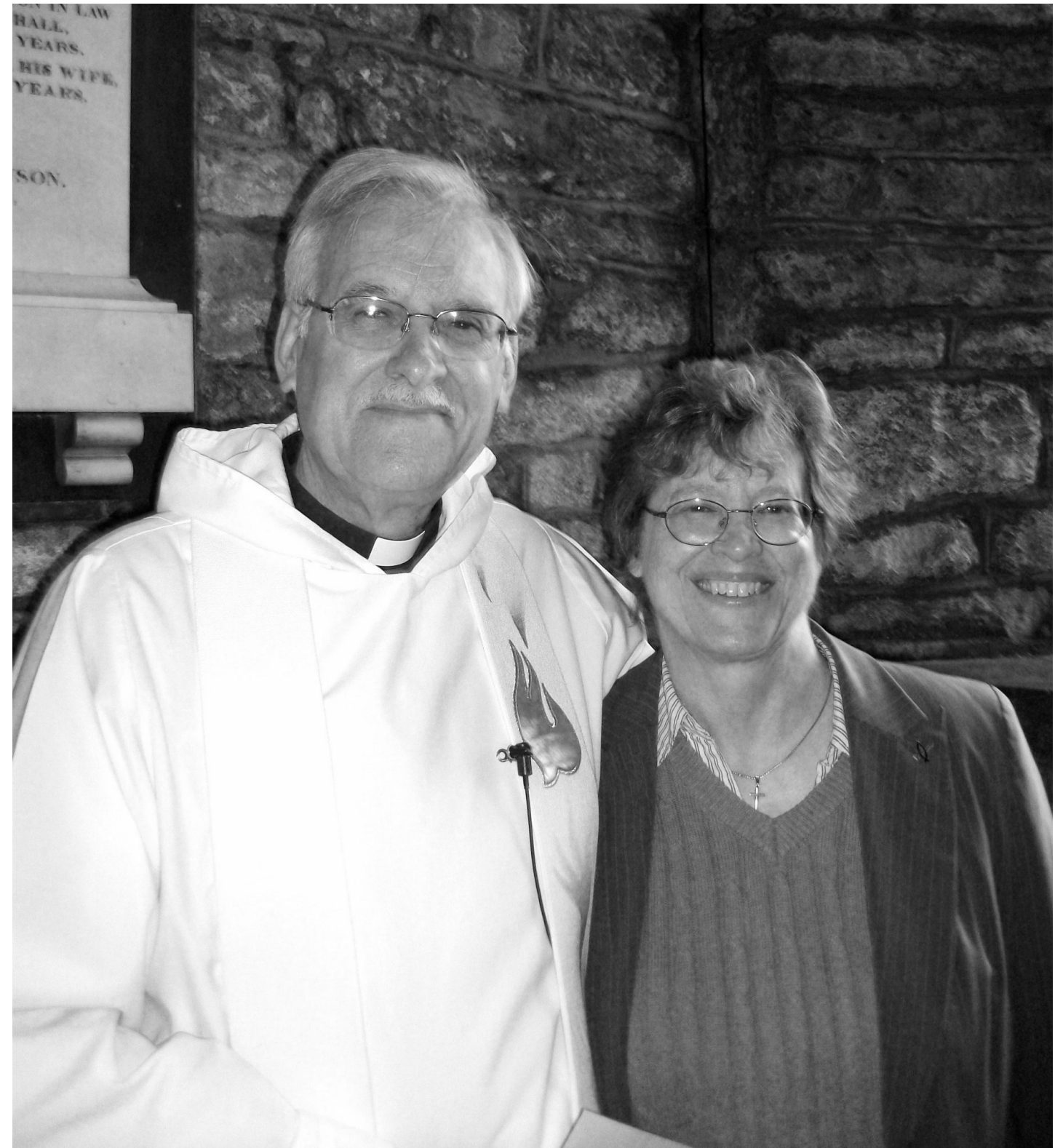


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The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



June 2013

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
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ST JAMES' CHURCH, TEBAY
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

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*Views expressed in 'The Link' are not
necessarily those of the publishers or
editors.*

A thought from the Vicarage.

by Rev Beverley Lock

Once upon a time the word ‘clergyman’ conjured up a very distinct image. Even if you rarely went to church, and most people did attend regularly, you knew the name of the Vicar or Rector and recognised him and his distinctive clerical collar. There was no television and few pictures so the clergy person in your parish tended to be the person you thought of when clergy were mentioned. Then in the 1960s many things changed and with it the image of the ‘Vicar’. For many Derek Nimmo and the archaic images of Bishops and Archdeacons that he and his colleagues created in ‘All Gas and Gaiters’ and ‘Oh Brother’ or the spin off, ‘Oh Father’, started to change that. They reflected a less reverential age and they gently poked fun at clergy as ‘too heavenly minded to be any earthly good’. Yet clergy were still very much part of the community and one priest, one parish was the norm. I also remember that clergy were still held in high regard as men who made sacrifices when they could have been comfortably off in other professions, choosing to serve their parishioners rather than ‘line their pockets’. Today things are different. If you ask people what is their image of the clergy it is more likely to be Father Ted, the Vicar of Dibley or even ‘Rev’. Clergy are much more varied. Vicars come in male and female and some are non-stipendiary (unpaid) while others are stipendiary. Some give their time and care for a community by living in a tied house (like Revd Martin Dew did until last month) while still others are completely self supporting. There are clergy in charge of a number of churches and some who work under the direction of a colleague. Retired clergy also play a very important part in the ministry and are very much valued in these five parishes in

High Westmorland. The reason I mention this is that this month we welcome a new member of the clergy into the team of Readers, Local Lay Ministers and ordained clergy that seek to serve the parishes of Shap with Swindale, Bampton with Mardale and Orton, Tebay, Newbiggin on Lune and Ravenstonedale. Sandra Ward will be ordained as a Non-Stipendiary Curate in the five parishes on 30th June at Carlisle Cathedral. Sandra lives in Orton in her own home and gives her time freely to the parishes. She has undergone four years of formal training and will undertake a further six years as a curate. She will be ordained as a Deacon in the first instance which means that she will be able to take services, baptise, and lead funerals and so on. She will have some pastoral responsibilities too. However she will also continue to work full time so her time will be in great demand and her availability limited at least to begin with. So yes, clergy have changed. Just as in the 1950s we had only one or two types of breakfast cereal, but today we have much more choice. I am pleased to have the wealth of variety of people and their gifts to draw on to serve the people of these parishes. It is different and some, not least me on a busy day, may long for the ‘good old days’ when the role of the vicar was more ‘All gas’ than today’s serving several parishes. The truth is that nothing else has stayed the same and there is much to be positive about in our new more varied clergy roles. I know you will all join me in wishing Sandra every blessing in her new role among us. The service at the Cathedral on the 30th June is at 10.30 a.m. and we are organising a coach, so if you would like to come please ring Elaine Alison on 01931 716771 to reserve a seat.

NOTE - The management committee of the Link regret that it is unable to distribute literature for other organisations. We would also like to point out that articles received after the 13th may be held over until the following month.

Front Cover Picture: Revd. Martin and Elizabeth Dew, Shap, 12.5.13



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Notes from The Herald, June 1913

Mostly fine and warm with rain too.
Thunderstorms on 17th. Haymaking
by 20th (this is early!)

Orton To let, grocer's shop and
house, Front Street – Mrs. J.
Robertson there.

Gaisgill Two farmers, Edward Beck
and John Cowperthwaite, met on the
fell on 29th May. John hit Edward
who sued him and won £2 damages
for his bruises. Still a staff vacancy
at Longdale School.

Greenholme Sports, Sat. 14th. Held
in field next to its school, began with
a free tea for the School and Sunday
School pupils, then sports including
C&W wrestling. The Tebay
Temperance Band played – a lot from
Orton and Tebay were there. Events
included Ladies Tug o' War and the
Dance that night was in Mr. Wilson's
Low Scales Barn.

Tebay Westmorland C.C. heard that
the proposed road improvement at
Tebay on Mr. Goodwin's land – a
new drain 520 yards long – will cost
£221. Too dear said Council. As to
the river footbridge in Tebay, often
awash in floods, erect a raised
platform for it four feet above flood
level, they said.

Mr. Thomas Scaife Sanderson of
Row End, Tebay, yeoman, married
Miss Annie M., eldest daughter of
Mr. S. Wood, Manor House,
Rickerby, on 4th June in the Gospel
Hall, Scotch Street, Carlisle. Mr.
T.S.S. is a Wesleyan local preacher.
His mother died recently. Tebay
Brass Band joined three others for the
Vale of Eden Band of Hope Rally
and children's sports at Kirkby
Stephen on Thursday, 19th. (Big
annual "do", last held c1975 at
Appleby). Tebay Branch of N.U.R.
has 157 members but Shap's has only
20: Why? – N.U.R.'s speaker asked
his Shap meeting on 14th.
Platelayers wages are only £1 a week
he said, implying "Join the N.U.R.
and get more!" Tebay Cricket Club
won some and lost others.

Newbiggin-on-Lune School pupils
went to Kirkby Stephen to compete
for the annual Westmorland C.C.
Minor Scholarships (written and live
interview).

Ravenstonedale Died at Town Head,
on 11th, Sarah, wife of Robert
Murray.

Jokes:

He (proposing) Older you will grow,
my dear madam, but you'll never grow
uglier!
She rejected him.

Doctor to Artist: These pictures –
unsaleable?
Artist: Yes. My failures. You can
bury yours!



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SUNDAY SERVICES IN OUR CHURCHES FOR JUNE 2013

<u>Sunday 2nd June</u>		<u>1st Sunday after Trinity</u>		<u>Lessons</u>	<u>Liturgical colour</u> Green
ORTON	9.30am	Holy Communion	Ian Elliott	1 Kings18. 20,21,30-39;	Galatians 1. 1-12
Sidesman	Jim Milburn	Prayers	Angela Milburn	Readers	Ronnie Elliott, Meryl Aspden
TEBAY	3pm	Songs of Praise	Beverley Lock		
RAVENSTONEDALE	9.15am	Morning Prayer	Sandra Ward	Readers	David Morris, Caroline Morris

<u>Sunday 9th June</u>		<u>2nd Sunday after Trinity</u>		<u>Lessons</u>	<u>Liturgical colour</u> Green
ORTON	8.30am	Holy Communion BCP	Ian Elliott	1 Kings 17. 8-16;	Galatians 1. 11-24
Sidesman	John Falshaw			Reader	John Falshaw
TEBAY	2@4	Ian & Ronnie Elliott & Beverley Lock			
RAVENSTONEDALE	10am	Holy Communion	Beverley Lock MU to speak	Readers	M. Metcalfe-Gibson S. Metcalfe-Gibson

<u>Sunday 16th June</u>		<u>3rd Sunday after Trinity</u>		<u>Lessons</u>	<u>Liturgical colour</u> Green
ORTON	10.45am	Family Service	Brian Lock & Laura Wren	1 Kings 21, 1-10, 15-21a;	Galatians 2. 15-21
Sidesman	Gerald Weston				
TEBAY	11.15am	Morning Prayer	Reg Capstick		
RAVENSTONEDALE	9.15am	Morning Prayer	Neil Hughes	Readers	Hilary Law, Richard Best

<u>Sunday 23rd June</u>		<u>4th Sunday after Trinity</u>		<u>Lessons</u>	<u>Liturgical colour</u> Green
ORTON	9.30am	Morning Prayer	Beverley Lock & Sandra Ward	1 Kings19. 1-4, 8-15a;	Galatians 3. 23-29
Sidesman	Chris Bland	Prayers	Ronnie Elliott	Readers	Mary Jenkin, John Burra
TEBAY	11.15am	Holy Communion	Beverley Lock		
RAVENSTONEDALE	6pm	Songs of Praise	Beverley Lock	Readers	Tom Oldham, Kathy Trimmer

<u>Sunday 30th June</u>	<u>5th Sunday after Trinity</u>	<u>Lessons</u>	<u>Liturgical colour</u>	Green
Ordination of Sandra Ward 10.30am Carlisle Cathedral				

<u>Sunday 7th July</u>		<u>6th Sunday after Trinity</u>		<u>Lessons</u>	<u>Liturgical colour</u> Green
ORTON	9.30am	Holy Communion	Chris Jenkin	2 Kings5. 1-14;	Galatians 6. 7-16
Sidesman	Mary Jenkin	Prayers	Chris Bland	Readers	Jackie Huck, Angela Milburn
TEBAY	3pm	Songs of Praise	Reg Capstick		
RAVENSTONEDALE	9.15am	Morning Prayer	Sandra Ward	Readers	Tom Reeves, Jane Parslow

SUNDAY SERVICES IN OUR METHODIST CHAPELS FOR JUNE 2013

		2nd	9th	16th	23rd	30th
*Tebay H.&P. M.H.B. & M.P Complete	10.30am	C Jenkin	WB Robinson Connexion at	B Staley	LA	A Dunstan
#Orton M.P. Complete and M.H.B. & PB EW	10.00am 6.30pm	K Hewitson Bous Fam	LA (Mr & Mrs Webb) Connexion at K Stephen	M Harrison LA	D Askew P Dew	* 2.30 pm A Dunstan SSA
#Newbiggin-on-Lune M.P. Full Edition and M.H.B.	10.30am 6.30pm	LA LA	C Capstick Connexion at	D Law LA	P Dew HC *	SSA
*Ravenstonedale M.P. Complete and M.H.B & H&P	2.00pm 6.30 pm	P Dew *	B Staley Connexion at K Stephen	K Coward *	P Dew HC *	G&R Boustead *

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A VIEW FROM TEBAY

By Reg Captick, , Licensed Reader

"If 't's fine tak thar cwoatr; if 't's wet" please tha' sel!" This bit of Cumbrian advice seems appropriate at present. The other day I set off to the recycling site - about 200 yards - and by the time I got home I was drenched, with a coat on! Despite the vagaries of the weather we had a good weekend for our Exhibition at St. James', raising over £900. As pleasing to me as the financial result was the enjoyment of seeing new faces - a lot of them young - in church. As well as the members of the PCC who worked hard I also want to mention others who did a fine job. There were two new attractions this year which provided much pleasure. I am assured that the teddy bears, crocodiles and other assorted creatures had a fine time on the zip wire and I saw for myself the enjoyment of the children who had their faces painted. So my heartfelt thanks to Cathy (the artist in residence), to Dave for his tireless efforts, to Meryl, Edna, Dot, Jan, and Ruth for their work in the kitchen and to all the exhibitors for the splendid displays.

Sunday's service included a baptism, which added greatly to the enjoyable atmosphere, and was followed by a presentation to mark Edna Morland's 80th birthday. Judging by the way she worked on both days in the kitchen being that age has not dimmed her enthusiasm.

Also after the service on Sunday the official opening of the Hub was performed by Jonathan Capper of Lyon Equipment (he also provided the zip wire) who are still recruiting in the area. The decision to establish their HQ in Old Tebay can only be of benefit to the village in the

future. At present the village is being used by the National Grid as a base for their operations in upgrading the electricity supply through the district, and the presentation they gave in the Hun was of real interest to those of us who attended.

As most people know by now St. James' is struggling to ensure the future of the church in Tebay, and with the building being used for events other than Sunday services - with plans for a Library base and drop-in centre - there is renewed optimism. Another cause of encouragement came last week when £70 was raised by Pat Eady from her Link clients on the terraces. As an advert for one of the supermarket tells us "every little helps".

Following the successful weekend at church there was a memorable event in my other sphere of interest - soccer. No, not the news from Old Trafford! On a cool, breezy evening at Burneside FC. Lunesdale United's second team claimed the fourth division knock-out cup by defeating Esthwaite Vale. Having established a two goal lead by half time the team hung on in spite of great pressure to come out winners 2-1. Well

done to the players and coaches.

More serious church business now beckons with the annual "swearing in" of churchwardens at Brough and a meeting near the end of May with our Methodist friends to discuss future co-operation between us to ensure that the Christian message in Tebay remains strong.

To end on a personal note, the day after that meeting I am going on holiday for two weeks. I shall go to Staffordshire, to my cousin's, as I often do, but from there we will have a week in Eastbourne. I have never visited that part of the south coast so it is something to look forward to. The day after I come back, however, the AGM of the Westmorland FA takes place, and on the Sunday following I am leading the service at St. James, so the cycle of soccer and church events begins again.

Whatever the weather throws at us this summer and in the rest of the year, life goes on and we will do our best to cope as best we can, perhaps abiding by that other old Cumbrian adage - "If thoo knows nowt, say nowt! If thoo knows summat, say less."



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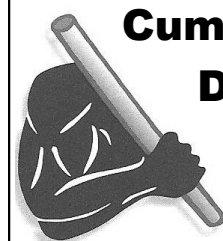
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Tebay

ODE TO THE TEBAY TRIANGLE

by Jackie Huck

They've pinched the Tebay Triangle:
Sacrilege some say,
It was sitting there untroubled
But gone by the next day.

"Meet you by The Triangle"
Was part of local lore,
Now these simple words are meaningless
It's not there any more.

I know some motorists crushed it
And lorries cursed its name,
But that was their bad driving
The Triangle held no blame.

Instead, this large expanse of tarmac
Fills its once green space,
As invitation to fast drivers
And those who like to race.

'Good bye, Old Tebay Triangle'
Consigned to history,
But why they had to dig you up
Remains a mystery.

Now, they've added loads of stupid lines,
The Bus Stop's in the road,
This waste of paint and manpower
Just leads me to explode! –

BRING BACK THE TEBAY TRIANGLE!!
But it is gone I fear,
It had no place in modern plans,
But I'll always hold it dear.

Friends of Tebay School

Thank you to all who attended our recent pudding evening. Also many thanks to those who provided wonderful puddings for us to taste.
A total of £250.00 was raised.

THANK YOU!

Seen on a church notice sheet:

Remember in prayer the many who are sick of our community. Smile at someone who is hard to love. Say 'Hell' to someone who doesn't care much about you.

Don't let worry kill you off - let the Church help.

Orton and Tebay Local History Society

Thursday 20th June at Tebay Methodist Church, 7.30 p.m.:
"Lunacy in Eden in the 1700s and 1800s", with Peter Lewis.

Monday 22nd July at Orton Market Hall, 7.30 p.m.
"Chapmen, Pedlars and Hawkers in Cumbria" with Barry McKay.

Anyone can join the History Society at an annual fee of £7 per head. Visitors are always welcome at our meetings at £2.00 per person per meeting. Visitors are always welcome - £2 per meeting.



Imagine our Church communities in Cumbria as places where we equip people to live as followers and disciples of Jesus from Monday to Saturday, as well as on Sunday; at work and at home; with family, friends and colleagues.

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**6th June at Kirkland Hall,
Holy Trinity Church, Kendal**

9.30 a.m. for coffee; finish at 4 p.m.

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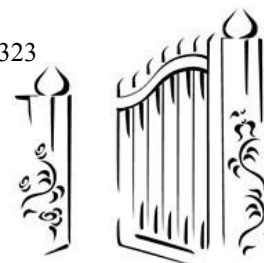
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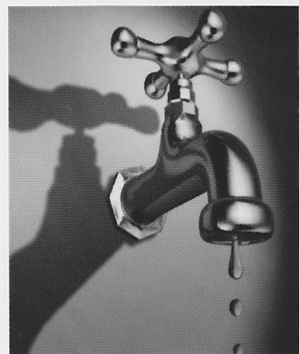
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Tebay

Tebay Community Primary School News

New exploration area for Class 1 !



We have some big weighing scales for
measuring.



A soil kitchen for making some inter-
esting concoctions!



A soil kitchen for making some inter-
esting concoctions!

Class one's new playground

Ages and ages ago we had some designers to look at our old playground. We drew some designs of our own to help them. We were very excited when the plans came back and even more excited when they came to install our playground! Here are some pictures of us enjoying our new equipment. How lucky are we?



We have to work together to use the



We can stay nice and dry in our new
rain pod.



A huge sandpit that loads of us
can fit in.

Puddings Evening

A relaxed and chatty atmosphere was enjoyed along with tasting a range of puddings, during the successful puddings evening. Thank you to FOTS

Tebay

Tebay Sports Day

[For all the family - visitors welcome]

2-4pm

Saturday, 22 June

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FREE FOOD

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Age twelve and under - Royal Theme [with prizes]

*** Pudding Competition ***

Bring along a desert to feed 8 people [£10 prize for winner]

*** Children's Sports ***

Primary: egg & spoon, sack, three-legged, running

Secondary: distance race round the field

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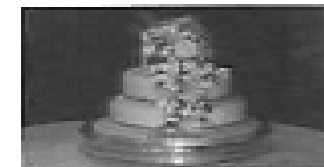


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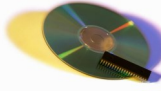
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An Email from Robert Zziwa, Lay Reader of All Saints, Kasese, Uganda

Dreadful Floods in Kasese

Hello Dear Brother Chris and Mary,
Praise the Lord for he has kept you safe, not forgetting the entire Christian community of All Saints Orton . Am sending this request for rescue of lives of people living around the Rwenzori region for we are experiencing some great river overflow that has swept away schools, homes, and a big hospital called Kilembe that has totally been destructured and the staff quarters. This happened on Wednesday evening where even some people lost their lives and the mining system totally being disturbed because now the river has been deepened and widened, bridges broken and so many assets of people destroyed.



What is alarming is that the overflowing of this water from the Rwenzori mountain and especially Kilembe zone is still going on and people have been shifted from that area due to that disaster, now they are being catered for by some organisations like Red Cross and others as IDPS (Internally Displaced People). Kasese Town also affected. Request for prayers even from brethren at All Saints Orton. Greetings to you all.
Robert.

Orton's response

This email was read out at the Orton Mothers' Union meeting, and was also displayed in Church at the May Farmers' Market. There was a basket for contributions, and an emergency PCC meeting decided to donate £100. Together this enabled us to send out £320 to Robert Zziwa by Western Union.

A second Email from Robert Zziwa on 15th May

Praise the Lord, Brother Chris!
We are fine and I hope you are also so fine because the grace of God has been shown to us since you started praying for us when you heard about the floods that hit Kasese in the last two weeks. Am so sorry for delaying to reply you since last Wednesday but I have got your message all about prayers and also feeling the situation we passed through with us.
Here are some activities we have so far extended to the affected people now living in the camp at Kasese Primary School Classrooms. We have done some charity work to them like improving on the hygiene of the school so that they may live in a conducive area by slashing, cleaning the latrines, cleaning the classrooms etc.
We also reached Kilembe Mines Hospital and did some charity work there like,



- Carrying out the sand that was heap in the wardrooms.
- Mopping those wardrooms and cleaning them thoroughly.
- Carrying some mattresses that were drawn in the dirty waters by the floods, also cleaning and washing them.

Since the number of the people living in the camp is 1,372 (one thousand three hundred and seventy two people) we decided to be visiting them for fellowships and prayers on a daily basis and even to be conducting Sunday services, so as to comfort them and they live on with hope.
We announced last Sunday that the coming Sunday 19.05.2013 (Pentecost Sunday) we shall collect some assistance for these fellow

brothers and sisters now living in the camp. All these activities are being carried out by brethren from All Saints Church Kasese and especially by the "SOLDIERS OF CHRIST MINISTRY" a team of Youth in the church really working as soldiers and tirelessly.



You asked about some of our church members who were directly affected by the floods:

- Our Sunday school teacher, Joy Masika, her children were rescued from the floods but all her properties which were in the house were swept away with the house too.
- Two nurses who when in town at weekends do attend services at All Saints since they have homes in town, but due to the policy of the hospital have been living in the staff quarters and unfortunately their properties were taken away since all their quarters were swept away by the floods.

Yes, the idea you were proposing to assist these fellow sisters and brothers now in the camp by sending money, we do welcome it with love and we are so grateful for being part of the situation. Since we are the rightful people to stand in the gap of assisting them, the Almighty God is going to bless us too.
You will send our thanks to all Mothers Union members for taking concern with us in this situation and all brethren at All Saints Orton.
Love and greetings to you all in Jesus' name.
Yours in his love,
Robert.

Orton

Orton Mothers' Union

Our next meeting will be
Tuesday 4th June, 2pm
in Church

'Seeds of Faith'

Followed by refreshments
and a friendly chat.

Anyone who would like to
join us will be most welcome.

If you would like more
information about Mothers'
Union please ring Laura on
015396 24654

Orton "Drop-In"

Every Wednesday from
10.30-noon
in the cosy schoolroom
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Coffee/cakes and a
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Everyone welcome

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AFTERWARDS-
FINISH APPROX 2.30PM
EVERYONE WELCOME
FOR MORE DETAILS
CONTACT HAZEL

Date has changed owing to
luncheon club at Tebay on the 2nd
Wed of the month

Upper Eden Food Bank, Appleby

"Poverty is affecting the
lives of people in all parts of
Cumbria. Whilst the county
as a whole appears relatively
affluent, this masks high
levels of deprivation in
specific neighbourhoods and
communities." (Cumbria
Intelligence Observatory
2008)

The "Upper Eden Food
Bank" is a project run by
local churches and is based in
the Sands Methodist
Church, Appleby. It aims to
supply "short term crisis
led food supplies to local
families in need." These
have been referred to the
"Upper Eden Food Bank" by
Health & Social Service
professionals.

Orton Chapel and many
other local chapels are now
Collecting Points for the
Food Bank at Appleby. If you
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any Wed morning, or given
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Items are placed in a
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to Appleby on a regular
basis, as the need is on-
going.

Contacts ..Paula at the
village shop or Olive 24258

www.upperedenfoodbank.com

Shopping list/How you can help if you wish.

Tea bags/Instant coffee (med)
Milk (full fat or semi-skimmed
UHT)
Pasta sauces (jars or sachets)
Fruit juice (1 litre carton UHT)
Biscuits or snack bars
Tinned meat or fish
Cereals (medium sized boxes)
Tinned fruit /vegetables
Soup (tinned, not Cuppa soup)
Instant mashed potato
Rice pudding OR Sponge pudding
(tinned)
Sugar. Jam
Pasta (medium bags of dried
pasta, no sachets of "Pasta &
Sauce" mixes)

Orton Farmers' Markets

The next two of these
popular markets will be:
Saturday June 8th
and
Saturday July 13th
Join us in church for refresh-
ments and a chat in a friendly
atmosphere.
In May we raised £535.05
to help us continue
God's work at All Saints.
Many thanks for
your continued support.



LONDON MARATHON 2013 in aid of ORTON WITH TEBAY FIRST RESPONDERS

Thank you very much
to all who sponsored me in the
London Marathon.
Over £750 was raised for
Orton with Tebay
First Responders
and will be used to buy an
additional defibrillator for the
group
Menna

Newbiggin-on-Lune

BOWLING FOR FUN

Newbiggin-on-Lune Village Hall

You don't need a partner
or previous experience
Every Friday – 7.30pm.
£2 per night – First Night Free
Everyone welcome
Further details – 017683 72990

IRONING

Have your ironing done for
you,

picked up and delivered

Please contact

Dianne Boustead

015396 23416

Newbiggin on Lune Methodist Chapel.

Come and join us for:-

- Sunday Services – weekly at
10.30am until further notice.
- Sunday School – weekly at
10.30am
- Youth Club – fortnightly on
Thursdays; 6.30pm – 8pm (year
5 upwards). Snooker, pool, table
tennis, playstation, football &
hockey (term time only).

We are friendly and welcoming and
would love you to come and spend
time with us.

For more information phone
Andrea on 23033

Absolute Beauty

Kirkby Stephen

For all your beauty needs
including massage, facials,
nails,
minx toes, ear piercing
and so much more

For appointments please call
017683 72917

Newbiggin On Lune Parent and Toddler Group

Every Friday morning (term
time)

9.30am - 11.00am

in the Methodist Chapel
Schoolroom

Toys and Activities for children
under 5

Children over 6 months £1.50
(includes refreshments)

For More Details Contact
Chairperson : Paula on
07951523433

Treasurer : Margaret on
01539623498

Newbiggin on Lune Methodist Church

will be open every Tuesday
morning. You are welcome to
pop in between 10 and 12 for
coffee, cake and chat. We would
love to see you every week or
just once in a while. It's good to
get together.

LUNE LADIES PROGRAMME

June 5th - Harlow Carr and
Craft Exhibition, Harrogate
(full day) -leave Village Hall at
10am. Transport to be
arranged – numbers to Carole
(23226) by Wednesday 29th
May. Guests welcome.

Newbiggin-on-Lune Public Hall

Contacts:

Chairman : James Richardson

Tel: 015396 23338

Secretary : Marion Law

Tel: 015396 23409

Treasurer : Carl McLaughlin

Tel: 015396 23674

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen, Cumbria

Caretaker : Paul Boustead

Tel : 015396 23033

All bookings should be placed with the Caretaker
All payments to the Treasurer.

Appleby Embroiderers Guild

Tuesday 18th June

7.30 pm,

Market Hall, Appleby

"Follies of Fashion" –

a talk by Serena Partridge.

Catnap Cattery

Experience
loving care and
peace of mind



01931 715357



Worried about a
friend or family
member?

We can provide help

at the touch of a button

ECA's care alarm service can help
you to feel safe in your own home
and maintain your independence

Our Emergency Response Service
is available

24 hours a day 365 days a year

call us on 01768 890657

email: eca.admin@btconnect.com

web: www.ecalarms.com

Eden Community Alarms,
12 St Andrews Churchyard, Penrith
Registered Charity No 1087503 Company Registration No:
4157043

Ravenstonedale

RAVENSTONEDALE FESTIVAL

WILL BE TAKING
PLACE AT
HIGH GREENSIDE
RAVENSTONEDALE CA17
4LU

14TH -16TH JUNE

LIVE MUSIC WILL BE PLAYED
FRIDAY 6PM - 3.30AM
SATURDAY 12PM - 3.30AM
SUNDAY - 12NOON - 1AM
(ONLY RECORDED MUSIC
AFTER 11PM)

ANY ENQUIRIES TO
SUZIE METCALFE
ON 07977126022

May Lottery Winners are:

1st Prize - Margaret Brown,
Ravenstonedale
2nd Prize - Brenda Young, Brough
Sowerby
3rd Prize - Wendy Bennett - Brough

RAVENSTONEDALE PARISH HISTORY GROUP

Come along on Thursdays 2.00pm - 4.00pm
to High Chapel Community & Heritage Centre
(other times by arrangement)

to view

- Transcribed Parish Registers from 1650 - 1826
- Poor Relief Returns for 1780, 1856, 1867, 1869 & 1871 showing occupiers and owners of properties
- Parish Councillors from 1894
- Many old photos including school photos with pupils named
AND MUCH MUCH MORE!

For more information contact:
Chris Elphick on 01539 620605
or Val Fermer on 01539 623693 or e-mail
history@ravenstonedale.org



presents

The Ravenstonedale Prom

An evening of classical music at
St Oswald's Church

Saturday June 8th, 7.30pm

Grand Promenade Concert

Interval with refreshments

Free entry

There will be a retiring collection on behalf of the
orchestra and the Church

The Cobweb Orchestra, www.cobweborchestra.org.uk.
Enquiries tel: 01937 831 163

ALL SAINTS' CHURCH

ORTON.

ANNUAL EXHIBITION & GIFT DAYS.

25th, 26th and 27th May.

Our Theme this year is

RING THE CHANGES

Saturday & Monday, 10am. to 6pm.

Sunday, 1pm. to 6pm.

Morning Coffee & Cream Teas served each day.

Exhibition Service, SUNDAY at 10.30am.

For further information please

Tel. 015396 24382 or contact any PCC member.

The Annual SCARECROW Competition
will also take place over the weekend in village.

Flame Trust presents
AN EVENING WITH

FIONA CASTLE



Newbiggin-on-Lune Methodist Church
Newbiggin-on-Lune, Kirkby Stephen, Cumbria CA17 4NS
on Thursday 6 June at 7.45pm



including
insights into
Roy's life

**FREEWILL
OFFERING**
during the event

Contact
Cheryl Foster
to reserve seats
☎ 015396 23126



hosted by
Dave Pope

Orton

Orton lady looking for work

I am looking for house cleaning, ironing and odd jobs. I am also very knowledgeable about plants and gardening and am keen to take on any jobs in the garden. I am also willing to take on dog walking or looking after animals in your own home should you want to go away and I have experience in this area as I worked voluntarily for the RSPCA. If you should need any jobs doing please contact me at Orton 01539 626 179 or alternatively email me at my sister's address at:

berniejackson1@btinternet.com

SHAP CDC

FREE 1 to 1 Beginners IT sessions and Drop-in sessions

Courses at Shap

'Silk Painting & Gutta Techniques'

0945 – 1600 Saturday 8th June

IT training for Small Businesses

Let us help you to make more efficient use of IT Word, Excel, Access, Power Point, DTP

£15 per hour (plus VAT) for 1 to 1

**We are planning now for the autumn
If you would like a course provided in your village please let us know**

**For details tel. 01931 716447
email: cdc@shap.cumbria.sch.uk**

Advance Notice:

The Maulds Meaburn Village Fete-on-the Green is to be held this year on Saturday, 6th July starting at 1.00pm.

Cut your energy bills while helping our community

Eden residents are set to reduce their energy bills by using strength in numbers to get better deals from the energy companies.

Households have until 2 June to put their names forward for Switch and Save, a new community scheme to help people save money on their gas and electricity bills. Switch and Save is being run by Opt4 Community Energy, a Penrith-based charity which grew from Penrith Action for Community Transition (PACT) earlier this year, to tackle fuel poverty. The scheme is supported by Eden District Council and is part of the Sustain Eden project, funded by the Big Lottery Fund.

After the deadline, Opt4 Community Energy will negotiate the best possible deals with the energy companies and everyone who registered will get details of the cheapest tariffs, and a personalised estimate of how much they could save by switching. People can then decide whether to switch – there's no obligation.

Opt4 Community Energy also aims to help our most vulnerable residents cut their fuel bills even more, by offering practical support to insulate their homes, for example, and investing in renewable-energy schemes in our area, too. Watch this space!

To put your name down for Switch and Save, visit www.opt-4.org or call FREE on 0800 193 3394 – by 2nd June. If you know someone who could benefit from lower energy tariffs but who needs some help to register their interest, such as an elderly relative or neighbour, perhaps you could lend a hand or contact Opt4 Community Energy and we'll help.

Orton Manor Court

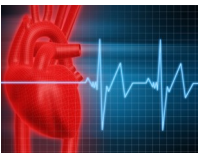
The Annual General Meeting of Orton Manor Court will be at 7.30 p.m. on Monday 8th July at Orton Market Hall

Ravenstonedale Endowed Primary School

HEART START

One day all of Cracking Comets were learning about how to start a heart, and I was cool.

We watched videos; there was this person that collapsed, and we had to do a recovery position on our partners. The best bit was CPR.



Tennis

On Thursday mornings Lucy Potter comes to school and teaches us in Cracking Comets to play tennis. We learn tennis skills and play matches. It's lots of fun.



One day a special lady came into school and that lady was called Carol (Mrs Boggon's mum). She taught us all about India and all the animals and people in India. Some of us dressed up in Indian clothes.



A lady came into school with a suitcase. Inside the suitcase was lots of different things and she told us stories using the different things. All the stories were about Egypt.

Cookery Club.

On Thursday afternoons after school we have Cookery Club. Each week we make a menu. First week we made sandwiches and cake, we have also made pizzas, scones and a selection of puddings. People are invited to come and eat what we have made. For the first week we invited our parents; we have also had young children and the staff from school come. We write a menu, welcome people in, sit them at a table and offer them the food we have made and make them a cup of tea. We have lots of fun and look forward to what we are making next.

Maths Man Returns!

Maths Man John came to school again and it was FUN!!!!!!!!!!!!!! He did the impossible he made maths fun and exciting YAY! He played games and everybody enjoyed it. He was awesome and I want him to come again.

Ravenstonedale

Thanks

St Oswald's PCC wish to thank everyone who helps to keep the church running smoothly; special thanks to visiting Vicars and lay readers, the organists, cleaners, flowers arrangers, bell ringers, clock winders, link deliverers, service notice board signwriters, church door lockers; helpers with special occasions, Easter Garden, pedestals, poppies for Remembrance Day, regular mowing of the churchyard, boon day, and Friends of St Oswald's for their splendid money raising efforts,

Many Thanks - PCC

Forthcoming events

Summer 2013

Saturday, June 8th

The 5th Ravenstonedale Prom
Concert -Cobwebs Orchestra
7.30pm at St Oswald's Church

Saturday, June 29th

Barbecue at Lytheside
Friends of St Oswald's &
Ravenstonedale PCC
Joint fundraising event

Monday, July 8th

Bible Study & Discussion Group
Manor House, Ravenstonedale
7.30pm
'What happens after death?'

Sunday, July 21st

Summer Lunch
at the High Chapel Community
Centre
In aid of St Oswald's (PCC)

Friday, Saturday, September 13th &
14th

High Chapel Community Centre
Heritage Open Days
Talk & display-Costume from 1910-
1970
Exhibition -
Photos of outlying farms
& their occupants -
1952/53 Electoral Roll

St Oswald's Spring Boon Day

in St Oswald's
Church Yard
on 19th June
from 9am onwards
Thursday 20th if wet
Many hands make light work
Please come if you can

Are you interested in
sewing /knitting/ quilting/
sharing skills
and chat ?

We meet every Tuesday
7-9pm at
Ravenstonedale High Chapel
Community Centre
Please just come along or
ring Ann on 015396 23565

RAVENSTONEDALE PARISH HISTORY GROUP

2014 'ANNIVERSARY TALK'
COMMEMORATING WORLD WAR ONE CENTENARY

TO COMMEMORATE THIS CENTENARY,
RAVENSTONEDALE PARISH HISTORY GROUP
(RPHG) IS RESEARCHING THE FAMILY AND
SOCIAL HISTORY OF LOCAL WW1
SERVICEMEN

Research will be presented at an evening social meeting of the
RPHG in 2014

**DID ANY OF YOUR LOCAL ANCESTORS SERVE IN THE
FIRST WORLD WAR?
IF, SO YOU HAVE ANY INFORMATION ABOUT THEM?**

**IF YOU ARE INTERESTED IN HAVING THEIR STORY
TOLD, PLEASE SEND ANY INFORMATION OR
CONTACT US TO SHARE FAMILY HISTORY.**

Contact Val Fermer at valfermer@aol.com
or leave a message on 01539 623693

Fell End Chapel Anniversary

Sunday 2nd June 2012
at 11am

with Mr. Mark Hutchinson

Followed by lunch
Information from Liz 23278 or Harry 20635

Orton CE Primary News

Ascension Day

Due to the weather being so wet on Ascension Day, our walk to the scar was cancelled but we had our service inside school. Crosby Ravensworth School came to join our service. It was lovely to see them all. The Year 6s led the service and said some prayers the rest of class 3 had put together. We had a huge picnic in the hall, and after this, we played with balloons which signified Jesus ascending to heaven.



South Lakes Wild Animal Park

On Friday the 19th of April we went to the zoo!!! We saw lemurs, lions, jaguars, snakes, brown bears and lots more. We even fed the giraffes—they had long black tongues which wrapped around the carrots—it was so funny!



The Jubilee Garden

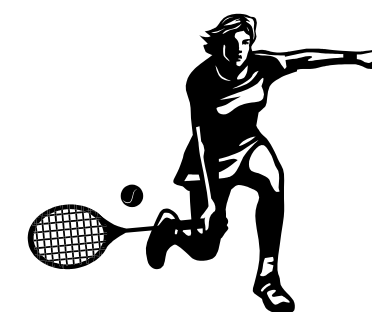
Our plans for our Jubilee Garden at the front of school are coming together now. Mr and Mrs Clark have been helping us organise our ideas and draw up plans of how we want it to look. We are really looking forward to getting digging soon!



Year 3 & 4 Residential

At the end of March it was time for Year 3 and 4 to go on residential to Langdale. We set off on Tuesday and came back to school on Thursday. It was very wintry weather during our stay, but this did not lessen our fun—we built an igloo, had a go at archery, made hot drinks with the Kelly kettle, walked up Loughrigg, fell had an egg hunt and a snowball fight!
It was such good fun!

Game, Set & Match!



We have gone tennis mad at Orton Primary School! Lucy Potter has been coming to coach us tennis every week and we have been practicing our skills during playtimes and at After School Club too! Mrs Mounsey thinks we may have some future Wimbledon stars in the making!

A Family Day for All

After a very successful Family Bike Ride last year, "Friends of Orton School" have organised another for this year. The route is fairly easy, and there are yummy cakes and scones to look forward to when we get back to school! Last year there was a fun obstacle course on the school field too! Please come to join us this year on:
Saturday 23rd June 2013—starting at school.



Orton

Summer Concert in All Saints' Church

Join us for an evening of
Entertainment with
The Mothers' Union Outreach Choir

Tuesday 25th June, 7pm

followed by refreshments

There will be the MU Enterprises Stall
also a bring and buy stall

Everyone welcome

Entrance free

Donations to
Mothers' Union Overseas Work
will be much appreciated.

Mothers' UNION
Christian care for families

Coffee Morning

A big Thank You to everyone who
supported our fund raising event in Orton
Market Hall on the 27th April.

Together we raised a fantastic £552.78

Hospice at Home
Carlisle and North Lakeland

www.hospiceathome.co.uk

Registered Charity Number 1095708



THE YOMP MOUNTAIN CHALLENGE

SUNDAY 2nd JUNE 2013

On June 2nd this year, the Rotary Club of Upper Eden will again be organising The Yomp Mountain Challenge. This is a choice of three courses over the fells above Kirkby Stephen, 23 miles, 11.5 miles or 6.5 miles. Something for everyone, young or old, run or walk, you choose. Everyone is given a recorded number for identification purposes with the courses marked and having manned checkpoints. For the short course, a classic bus takes all entrants to the start at Tailbridge Hill after first registering at Kirkby Stephen Grammar School.

As in 2012, the electronic timing system will be used where each entrant is given an electronic tag which will improve the accuracy of the results and also allow for a more efficient printing of certificates. The Rotary nominated charities for 2013 are Local Community First Responder Teams, The National Ankylosing Spondylitis Society and Shelterbox. The Yomp also lets entrants organise their own sponsorship to raise money and funds for their own clubs, schools or charities, so enabling funds to be raised for other worthy causes.

So, it's time to get organised and start training, enter a team, sponsor others, get family and friends involved, enjoy a day on the fells and raise money for good causes. Go to www.yomp.org for more information and how to enter on line, contact Dave Prince on 07887 683831 for an entry form or just turn up on the day to enter. Every entrant completing the course is given a certificate and there are medals and cups for class winners.

Get involved, take the challenge and we look forward to seeing you there.

Family Bike Ride

A great afternoon of events

*Family 3.5 mile ride

*Obstacle course

*Raffle

Sunday 23rd June 2013

Get on your bike with friends
in aid of Orton School.

£3 Ind / £5 Family

Registration 13:00 to 13:30

*Refreshments available

*(For more info or to arrange your bikes to be picked up from home
call Ian on 015396 26003)*



**Bike
week**
2013

**EVERYDAY CYCLING
FOR EVERYONE!**

15-23 June 2013
#BikeWeek



WORDS and MUSIC

an evening of poetry and music with

Jennifer Copley and David Ashworth

Monday 24th June 2013 at 7.30 pm

Maulds Meaburn Village Institute

Tickets on the door £6 (£4 for under 18's)

Bar will be open from 7 pm

Jennifer Copley lives in Cumbria in the house where five generations of her family have lived. She has published three collections of poetry – *Ice* (Smith/Doorstop 2001), *House by the Sea* (Arrowhead 2003) and *Unsafe Monuments* (Arrowhead 2006). Her latest collection – *Beans in Snow* – has been accepted by Smokestack. In 2005 she was elected South Cumbria Poet Laureate. More details at <http://www.jennifercopley.co.uk>

David Ashworth is a composer and guitarist. Until recently he was a Yorkshire Arts Musician in residence with the York Guitar Quartet. He is well known nationally for his work with music technology in education.

GREENHOLME SHOW

Unfortunately
Greenholme Show has
been cancelled for this
year. All entry monies
will be returned soon.
Schedule will remain the
same for next year so
any crafts etc. already
made can be entered
then. Thank you for your
support; see you in
2014.

*Greenholme Show
Committee*