newbiggin-on-Lune Public Hall

Dates for this year
Wed 6.30 - 8.00 juniors £1.50
8.00- 10.00 adults £3.00

Wed 24th Oct

Wed 28th Nov

Mon 7th Jan

Wed 13th Feb

Wed 20th March

Wed 10th April

Contact M Law 015396 23409 for more info

Wed 14th Nov

Mon 10th Dec

Wed Jan 23rd

Wed 27th Feb

Wed 27th March

Wed 24th April

NOTICE OF NEIGHBOURHOOD DEVELOPMENT ORDER PROPOSAL

TEBAY PARISH

Notice is hereby given that a
Neighbourhood Development Order Proposal
for

**Construction of a 3 bedroom bungalow with restricted occupancy in association
with equine management or for local housing need**
at

Town View Croft, Roundthwaite, Tebay, CA10 3XU

is available for inspection at the following locations:

Tebay Social Club
Tebay Tea Shop
Tebay J38 Services
www.tebay.org.uk

If you have any representations to make on this Proposal please make them in writing to:

Town View Croft NDO
c/o DPS Ltd
Furrow Green Farm
Wharton
Kirkby Stephen
CA17 4LQ

or by email to

tom.woof@development-planning.co.uk

Please mark any email 'Town View Croft NDO'

The date by which any representations must be received is not less than 6 weeks from the
date of this notice (the date of first publicity of the Proposal) or **5pm 30th November 2012**.

Dated Thursday, 18 October 2012

Tom Woof MRTPI
DPS Ltd
For Tebay Parish Council

Newbiggin-on-Lune

LUNE SPRINGS LUNCH CLUB

Is still held on second Monday of each month at 'Norman's'

If you would like to come along all you need do is contact either, Norman (07870581523), or Sally (01539623230) by the Friday before.

At present the cost is £8.00 for 2 courses and coffee/tea (of course this may need to go up!)

Newbiggin on Lune Public Hall

Presents

Curtis Magee

Thurs 1st Nov 7.30pm

Tickets £12.50 incl. supper

Bar available

Contact M Law on 015396 23409
Or 07866 78 56 56

Come along to the

PAUL WHEATER CHRISTMAS SPECIAL

Country and Gospel
Well loved songs from the 30's, 40's and 50's
Your Favourite Christmas Songs
including a Sing-Along

NEWBIGGIN ON LUNE PUBLIC HALL

Wed 12th December at 7.30pm
Christmas Refreshments
Hosted by the Methodist Chapel
Tickets £6 from George Boustead
(01539623608)

All money remaining after expenses will be donated to local charities

Come and Enjoy Delicious Desserts

at the home of Alan and Wendy Hunter
(Low House N-O-L)
On Saturday 17th November
from 7.30pm.
Eat all the pudding you can for £6!!
Proceeds for N-O-L Methodist Church

Orton

Orton "Drop-In"

Every Wednesday from
10.30-noon in the cosy
schoolroom at Orton
Chapel. Coffee/cakes and a
chat with friends.
Everyone welcome.

Orton Chapel invite You
(all ages - children and adults)
to a Christmas card craft morning

On Saturday, 1st December
From 10.30am – 12.00

Bring along your old Christmas cards

Refreshments

Contacts: Ruth Bainbridge 24278, Paula
Coward 24225 or Rachel Woof 24372
for any further information



EVERYONE WELCOME

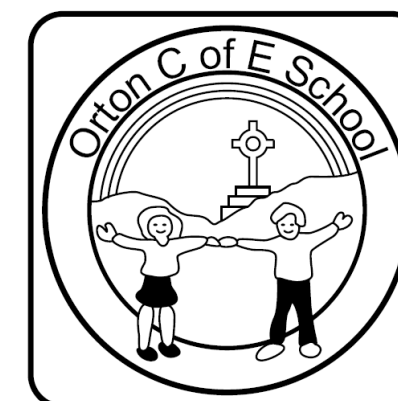
Open Day

Orton C of E School

Friday 23rd November

**Come
and see
our school in
action!**

**Everyone
Welcome!**



**9.30–11.30AM
AND
1.30–3.00PM**

Newbiggin-on-Lune Public Hall

Contacts:
Chairman : James Richardson Tel: 015396 23338
Secretary : Marion Law Tel: 015396 23409
Treasurer : Carl McLaughlin Tel: 015396 23674
The Vicarage, Newbiggin-on-Lune, Kirkby Stephen, Cumbria
Caretaker : Paul Boustead Tel : 015396 23033

All bookings should be placed with the Caretaker
All payments to the Treasurer.

Newbiggin on Lune Methodist Chapel.

Come and join us for:-

- Sunday Services – weekly at 10.30am until further notice.
- Sunday School – weekly at 10.30am
- Youth Club – fortnightly on Thursdays; 6.30pm – 8pm (year 5 upwards). Snooker, pool, table tennis, playstation, football & hockey (term time only).

We are friendly and welcoming and would love you to come and spend time with us.

For more information **phone Andrea on 23033**

Orton School News

The Jubilee Oak Tree

On Tuesday 9th October we went to plant an oak tree in the woodlands. We planted it with Mr Willan. Before we planted the oak tree, we saw a deer. The deer was very beautiful. We saw baby Mary too and she was very joyful. We had a really good time.

By Rowan and Katie

Mr Gosling

Miss Dewis who was a teaching assistant in Class 3 has suddenly stopped teaching us so now Mr Gosling has taken Miss Dewis' place which is exciting. We know Mr Gosling because he used to teach in Class2.

by
Harriet and Seb

Mrs Mounsey joins Class 3

Mrs Ayre is poorly so Mrs Mounsey has come back, only to teach in class 3. She also is now teaching History, R.E and French to us and we are all happy to see her come back to Orton School. We have all enjoyed her teaching in class 3.

By Thomas and Madeleine

Guinea pig food for sale

We are selling guinea pig food for £1 per kg. class 3 have been busy making posters to advertise our guinea pig food.

It's the cheapest guinea pig food around. We also have special offers like buy 10 Bags get one free. So if anyone you know has guinea pigs, please tell them about are wonderful offer. if you are interested we sell them in class 3.

by Olivia and Josh

Gardening

We were gardening on Monday in the beautiful school garden. We dug up lots of red and white potatoes also Mrs Wolstenholme cooked them for our dinner. We were in groups and we all did different jobs. We planted bulbs and we pulled out weeds, it was exciting.

By Martin

ORTON FAIR AND FELL RACE

The Autumn Orton Fair and fell race was on Saturday the 29th and lots of people from all around came to participate in our yearly event. The event had lots of stalls and various fun games on as well as cakes and tea or squash. Meanwhile, the fell race was run. The first person in the junior race was Alfie Thorpe and the senior race was won by Jamie Luxmoore. First boy and girl from Orton were Archie Graham and Emma Thorpe.

By Archie and Emma

Ravenstonedale

Christmas Floral Workshop



Make your own Door ring or table decoration
For Christmas

Monday 3rd December

At

Newbiggin-on-Lune Public Hall

10am - 1pm

£8 incl coffee.

For more info or to book a place contact

Marion Law 015396 23409

Red Squirrel Report

Well thank Goodness!

The lab report came back and they were able to ascertain that (in their own words) the red squirrel -

NECROPSY FINDINGS - Fractures were noted of the skull, jaw and ribs. There was significant internal haemorrhage in the chest cavity. The stomach was full. No foetuses were found in the uterus however the animal was lactating. All other organ systems were unremarkable.

FURTHER FINDINGS – SEROLOGY Squirrel pox serology – antibody has not been detected.

COMMENTS - Findings indicated that this lactating female was killed associated with trauma, probably a road traffic victim.

Identification	Sex	Weight (grams)	Body Condition	Degree of Autolysis	Submitted Live/Dead/Frozen
Red squirrel	Female	322	Normal	Moderate	Dead

HISTORY - Animal reported dead near the Old Vicarage in Ravenstonedale, Cumbria at NY722038. Found at the side of the road and suspected to be a road traffic victim.

Animal Health and Veterinary Laboratories Agency Penrith
Merrythought, Calthwaite, Penrith. CA11 9RR Telephone: 01768 885295
Fax: 01768 885314 Email: Penrith@ahvla.gsi.gov.uk

End of report – please phone Frank 01539623638 if you find a squirrel dead or one that is poorly (lethargic) or especially if you see a grey squirrel – they tend to be seen in Autumn. Don't forget grey squirrels carry squirrel pox which is fatal to red Squirrels. And in the meantime drive carefully – this one weighed 322grams and was no match for a speeding car or van. 20 mph For Squirrels Sake!

Golden Oldies
Tea Party

& Carols

at 2.pm

St Oswald's Church

Tuesday,

December 11th

UPPER EDEN FIRST RESPONDERS

Lottery Winners for September:-

1st Prize - Sir Martin Holdgate - Hartley

2nd Prize - Kim Lyon - Church Brough

3rd Prize - Mary Elliot - Kirkby Stephen.

Lottery Winners for October:-

1st Prize - David & Sally Cannon - Rdale

2nd Prize - Helen Shields - Rdale

3rd Prize - John Thomson - K. Stephen

Upper Eden First Responders thank you very much for your continued support.

If you would like further information on UEFR's or to join the 100 Club Lottery, please contact Mollie Young

Telephone 017683 72833 or via E mail mtyoung@btopenworld.com

RAVENSTONEDALE PARISH HISTORY GROUP

PROGRAMME 2012 – 2013

All meetings are on WEDNESDAYS and start at 7.30pm in the Ravenstonedale High Chapel, Community and Heritage Centre

Admission – Members £1.00, Non-Members £2.00

20th Dec 12 Members & Friends
Christmas Get-together

16th Jan 13 Les Neal

The Ravenstonedale Park and Wildlife
Love (boons)

20th Feb 13 Val Fe
The Thompsons
& 20th Century



Who Owns The Property Now?

Don't forget
The Marys and
Myths of the Eden

Ravenstonedale

Monday, November 19th
2012

Manor House,
Ravenstonedale
7.30pm

Bible Study and Discussion
in a friendly and informal
atmosphere.

Led by Beverley Lock

*All welcome whether you are
knowledgeable about the Bible
or not*

OPEN HOUSE - VILLAGE COFFEE MORNING RAVENSTONEDALE

Fairtrade coffee, tea, cake and
biscuits (and more)
are served at Ravenstonedale
Methodist Chapel every
Wednesday from 10.30 a.m. to
12.00 noon
Everyone is very welcome to
drop in for a drink
and a chat, it would be good to
see you.

Date for your Diary

On Dec 23rd at 6.30 pm there will be a
VILLAGE CAROL SERVICE
At Ravenstonedale Methodist Church at
6.30 p.m

COFFEE MORNING

WITH CAKE STALL

at

RAVENSTONEDALE METHODIST CHAPEL
on Saturday November 3rd from 10.00am
to 12noon

No charge for coffee but

DONATIONS PLEASE

for

UPPER EDEN FIRST RESPONDERS
a member of the team will be there with
some of their equipment

Please come and support our local folk

Ravenstonedale School

are hosting a

Pampered Chef Party

(in aid of the London Trip/School Funds)

On Thursday 29th November 2012

At 7.30 pm in the School Hall

£5 to include a glass of wine, nibbles, a sample from the cookery demon-
stration and raffle!

Tickets can be booked with Jacky Ousby on 015396 23681 or pay at the
door.

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 17TH OCTOBER 2012

7.30 PM

**Ravenstonedale High Chapel Community
& Heritage Centre**

**REFLECTIONS AND RELATIVES
REMINISCENCES OF LOCAL PEOPLE AND EVENTS
WITH**

BERNARD THORNBORROW

Chairman of Orton and Tebay Local History Society
Admission: Members £1.00 Non Members £2.00
including refreshments

For more information contact Val Fermer on 01539 623693 or e-mail history@ravenstonedale.org

Ravenstonedale Primary School

PENDRAGON CASTLE

On Wednesday the 3rd October class
two went to Pendragon Castle it
was very good and fun. We could
tell where the moat had been. The
castle was next to the river it was
very run down; we learnt lots of
facts about it, and talked about
what it would have been like to live
there. On the way back to school
we stopped to look at Lammerside
Castle where it is said there is a se-
cret tunnel all the way back to Pen-
dragon . By Callum

Open afternoon

Last Wednesday at
Ravenstonedale School we
had an open afternoon
where refreshments were
offered. People came to
look around and to view
our new room which has
been made into a library
and an extra work space.
By Hollie Boustead

Forest schools by Robbie

Every Tuesday we are continuing to do
Forest schools (what ever the weather)
we are making lots of fun things, this
week we made a leaf man last week we
made a Roald Dahl characters out of
leafs and other natural things. It is great.
We have been doing it for 5 weeks with
Mrs Boggon, Mrs Jackson and the rest
of the school.

Kian's head shave! On Friday 25th Sep-
tember Kian Nicolson had almost all of hair
shaved off for charity which was in aid of his
cousin Adam. This was done by Donna Richard-
son who is a hair dresser and also our dinner
lady. Adam has been really looking forward to
coming to school - hopefully soon he will be
with us full time says Kian. Joyce Law was also
doing something, Kian wanted her to shave
here head as well but she said no, she would
dye her hair instead. Adam wanted her to dye
her hair orange but they could not get any so
they settled on purple, Mrs Law was relived.
Kian raised around £1000 for charity which
was fantastic.

WELCOME ZAK AND ADAM On the 10th October Zak
came back to school. He was off for a very long time with appendi-
citis. Adam also popped in on Monday just to say hello. It was be
great to see them both.

By Ryan Capstick (Razz Cappy)



The chocolate factory!

At school we have been looking at Roald Dahl and the dif-
ferent books he wrote one was Charlie and the Chocolate
Factory. So on a Wednesday morning we went to Orton to
the chocolate factory to learn about how chocolate is made
we tried some which had come from Ghana. I really enjoyed
myself we got to buy some chocolate and we saw a video
about where it had come from. It was very interesting.
By M.OUSBY (Mous ousby)



Ravenstonedale

Ravenstonedale History Society

The History Society opened its new season of monthly talks on September 19th with a fascinating view of The Archaeology of Mallerstang presented by Annie Hamilton-Gibney, who, as the only archaeologist resident in Mallerstang, has spent many years walking the fells and researching the area. As Annie explained archaeology differs from history in that it is about looking for the signs of human presence in the landscape; the sites and artefacts people have left behind rather than the written historical accounts of past events. Annie's talk covered archaeological evidence from thousands of year BC through to when the Settle to Carlisle railway was built.

Although some sites have been identified by English Heritage through aerial photography, little research has been carried out in Mallerstang. The area has no major new building works to unearth sites and no university departments in Cumbria teach archaeology, so there are few students researching the area.

However, over the years some artefacts have been discovered, namely several Bronze Age (2500 to 1500 BC) burial cairns on 'Wateyat' excavated in the late 1800s, which contained the cremated remains of a child, a bone pin and pottery 'incense' cup, now in the British Museum. In the 1920s, a Neolithic stone axe and the Mallerstang Hoard, were found. The hoard consisted of 138 Roman denarii coins, now on display in Tullie House Museum, Carlisle.

In 1995 Pendragon Castle was partly excavated and decorative lead, probably from the original roof, a buckle and a Roman coin were unearthed. Other buildings

featured in the talk were St Mary's Church in Outhgill, which was rebuilt by Lady Ann Clifford in 1668 and a tumbled down barn near the Thrang, which was once the house of the notorious local highwayman, Ned Ward.

Annie also described the many industrial sites that have existed in the valley over time, particularly lead and coal mines as well as flagstone, limestone and newly discovered millstone quarries.

But maybe the most fascinating aspect of Annie's talk, at least for me, was her description of numbers of worked stones that she has found in her wanderings of Mallerstang, which could be 5,000 or more years old. The different stone materials used to make these tools were from the Yorkshire Wolds in the east, the western coast of Cumbria, Derbyshire in the south and from the Isle of Arran in Scotland. How did they come to be there? The Mallerstang Valley forms a natural mountain pass through which people would have travelled and traded and these finds suggest there was regular north-south movement through the prehistoric landscape.



Annie and a millstone found on her wanderings in the valley

With no known stone circles or early monuments in the immediate area, Annie went searching for a focal gathering point for these early travellers, traders and farmers.

On the stony knoll of Birkett Knott at the northern end of the valley, she found the faint traces of a possible Neolithic hilltop

enclosure. It would have predated the Bronze Age stone circles found in lower reaches of the Eden valley, so dating to about 3800 BC. It takes the form of a rubble bank encircling the hill and would have been built by the first farmers who settled in the valley.

Walking in the Mallerstang Valley will never be quite the same again.

Forthcoming events Autumn/Winter 2012

Monday, November 19th
Bible Study & Discussion Group
Manor House, Ravenstonedale
7.30pm

Wednesday, November 21st
Ravenstonedale History Group
Talk-Bernard Thornborrow-
7.30p
'Reflections & Relatives'

Saturday, December 1st
Winter Warmers 12noon-2pm
Newbiggin-on-Lune Public Hal
Sunday, December 2nd
Advent Service
& Exchange of Parish
Embroideries
N-on-L Methodist Chapel-11am

Tuesday, December 11th
Golden Oldies Tea Party
& Carols - St Oswald's Church

Wednesday, December 12th
Sedbergh Silver Band Concert
St Oswald's Church 7.30pm

Monday, December 17th
Carols in the pub
Black Swan Hotel

Spring 2013
Tuesday February 12th
Pancake Lunch

May 18th
Spring Supper
High Chapel, Ravenstonedale

Ravenstonedale

**Are you under 98
years old and less
than 7 feet tall?
Can you sing?
dance? act? play
music?
chop vegetables?
drink beer?
do anything at all?**

Would you like to be part
of a fun theatrical event?

No lines to learn, not
many rehearsals.

No experience necessary
– just enthusiasm.

Start-up meeting in St
Oswald's Church,
Ravenstonedale
7.30pm, Tuesday, 6th
November.

For more information, or If you are
interested but can't attend,
contact Joan Houston 01539
623468.

A Friends of St Oswald's event.

Black Swan wins two Awards

Following our AA Pub of the Year Award 2012/13 – received in London at a ceremony at The Hilton Park Lane by myself, Alan and Kev, Laura, Darren, Julia and our daughter Ellie (and subsequent party for locals, guests and staff at the Swan to celebrate).



We have received, this Monday The Good Hotel Guide's accolade of best Pub with Rooms 2013. Laura and I attended the awards ceremony on Monday in London.



The GHG is the UK's leading totally independent Guide (you may have seen the write up in the Times on Sunday). We are absolutely delighted to have won two prestigious National awards in such a short time period and want to

thank our fantastic staff, locals and guests in supporting us over the years.

The AA Award for 'AA Pub of the Year' England 2012/13 – this is an award which is not applied for by us. The 'secret' regional Inspectors who visit to award AA Stars, each nominate a number of businesses within their region. These are then shortlisted and each visit each others regions, and finally a group meeting decides on each Award. We were informed by letter and it was a complete surprise. We are so proud, it is a wonderful recognition of the hard work of our excellent Staff.

The Good Hotel Guide César Award – 'Best Pub with Rooms – 2013' is 'the ultimate Award' This, again, was a surprise. The Good Hotel Guide is not a Guide which can be paid for an entry. Secret Inspectors visit each year and some entries are dropped, dependent on their inspection. We were given this Award just two weeks after the AA Award!

Ravenstonedale Folk Dance Club

meets at Newbiggin V.H. on Thursday
evenings at

7.45pm. No experience necessary,
everyone made
very welcome. £2 per night.
For more details -015396 24258 or
23329.

**Please note for November
no dancing on 1st or 15th.**

RAVENSTONEDALE PARISH HISTORY GROUP

Come along on Thursdays
2.00pm – 4.00pm
**to High Chapel Community &
Heritage Centre**
(other times by arrangement)

to view

Transcribed Parish Registers
from 1650 – 1826
Poor Relief Returns for 1780,
1856, 1867, 1869 & 1871 showing
occupiers and owners of
properties
Parish Councillors from 1894
Many old photos including school
photos with pupils named
AND MUCH MUCH MORE!
For more information Contact: Chris
Elphick on 01539 620605 or Val
Ferner on 01539 623693 or e-mail
history@ravenstonedale.org

RAVENSTONEDALE BONFIRE PARTY

**ON THE COMMON AT THE TOP OF THE VILLAGE,
RAVENSTONEDALE**

MONDAY 5TH NOVEMBER

Bonfire will be lit at 6.30pm

**Food and drink will be available
– all donations welcome**

SAFETY NOTICE

Please put only wood, paper, garden waste etc on the bonfire.

NO PLASTIC, GLASS, METAL OR HIGHLY FLAMMABLE MATERIAL.