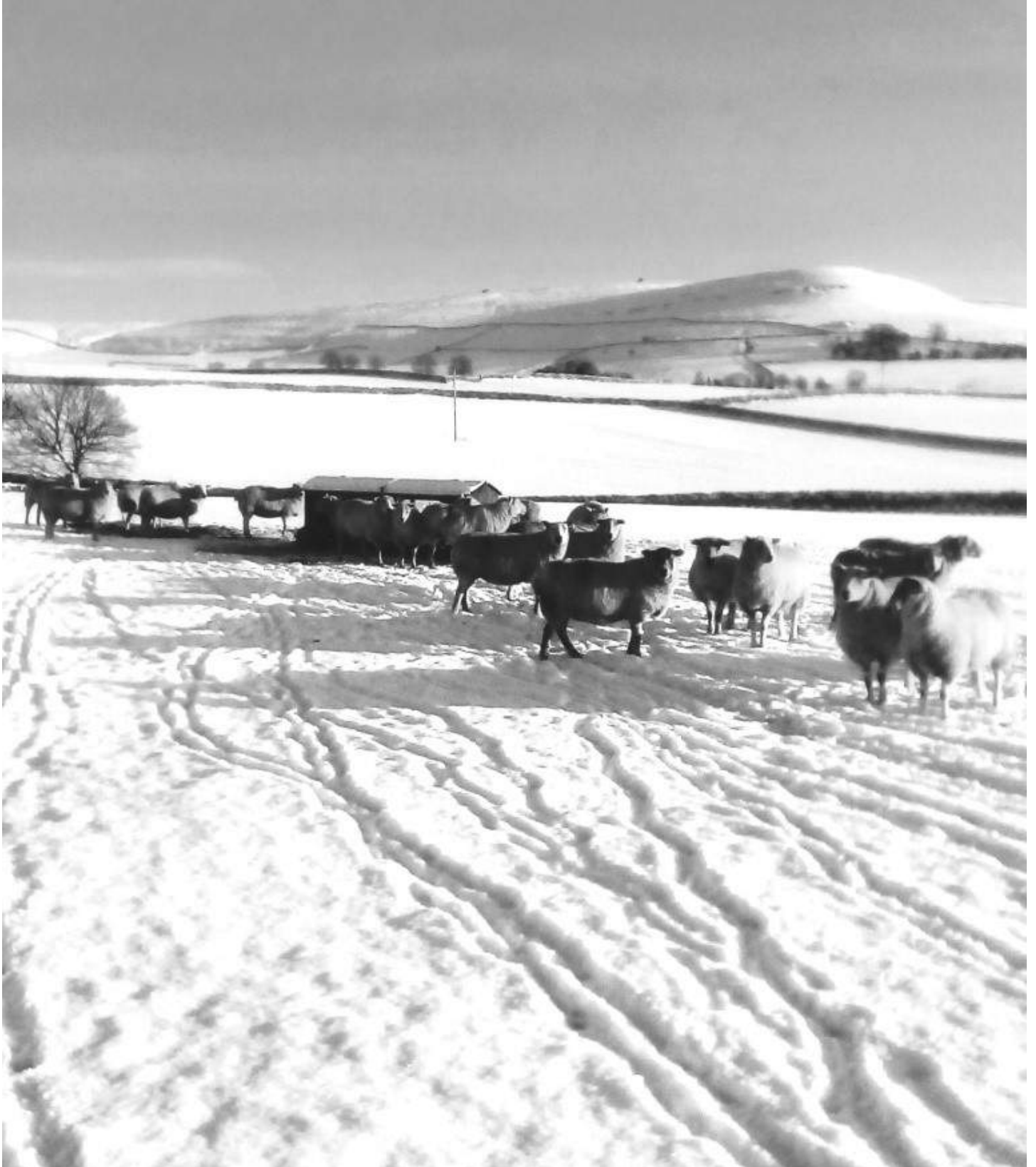


The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



March 2016

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS' CHURCH, ORTON,
ST JAMES' CHURCH, TEBAY
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

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*Views expressed in 'The Link' are not
necessarily those of the publishers or
editors.*

Leader's Letter

From Elaine Allison, Local Lay Minister

When change comes into our lives we often find it unsettling. This has always been the case with humanity.

Mark Twain wrote "The only person who loves change is a wet baby". However, change has to happen.

We understand the changes needed for the seasons; nature needs winter to rest and spring to wake. The seasonal changes don't upset us, but personal ones often do.

The world around us constantly changes, our families change, we change – but hopefully we gain a little wisdom along the way. Even the way change happens in our high tech world changes; the old saying is true 'the only constant is change.'

We are in the process of change – working towards a new way of organising the churches with 'Mission communities' and closer working across denominations. In addition, the selection process to find a new vicar has begun.

How will we handle all this change? Are we going to fight it; resist it; let it get us 'in a tizzy?' Or are we going to embrace it; use it; adapt ourselves to what's happening and make the best of things?

Change is inevitable; happiness is optional.

When everything around us is in a state of flux, we should remember that God's love is steadfast and unwavering. How blessed we are to know that He will always be there in our time of need. There is no need to fear change if you let God guide the changes.

God told us – in Joshua chapter 1 verse 4: "As I was with Moses, so will I be with you. I will never leave you or forsake you."

Annual Meetings

The churches' Annual Meetings are in two parts:

- (a) **Annual Meeting of Parishioners** (also known as Vestry Meeting): This is to elect two churchwardens for the forthcoming year. Any person whose name is on their local district Register of Electors (i.e. not the church Electoral Roll) may attend and vote.
- (b) **Annual Parochial Church Meeting:** This meeting hears reports (of the Parochial Church Council's activities during the year, the Deanery Synod, church finances, etc.). There are elections to the Deanery Synod, Parochial Church Council, and Rota of Sidesmen. In addition questions may be asked and issues raised from the floor. Only members of the church's Electoral Roll may vote at this meeting.

Orton: Tuesday, 8th March, 7.00 p.m. in All Saints' Church.

Ravenstonedale: Thursday, 17th March, 7.30 p.m. in St Oswald's Church.

Tebay: Sunday, 2nd April, 12.30 p.m. (after morning service) in St. James' Church.

All who are members of the Electoral Roll of their parish church should consider this meeting a priority to attend if at all possible.

NOTE - The management committee of the *Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13th may be held over until the following month. Next deadline: 13th February 2016

Cover picture: Sheep below Orton Scar

Notes from the Herald, March 1916

Dull, snowy, very cold, especially in its final week (30 degrees of frost on 23rd, vast blizzards 27th and 28th). Swaledale snowed in. Bitterly cold and wet on the Western Front too. Verdun held out against the Germans all March.

Orton is in District B of the Fell Pony Committee with Tebay, Shap and Bampton. The FPC offers 5 Premiums for stallions to serve its 5 districts to improve the breed. The Premiums will be paid at the local Shows in April. Ravenstonedale is in their District D with Kirkby Stephen, Brough and Stainmore. District E is Teesdale and part of Weardale.

Greenholme was visited by Death at High and Low Scales in the same week. At Low Scales on 26th, Dorothy Wilson died aged 1; at High Scales on 29th Dora Elizabeth Wilson died aged 2; their parents were respectively James and Betsy (Low Scales) and Sep and Elizabeth at High Scales. No cause is given.

Tebay Church had a military wedding on Thursday, 2nd, when Private Harry Atkinson, only son of Mr. and Mrs. William Atkinson, Whinfell Terrace, married Miss Beatrice Alice, daughter of the late Mr. James Rigg of Staveley and of Mrs. R.J. Sharpe of Dewsbury. The bride's employers the Misses Cox (Windermere) sent presents. No honeymoon, as Harry must go to France soon.

Alfred Robinson, contractor of Kendal, got into the southbound train at Clifton without paying his 1s3d fare to Tebay. Clifton rang through to Tebay where he booked for Kendal; the clerk gave him a chance to pay ("Have you come by train here?") but he ignored it by saying "No". The Clifton train departed 5.30 arriving Tebay 6.03p.m. – He was fined £5. The station staff at Clifton saw him. All this was on 12th January (this shows that the LNWR stations were well lit!) Presumably the stopping train terminated at Tebay.

Military Tribunals are now sifting claims for exemption from call-up. On Sat. 4th March the E. Westmorland Tribunal, usually at Kirkby Stephen, met in Tebay Parish Institute. It rejected most of the claims. On Tues 28th, the Penrith farmers met in the Mart and protested at this wrecking of British agriculture by Tribunals "ignorant of its needs", e.g. of men for lambing, haying etc.

There were vast blizzards round Kirkby Stephen on 4th and 5th, 40ft drifts, NER blocked. On Sun 5th the mail cart left Tebay at 4.30a.m. for

Kirkby Stephen and arrived at 12.30, 12 miles in headwind of a blinding snowstorm, via open fell road with no shelter along it.

For Sale several wagons of wheat and good fodder and oat straw (Battons) – William Wharton, Tebay.

Died at Low Lane, Tebay on Sun morning, 19th, Mr. Robert Wilson, 76. On NER for 32 years till "an incident" (doesn't say what) made him switch to farming. Has two sons in Birmingham, one son in Oxford. Funeral at Orton Church on 22nd. Ravenstonedale's Vicar since 1908, the Rev. T.S. Boyulton, is leaving to be Vicar of Crosby on Eden near Carlisle. He was ordained in 1897. Died on Wed evening, 29th, at Fell End, of a sudden violent fit of coughing, Mr. John Hird, farmer, a native of the parish. He had lived there all his life. A widower, he leaves three sons and three daughters. He was 78.

150 years ago – March, 1866

Confirmation at Kirkby Stephen for Ravenstonedale etc. Normally the Churchwardens provided transport for the children but 1866's

Ravenstonedale Churchwardens were evidently cheeseparers for the children met at the Church and found an empty road, no vehicles at all for them. Some got lifts, the others had to walk. All got there in time and were duly confirmed by the Bishop. Out went the churchful of children to the usual sumptuous tea but the Ravenstonedale Churchwardens ordered the R'dale children to get up from the table and leave, as "We're not paying for that!" – so they walked home hungry. (What a mean-spirited, dreadful story! Things were more cheerful 50 years later.)

Many thanks to Jeremy Godwin for the Notes. He'll be pleased to know we have more public spirited Wardens nowadays!

A Christian Alphabet—An occasional series by Christopher Jenkin

P

Prayer: Prayer just means talking to God. Many people assume that prayer always means "asking God for something". Certainly that is a part of it; Jesus and other New Testament teachers encouraged believers to ask God for what they need. "Let your requests be made known to God", wrote Paul (*Philippians 4:6*). The prayer that Jesus taught, known today as the Lord's Prayer, includes the petition, "Give us our daily bread". Jesus taught us to address God as a loving, caring Father, who knows our needs before we ask – but who still loves us to ask. But asking is not the only, or even the main, type of prayer. Such elements as praise, thanksgiving and confession are vital aspects. We can use written or learned prayers – like many of the prayers found in the Psalms, or the Lord's Prayer itself, or many wonderful prayers composed or written down in 2,000 years of Christian history. It is wrong and unbiblical to despise written prayers. They can be enormously helpful and uplifting when we are struggling to know how to pray. But neither should we limit ourselves to written or "official" prayers. We can use our own words, or indeed wordless yearnings; we can use our voice, or our body (we are physical beings, so doing physical things like kneeling, or reaching out our hands, or singing to God, can help us to express the thoughts of our heart). We can speak to God as simply as a child talking to his Dad. Prayer is a huge subject – hundreds of books have been written about it; it has been described as an ocean – a child can safely play in the shallows, but there are depths which cannot be understood by even the wisest or most spiritual person. We will never know all the answers. But that is a reason to pray – not a reason *not* to pray!

Priest: In the New Testament the word "priest" is used of three categories of people. (1) Jewish priests. Zechariah, father of John the Baptist was a priest. Later in the Gospel story we read of less godly people, like the cynical High Priest, Caiaphas, partly responsible for crucifying Jesus. But in Acts 6:7 we read that "A large number of priests became obedient to the faith" – i.e. became believers in Jesus. (2) Jesus himself is frequently referred to as our great High Priest, especially in the Letter to the Hebrews. He not only offered the final, all-sufficient sacrifice for sin, but that sacrifice was of himself, dying on the cross. (3) All believers in Jesus are "a holy priesthood", or "Kings and priests" (*1 Peter 2:5, Revelation 1:6*). If a priest's role is to offer sacrifices, what do we ordinary believers offer? A sacrifice of praise; a sacrifice of witness to others; a sacrifice of generous love; and a living sacrifice of ourselves to serve and worship God. (*Hebrews 13:15; 1 Peter 2:9; Hebrews 13:16; Romans 12:1*). (4) Nowhere in the New Testament are Christian leaders (elders, overseers, etc.) called priests. Nowhere is it suggested that it matters who says particular words at the Holy Communion, or that only particular people called priests can do it.

SUNDAY SERVICES IN OUR CHURCHES FOR MARCH 2016

Sunday 6th March

ORTON **10.30am**
Sidesman Andy Glanville
 TEBAY **10.30am**
 RAVENSTONEDALE **10.00am**

Mothering Sunday

Lessons Exodus 2.1-10; 2 Colossians 3.12-17

Family Holy Communion with Methodists Sandra Ward
Prayers David Aspden
Songs of Praise in the Chapel Ian and Ronnie Elliott
All Age Worship Fran & Tim

Liturgical colour Purple

Readers
 Andy Glanville, Meryl Aspden
 Janet Barlow, Tom Oldham

Sunday 13th March

ORTON **8.30am**
Sidesman David Aspden
 TEBAY **10.30am**
 RAVENSTONEDALE **3pm**

The Fifth Sunday of Lent

Lessons Isaiah 43.16-21; Philippians 3.4b-14

Holy Communion BCP Ian Elliott
All Age Holy Communion Ian Elliott
Confirmation Bishop James & Stewart Fyfe

Liturgical colour Purple

Readers
 John Dunning

Tom Reeves, Jane Parsler

Sunday 20th March

ORTON **11.00am**
Sidesman Mary Jenkin
 TEBAY **11.15am**
 RAVENSTONEDALE **9.15am**

Palm Sunday

Lessons Readers please ask your ministers

Family Communion Sandra Ward
Service of the Word Chris Jenkin
Songs of Praise Ian Elliott and Chris Bland

Liturgical colour Red

Readers

Fran Parkinson, Tim Parkinson

Sunday 27th March

ORTON **10.00am**
Sidesman Jim Milburn
 TEBAY **11.15am**
 RAVENSTONEDALE **10.00am**

Easter Day

Lessons Isaiah 65.17-25; Acts 10.34-43

Holy Communion Ian Elliott
Prayers Angela Milburn
Holy Communion Ian Elliott & Rosemary Campbell
Easter Praise Tim & Fran

Liturgical colour Gold or White

Readers
 Jackie Huck, Susan Basnett

Hilary Law, Richard Best

Sunday 3rd April

ORTON **9.30am**
Sidesman Andy Glanville
 TEBAY **10.30am**
 RAVENSTONEDALE **10.00am**

The Second Sunday of Easter

Lessons Acts 5.27-32; Revelation 1.4-8

Holy Communion Chris Jenkin
Prayers David Aspden
Joint Service with the Methodists at St James Sandra Ward
All Age Worship Fran & Tim

Liturgical colour White

Readers
 Sarah Atkinson, Andy Glanville

Clare Stafford, A. Metcalf-Gibson

SUNDAY SERVICES IN OUR CHAPELS FOR MARCH 2016

		6 th Mothering Sunday	13 th	20 th Palm Sunday	27 th Easter Day
Tebay	10.30 a.m.	S of P LA	R Fellows 6.30 pm Cnxn at Appleby	To Orton CA	T Dent
Orton	10.30 a.m. 6.30 p.m.	US at PC J Morton	M Harrison HC Cnxn at Appleby	A Mills CA A Ellershaw CA	M Scott (LA) P Dew
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	P Dew LA	LA Cnxn at Appleby	H Morton T LA	D Askew *
Ravenstonedale	2.00 p.m. 6.30 p.m.	W Ousby *	LA Cnxn at Appleby	P Dew *	J Morton HC *

Vineleaf Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

A VIEW FROM TEBAY

By Reg Capstick, Reader Emeritus

The current issue of "The Reader" contains several items which are very apposite to me in many ways, being concerned with older people's lives. In particular one about people suffering from Alzheimer's. I spent three weeks in January at my cousin Joan's home in Staffordshire. She is 93 and until less than a year ago she appeared really well. Recently however she has begun to lose awareness of several aspects of her life. For example, she loses track of the days and she forgets how to carry out household tasks like switching on or off electrical appliances. She cannot recall who has rang her or been in to see her during a day. Strangely however she can still play Scrabble albeit slowly and make six and seven letter words. I found staying there are quite a strain and I know she will only become more confused as time goes on.

Another article which struck a chord with me was one on "Loneliness". I read it with mixed feelings because although I live alone I do not consider my life lonely. I enjoy mixing with other people but I have several interests which mean I am rarely lonely. I read a great deal (both fiction and factual books); do crosswords; take an interest in local football - although I do not go to many games in poor weather - and attend various meetings as well as being very much involved with the Church.

An interesting point in one item was that "Youth Workers" are valued by the church but one rarely hears of "Older Persons' Workers". Surely they would be just as valuable. Four comments on "Needs" struck me as very relevant: "Needs - to be wanted and still needed; to be valued and affirmed; to feel safe and secure; to be warm and

comfortable." How many older people do we know who have all these needs met?

On a more local matter, I was chatting to someone at my front door one evening recently when an Air Ambulance helicopter landed on the Recreation Ground. Noisy does not describe the effect on me! I found out next day that it was taking Mike Whitehead to a specialist hospital after he had sustained serious injuries in a fall. I could do without moments of excitement like that! We wish Mike all the best as he recovers.

I cannot end without mentioning the imminent departure of Beverley and Brian Lock. During their time with us they have both been really kind to me in various ways and I wish them all the very best for the future. My cousin Michael is a regular churchgoer at Ambleside so Beverley will find another Capstick awaiting her there.

I recommend John's Gospel, 21. 18* to anyone who wishes to connect the words of Jesus to some of the problems of old age. I have not yet reached that condition but it may come to me before too long.

**I tell you the truth, when you were younger you dressed yourself and went where you wanted; but when you are old you will stretch out your hands, and someone else will dress you and lead you where you do not want to go.*

Tebay Community Library and Drop In—in the Hub, St. James' Church

Every Monday morning,
10.00am - 12.00pm

Refreshments—
Books to borrow and buy.

All ages welcome

Tebay Methodist Church

DROP IN 2 TILL 4

Every Tuesday

Games, crafts &
refreshments

For information ring Dennis
015396 24445

Come and Sing Choral Evensong

First Evensong of St Mark
the Evangelist
Sunday April 24th
St Lawrence's Church,
Appleby-in-Westmorland

This is an invitation for you to come to St Lawrence's on **SUNDAY APRIL 24th** to sing Choral Evensong with us.

Monday April 25th is St Mark's Day, so our service will be Evensong with this in mind.

Geoff Gordon writes: "Please let me know as soon as you can whether or not you would like to come and join us."

Tel: 017683 52980 Mobile: 07866 679183

Email:
applebyorganist16@hotmail.co.uk

'Twinkles'

Tuesdays 9.30—11.30 a.m. at
Tebay Methodist Hall

All welcome with or without children

Voluntary run playgroup—
Activities changed on a weekly basis including Painting, playdough, drawing, cutting, dressing up, slides, bikes, music, reading.

For more information contact
Amanda James - 07733 180305



Eyes down for our Easter Bingo!

Sunday 10th April

8pm

Tebay Sports and Social Club

Prizes include

Hampers from Morrison's & Westmorland,

Vouchers for Bex Buns, Shap Chippy

& The George,

Kennedy's Chocolates,

Towel Bale from BSK,

& prizes from

The Cross Keys & Orton Scar Cafe

Proceeds to St James' Church, Tebay

Open The Book – A Personal View



I am very happy to be part of the local Open the Book team, acting out short Bible stories in school assemblies in Orton, Tebay and Shap. I first heard about Open the Book whilst living near Guildford in Surrey and was part of a team going into two schools on a regular basis from approximately 2010.

When David and I moved to Cumbria in 2013 my heart was quite heavy at leaving Open the Book behind. So imagine my delight when, last January, we were invited to a preliminary meeting for starting Open the Book in this area. My prayers had been wonderfully answered, and by April we were up and running!

The children seem thoroughly to enjoy the fortnightly stories. Sometimes they are able to take part too, wearing, for example, tea towels on their heads, along with the adults. One week we even had a live lamb with us, which caused great excitement. And our props and costumes boxes are filling up with tents and tabards, camels and crowns, robes and plagues of frogs.

For me, I think the most exciting aspect of Open the Book is that Bible stories are being taken to the next generation in a country where the Christian faith is not always being taught or heard.

If you want to find out more you could take a look at www.openthebook.net.
Christine Merritt

Questions I would like to ask...

We hope than in the coming weeks there will be responses to the advertisements that are being published in the church media, seeking a new Vicar for these parishes. A group of five representatives of the five churches will be short-listing these if necessary, and conducting interviews.

I am not involved in this process, but if I were, here are some questions I would like to ask candidates:-

1. **Change:** I once read a parish magazine article by a newly-appointed Vicar. He wrote something like this: "People keep asking me what I am planning to change now I have become your vicar. I always answer, 'Nothing, unless *you* want to change something.'"
Question: what is your attitude to change?
2. **Outreach:** In these parishes (like all others) a certain proportion of people are committed Christians; a certain proportion are convinced atheists. The great majority will be somewhere in between. **Question:** What will be your strategy for reaching out to that majority?
3. **Children:** Have you any ideas how to reach out to children in our rural community and make them feel they are part of the church family?
4. **Ecumenism:** How committed are you to the vision of strengthening links between Christian congregations of different denominations and traditions?

What would you like to ask?



Ancient Trackways

Geoff Wilson

Monday 7th March

Tebay Methodist Chapel, 7.30

Non-members welcome £3

TEBAY & ORTON WI.

Next meetings

March 16th: **Felicity Lawler:** 'Travels in Africa'

April 20th: **David Morland:** 'My Life'

Visitors are always welcome, with no commitment.

New to the area? The WI is the perfect way to make new friends, and discover new hobbies and interests.

Jackie Huck

Tebay Community Primary School News!

Doing Tebay Proud!

On Saturday the 23rd January a football team consisting of year 5 and 6 went to play a tournament at the Sands Centre Carlisle.

Tebay made the final and whilst they waited for the afternoon match, they were given the chance to go and watch Carlisle United!



Though Tebay did not win the final, we are all immensely proud to say that our team won

'The Most Sporting Team'! This was judged by professional referees and was judged out of 110 teams.

WELL DONE TEAM!



Jumble Sale

Tebay Primary hosted a Jumble Sale on Saturday the 30th January. Thank you to everyone who donated things for the sale, to those who helped run the event and those of you in the community who came along to support the school. It was a great morning. Altogether we made a grand total of £302.00 which we are delighted with!

Chinese New Year



Although our usual topic for this term is Inventions, we took a week off and celebrated Chinese New Year across the school. We read some lovely stories, had a Chinese lunch on Wednesday thanks to Julia and made lots of

lovely things in our classes. Class 1 and 2 were busy making dragons which they showed in assembly and Class 3 made kites (a sign of good fortune) and took them up the Fell to fly them. We all had great fun!



Arts Award

Last year KS2 children took part in a Creative Futures project. This meant they had the brilliant opportunity to work closely with a talented Animation artist—Sheryl Jenkins. The children have achieved 'Arts Award Discovery Level' for their participation and received their very professional certificates this week in assembly.

If you would like to watch Tebay's animation, it can be found by typing into Google 'Sheryl Jenkins animation on Vimeo, Tebay Primary School'



Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in *Link*!

Orton

Orton Mothers' Union

Our next meeting will be
Tuesday 1st March, 2pm
at Angela's house

'Random acts of kindness'

If you would like to share with us something you once did for someone or something that was done for you that was very special for you, come and join us, we would love to hear about it.

If you would like more information about Mothers' Union please ring Laura on 015396 24654

Mothers' UNION
Christian care for families

Lent in Orton

Church and Chapel
Lent group meditations
each Wednesday 7.30pm
following

David Adam's book:
The Great 'I am'



2nd March in Church
'I am the way, and the
truth, and the life'
led by David Aspden



9th March in the Chapel
'I am the bread of life'
led by
Rachel and Rowland Woof



16th March
at Chestnut Garth
'I am the true vine'
led by Chris and Olive
Bland

Everyone welcome

Orton Farmers' Markets

The next two of these
popular markets will be:

Saturday 12th March
and
Saturday 9th April

Join us for refreshments and a
chat in a friendly atmosphere.

At the February coffee
morning we raised a total of
£510.50,

to help us continue God's
work at All Saints.

Many thanks for
your continued support.

Orton Surgery

We are open from 9.15am to 10.30am
on Tuesdays and from 4.00pm
to 5.45pm on Thursdays.

There will be no Orton surgery
on Thursday 17th, Thursday 24th and
Tuesday 29th March. The last day for
collection prescriptions before Easter at
Orton will be Tuesday 22nd March.

Shap Practice: 01931 716230

Out of hours: 03000 247 247

Orton "Drop-In"

Every Wednesday
from 10.30-noon in the
cosy schoolroom at Orton
Chapel.

Coffee/cakes and a chat
with friends.

Everyone welcome!

Pram Service

Pre-school children and parents
are warmly invited to join the
nursery children from school
in Church on

Tuesday 1st March
9.30am

story

songs

prayer



craft

snacks

We will be thinking especially
about our Mums



A Pancake Event for Tebay and Orton PCCs

Good Friday Walk

Mark this special day by joining our walk of witness with short acts of worship.

Meet at St Michael's, Shap. at 12 noon

Then walk via Shap Abbey and Keld Chapel

(time for Hot Cross Buns and tea) and back to St Michael's, Shap

All Welcome. (Bring a picnic lunch!)

Easter at All Saints



Holy Week

March 24th 7pm
Maundy Thursday Service

with
Stripping of the Altar
Revd Sandra Ward

March 25th **Good Friday** 10am
Reflective Service
Revd Sandra Ward

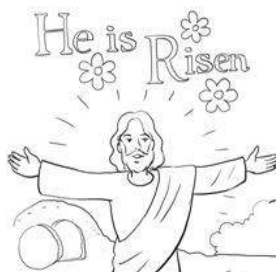


Good Friday Walk 12 noon
Start at St. Michael's, Shap
walk to Shap Abbey and Keld Chapel
finish 3pm back at St Michael's.
Bring a packed lunch.

March 26th **Holy Saturday** 2.45pm
Children's Crafts
plant the Easter Garden
decorate the church
children and grown-ups all welcome!
Followed by a short
Service of Light at 4pm
Revd Sandra Ward

Easter Day

March 27th
6am Sunrise Service
on Raise Howe, Orton Scar



Holy Communion

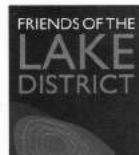
10am

Revd Ian Elliott

Orton Fells Landscape Partnership Project

Tues 1 March 2016
6pm-8pm
Orton Market Hall

Friends of the Lake District and the
Yorkshire Dales National Park
Authority are hoping to work with
local people on a landscape project
in your area



- Are you interested in local archaeology, history and culture?
- Would you be interested in helping to look after local wildlife sites?
- Are you involved with a local community group or school?
- Would you like to do some volunteering or learn a new skill?
- Would you like to find out more?

Come and have a chat with us over
tea and cake. We'd love to see you!
Tuesday 1 March
between 6pm and 8pm



one of Britain's breathing spaces

More news from Africa

In the February issue of Link, Ian Elliott wrote about our visit to All Saints' Church, Kasese. But we had many other experiences while in Uganda, which may be described in future issues of Link. One was our 48 hours



visiting the Murchison Falls Game Park, where we saw many great and wonderful animals. We had a Game Drive in our vehicle, and also a boat trip in the great

river, which is a branch of the River Nile. We saw masses of hippos, and elephants on the bank, and many beautiful birds.

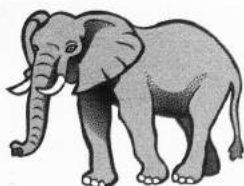
Next day when leaving the park we went to the actual Falls - a huge and mighty waterfall, the roar and power of which was deeply impressive and awe-inspiring.

Come to the African Evening to see some of our photos and videos, and hear more about our adventures! (A delicious meal with an African slant awaits you, too!) (See next page)



All Saints' Church, Orton

AFRICAN EVENING



in

Orton Market Hall

Five from Orton

went to Uganda

Saturday 12th March

6.30 p.m.

**Adults: £5.00. Primary Children: Free
including Supper**

**Tickets from Mary Jenkin (015396 24410)
or Orton Village Store**

**Anniversary Weekend
Orton Methodist Chapel**

*invite you to an evening with
Orton Male Voice Choir*

**on Saturday, 19th March
at 7.30pm**



Refreshments afterwards

Sunday, 20th March

Our Chapel Anniversary Celebrations continue

**with services at 10.30am led by Angela Mills
(Capernwray Bible College)**

**and at 6.30pm by Allan Ellershaw
(Carnforth)**

Everyone most welcome to all these events

**Easter Day
SONRISE SERVICE
6.30 a.m.**



As usual the local churches between Shap, Tebay, Orton, Ravenstonedale and Appleby are sharing in a short open-air service to greet the risen Lord Jesus on Easter morning.

So set your alarm! Easter Day is Sunday 27th March – and the sun will rise at 6.44 a.m.! (Clocks go forward that day, too.) Wrap up warm, and come out to Raise Howe on the east side of Orton Scar (just above the cattle grid on the way down to Appleby). And pass the word around to Christians from all churches.

Appleby Town Band will be there to accompany the hymns. The speaker is Wilf Capstick from Newbiggin-on-Lune Methodist Church.

Christopher Jenkin



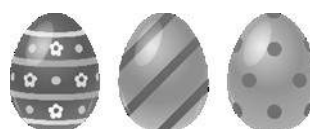
Orton Methodist Chapel

**Join us on Easter Day -
Sunday, 27th March**

A service for all ages at 10.30am

Led by Mr Mike Scott

Coffee and refreshments served afterwards



Egg hunt and pasche egg rolling for the children

All are most welcome

For any further information tel. Rachel Woof 015396 24372



**ORTON
TEBAY**

TOKYO 190
milliseconds

95
milliseconds **NEW YORK**

SYDNEY 235
milliseconds

Superfast Broadband has arrived in **Orton & Tebay** using the internet delivers great benefits to everyone; getting better deals, saving money, gaining new skills and qualifications, finding a better job as well as access to new services and solutions

If you want to find out what's happening and how to benefit come to
Orton Village Hall.
Wednesday 30th March
or
Tebay Working Men's Club
Thursday 31st March

Register for an interactive session at 7.30pm with
info@connectingcumbria.org.uk
or just turn up on the night!

Orton C of E School

FLOOD WATER CAUSES OUR SCHOOL TO CLOSE!

People evacuating school— little ones being carried on grownups' backs - chaos sputtering everywhere! "It was so cool we got to leave school by walking through the water" One child said "I was worried because not that many people had brought their wellies so they thought they were going to drown but luckily they didn't drown!" **AND THAT IS HOW JURASSIC IT WAS!**

FOOTBALL FUN

Every Thursday football coach Tom Penny comes to Orton School to teach classes 3 and 4 football. Tom works for FA Skills and they have just got a sponsor from Lidl. We have had a lot of fun and games while being taught skills for football.

Fergus said "It was a lot of fun and I hope he comes back". Clemency says "It is fun and very good". We all like him and hope he comes back. We have learned a lot and had a lot of fun.

New kid in school.

Orton School has gained a new pupil who has come from boarding school. James has just come to Orton from Durham: "he is polite, friendly, cool and helpful" said Mrs Green. "James is good at maths" said Rowan. James says "Orton School is amazing just from being here one day! All the teachers are very kind and caring to you."

SPEEDY SWIMMERS

The great swimmers at Orton School swam very well at Penrith Swimathon doing 103 and 104 lengths!

There were two groups. "I was in the sharks" said Kayleigh-Anne. The other team was dolphins; the dolphins got 104 lengths, the sharks got 103 lengths.

You took it in turns in your team. "I got a helping hand to get out of the pool" said Anna.

We are very proud of all those who swam on Saturday 6th February 2016.

SHE'S BACK!

Who? Miss Cooper and she's back for two days! It was a shock to see Miss Cooper in school again. Class 4 had a thrilling surprise because Miss Cooper was teaching us. When she was away from Orton she had been teaching in Carlisle and had covered the teachers PPA time. It was wonderful to see her again!



Food Bank

"On behalf of the Eden Food Bank Committee, I would like to thank everyone in the community who has helped and supported this important work. Some by giving much needed donations and others who have given of their time or both. Orton Chapel/Drop In continues to be a convenient dropping off point for donations, which are then kindly transported by others to Appleby.

We are grateful for all food donations, but we are trying to cut down a little on tinned donations because of the weight of the completed boxes that helpers have to carry, although we appreciate that some food items have to be in tins. So we would ask you to consider perhaps when donating soup for example, to consider buying sachets of soup etc. that can be re-hydrated with a kettle.

Thank you for continuing to check "use by/sell by" dates, as understandably we cannot use out of date donations.

Appleby Chapel continues to be open on Tuesday from 10.00 to 10.30 for food donations, or Fridays at St Lawrence 11.00 till 12.00 for people who might wish to donate directly when in Appleby.

Olive Bland

STOP PRESS: "At the store we are just about out of coffee and juice. Low on meat, rice pudding and custard."

All Saints' Church, Orton Annual Exhibition - 28th, 29th & 30th May

Theme - DISCOVERY AND EXPLORATION

In a previous issue of The Link a preliminary notice appeared about the Exhibition. Interest has been shown and I would urge everyone to think about taking part in the three day Exhibition.

Have you read books of discovery and exploration? - bring them along.

We live in a particularly interesting village with old and modern properties. Have you discovered something of interest about your little corner that you would like to share?

Are you a member of an organisation others would like to discover? While on holiday or nearby did you explore a particularly lovely place or building? You may have just a single large or tiny object that you discovered and would like to put in the "Cave of Discovery"

Do you have ideas of how to portray a famous explorer or scientist? Please come along and have a go. If you are not sure about your idea then speak to any church member or telephone me.

There are lots of jobs to tackle of the weekend so please join in.

Angela Milburn - 015396 24382.

Coffee Morning

Saturday 30th April

Orton Market Hall

10.00 – 11.30

£3 entry fee (children free)

This includes all refreshments

In aid of

Hospice at Home

Carlisle and North Lakeland

www.hospiceathome.co.uk

Registered Charity Number 1085708



Cake Stall

Raffle

Ready Steady Cook Evening



Friday 8th April

Crosby Ravensworth Village Hall

7pm

To raise funds for the Mountain Rescue team who played such a vital part in the recent flooding

Tickets £10-00 each, to include a glass of wine and nibbles

available from Joan Raine - 01931 715351

Hazel Blenkinsip - 01931 715377

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RSCM Cumbria presents



FAURE FOR A FIVER

SUNDAY MARCH 13TH, 2016

In ST.ANDREW'S CHURCH, PENRITH

In aid of CUMBRIA FLOOD RELIEF FUND

With Colin Marston (conductor) and Ian Hare (organ)

Open Workshop at 3.00 pm

Faure - Requiem, Franck - Panis Angelicus

Performance at 6.00 pm, with additional solo items

The workshop and performance are open to anyone to attend

£5.00 (singers) + £1.00 Faure Requiem hire (if required)

£5.00 (listeners) £2.00 (students)

If you would like to sing in the workshop and concert please let us know by **Saturday 5th March**. Please say what voice you sing and whether you need to borrow music.

Contact Colin Marston: colin@vivmarston.com (01768 863518)

or Joan Gordon: rscmcumbriasecretary@hotmail.com

AN EVENING OF INSPIRATION WITH HOUSE OF COLOUR

**Penny Elger from HoC will do a short
presentation on the impact of colour
and how to accessorise.**

This is not one to be missed.

**Tuesday 15th March at 7.30pm
at Orton Market Hall**

**Entrance £2 or bring a friend and both get in for free.
Includes refreshments. Cake donations welcome**

**Please bring up to 5 good quality accessories
that you no longer need, wear or want,
and swap for something else.**

**E.g. Jewellery, bags, belts, scarves, etc. including
unwanted Christmas presents e.g. toiletries.
£2 per swap.**

**Look good and feel fabulous with the award
winning beauty brands brought to you by
Amanda Green from myshowcase.
Makeovers and more available.**

**Funds raised will go to the British Heart Foundation -
Mending Broken Hearts Fund.**

**Contact Karen Bell on 015396 24704 or 07891 122129
for further information**

The Old Courthouse, Shap



Opening Times:

Mondays 1100 – 1400,
Tuesdays 1400 – 1700,
Wednesdays 1200 – 1400,
Fridays 1400 – 1900,
Saturdays 1000 – 1200

**Wednesdays – NatWest Bank Bus in the forecourt
1245 – 1345.**

Saturday 5th March - Freegle Give and Take Event 1000 – 1400

If you've got things you no longer need, bring them along and hopefully they'll find a new home. This event is organised by the Penrith & Eden District Freegle Group - for more details phone Chris on 01931 713240 or join online at www.ilovefreegle.org

Monday 7th March Information Day – 1200 - 1600

Come and speak to representatives from The Old Courthouse and organisations to see what services would benefit members of the wider community and how those services could be delivered in Shap. Members of the following organisations will be there; Eden Save Credit Union, Alzheimer's Side by Side Project, Age UK, 106 Bus Group plus local district and county councillors.

Tuesday 8th March 1915 – 2015 Reading Group
Contact 01931 716706 for more details.

Thursday 17th March: St Patrick's Day Event – 1900-2100 Celebrate Irish culture, bring a poem or music to share. Admission: £2 Teas/Coffees available or bring your own drinks.

Monday 21st March World Poetry Day 1900 – 2030 - if you enjoy the spoken word bring a poem or reading to share, or just come to listen. Admission: £2. Teas/Coffees available or bring your own drinks.

Art Exhibitions

The exhibition of artwork by Christine Longmire, Kayleigh Richardson, Steve Valentine and Deborah Windsor is continuing into March. There will be a new exhibition of work by other artists opening before Easter.

Tuesday Craft Group - now meeting most Tuesday afternoons. Either bring your own craft or come to learn from others. Contact Vera Turnbull for details, times, dates. Tel. 01931 716477.

Come and get involved at the Old Courthouse!

There are lots of opportunities for volunteers - manning the information desk, cleaning, decorating, seeking funding, helping to organise activities, so if you think you could spare some time to help us revitalise this wonderful community asset then please email: admin@theoldcourthouse.org or tel. 075550212

The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies.

NEXT MEETING:

The next meeting is on Thursday 10th March and Tony Highton is speaking to us. As usual it is 7.30 for 8.00 pm and in the Appleby Hub (Centre 67).

Psalm 114: 8 *'Who turned the rock into a pool, the hard rock into springs of water.'*

<http://www.thefillingstation.org.uk>



Cumbria Wildlife Trust Upper Eden Support Group Spring 2016 Programme

Monday 7th March, 2.30pm–4.30pm

The Lake District and its Birds

Alan Stanford of the RSPB will give an illustrated talk about the magnificent scenery of the Lake District and its birdlife.

Cost: Recommended donation £3.00 for adults (includes refreshments)

Where: The Friends Meeting House, Kirkby Stephen

Orton & Tebay Local History Society

Unusual Job Titles and their Descriptions from the Past

Every month we will bring you different jobs starting with different letters of the alphabet.

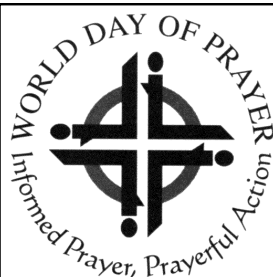
Jobs beginning with "D"

Danter - A woman working in the textile industry who supervised the silk winding room.

Decimer – The person who represented householders at a Court Leet

Delaine Weaver – Wove fabric for female clothing

Depater – A refiner who worked with precious metal



Women's World Day of Prayer

Friday 4th March 6.30 pm

Prepared by

Christian women of Cuba
at St James' Church Hub, Tebay

ALL ARE WELCOME!



Orton & Tebay Local History Society

**Thursday 17th March:
"Cumbria County History"**

update from Wendy Higgins, and Annual Reports
7.30 p.m. at Tebay Methodist Church

**Thursday 21st April:
"The splendour of the Settle to Carlisle Railway"**
with David Alison

7.30 p.m. at Orton Methodist Church
Visitors always welcome - £2.50

Settle to Carlisle Railway

In the floods there was a major landslip at Eden Brows. The railway between Carlisle and Appleby has had to be closed for several months.

Martin Frobisher, Network Rail's route managing director, said: "An estimated 500,000 tonnes of earth have moved already and the embankment is still moving. That's 10 times the weight of the QE2 ocean liner when it is fully loaded. The extent of this landslip means it is no longer safe for this section of railway to be open to trains. The River Eden has severely eroded the base of the embankment. This, combined with the recent repeated storms and saturated ground, caused the landslip. This is a vital rail link across the north of England and I am very aware of how important the railway is to the local community and local economy."

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RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 16th MARCH

7.30 p.m.

**Ravenstonedale High Chapel
Community & Heritage Centre**

MARDALE – A LOST LAKELAND COMMUNITY

A presentation about the history and residents of a valley community flooded in the 1930's

with

Jean Scott-Smith
From Shap History Society

Admission: Members £2.00 Non Members £3.00
including refreshments

For more information contact Val Fermer on 07798 688057
or e-mail history@ravenstonedale.org

***Don't miss!* Lune Spring Players'**

Forthcoming production of
John Chapman and Dave Freeman's
Comedy



'Key for Two'

**Performance at 7.30 pm
Thursday, Friday & Saturday
14th, 15th & 16th April**

**at the Public Hall,
Newbiggin-on-Lune**

To reserve tickets (£6) phone
David Morris 015396 23308 or
Liz Hutchinson 015396 23552

Eden Carers

Do you care? If so Eden Carers may be able to help you. We are a charity providing free support to unpaid Carers; throughout Eden, who look after a family member, relative, friend or neighbour who could not manage without their help. We support over 850 individuals (170 of whom are young Carers aged 5-18 years). We provide statutory carers assessments: information and signposting; 1 to 1 support; benefit information; newsletters, support groups - including after school clubs for Young Carers; social events; training and activities. Contact us on: enquiries@edencarers.co.uk or 01768 890280. Let us help you care.

"The Ravenstonedale Inheritance of 1832 – Where There's A Will There's A Story"

A 50 year mystery, a High Court case and a lost inheritance were pieces of a story that came together to form Val Fermer's 6th talk given to the Ravenstonedale Parish History Group on Wednesday 20th January 2016 to approximately 30 members and friends.

Thomas Scarborough of New Biggin had made a Will in 1832. He had left his estate of 14 properties in the area to his brother and two nieces, daughters of another brother and thereafter to their descendants. However, the brother died before Thomas, without having a family. So when Thomas Scarborough died in 1838, his estate passed entirely to his two nieces, known as 'the Scarborough sisters'.

The two nieces died in 1876, also without having married or a family. In the will, it was stipulated that in this event, the estate was to pass on, intact, to eight ladies in the Ravenstonedale parish, the majority of whom were related to Thomas. However, by 1879, the whereabouts of most of those named in the will was not known.

Those who were known did not want a share of the properties, they wanted cash. To enable this to happen, there was a court case heard in the Royal Courts of Justice in London, to formally break up the Scarborough estate. The Judge decreed that all the 8 original legatees had to be found. If they had died, their descendants had to be found as they would be entitled to a share of the estate.

In 1879, only three legatees were traced, five of them were not traced. However, Val, using modern technology (the internet), had traced the missing legatees.

Firstly, two other Scarborough sisters named in the will both died in the 1840's without marrying so did not survive to benefit. That left six legatees to trace. First to be traced were two sisters from Greenside, Elizabeth and Margaret Fawcett (found through the Ravenstonedale Parish Registers).

Information was given about the Fawcett descendants who could have benefitted under the will but did not. Margaret had married John Birtle. Their son, Robert's family largely remained in Ravenstonedale, but their children did not have families, so there was no-one to benefit from the Will. One of their daughter's, Eleanor moved to Barrow was a legitimate heir but was not found at that time.

There were 2 lots of Murthwaite sisters who were mentioned in the Will. Elizabeth and Isabel Murthwaite both married gentlemen called Lindsay and they both benefitted under the Will. The second two were not named in the Will, just referred to as the 2 youngest daughters of John Murthwaite, who Val established were named Martha and Mary.

Martha Murthwaite married John Taylor and their son, Thomas was found and benefitted from the Will. Mary Murthwaite married Joseph Allen Leach. Mary was still alive when the Will was finally proved and she benefitted from the Will. From Census returns, Val had identified that Mary had progressed from being a 'char-woman' to an 'annuitant' over a period of 30 years.

She invested her inheritance in various railway companies which she subsequently bequeathed to her 2 sons and daughter. One of her grandsons, William Leach, lived in Ravenstonedale in the 1920's and his grandson, Timothy, who lives in London, had contacted the History Group in December 2015 for information on his grandfather, and on discovering his connection to the story of the Scarborough inheritance, he and his sister travelled from the south to attend the talk!

Ravenstonedale

Forthcoming events

March/April 2016

Thursday, 3rd March

Bible Discussion Group

Led by Fran Parkinson

Manor House, Ravenstonedale

7.30 pm All welcome.

Sunday, 6th March

Mothering Sunday Service

10.0 am St Oswald's Church

Led by Tim & Fran Parkinson

Wednesday, 16th March

Ravenstonedale Parish History Group

Speaker: Jean Scott-Smith

Mardale - A Lost Lakeland

Community

High Chapel Heritage

& Community Centre 7.30 pm

All welcome.

Thursday, 17th March

Annual Parochial Church

Meeting

St Oswald's Church at 7.30pm

All welcome.

Easter Saturday 26th March

Charity Coffee Morning

10.am-12.noon in aid of

The Cumbria Flood Appeal

St Oswald's Church

Ravenstonedale

Thursday, 7th April

Bible Discussion Group

Led by Fran Parkinson

Manor House, Ravenstonedale

7.30.pm All welcome.

Wednesday, 13th April

Ravenstonedale Parish History Group.

Speaker-Dr Michael

Winstanley

'Markets & supermarkets...200 years of shopping & beyond'

High Chapel Heritage

& Community Centre 7.30pm

All welcome

Thurs, Fri, Sat, 14th-16th April

Lune Spring Players

Present *'Key for Two'*

Newbiggin-on-Lune Public Hall

7.30pm



The Scar Gallery Ravenstonedale

presents an

Exhibition of past work

(including oils,
watercolours
& drawings)

by

Tom Oldham

**Saturday 19th March –
Sunday 3rd April**

**Open every day
11am-5pm**

For further information

Tel 015396 23308 or

015396 23312



**Are you interested in
Sewing/ knitting/
quilting/ sharing
skills and chat ?**

Please ring Ann

Wappett on 015396

23565

Ravenstonedale Show

Bingo Night

Saturday 19th March

7.30pm

**Newbiggin-on-Lune
Village Hall**

Tickets on the door

Refreshments available

Ravenstonedale Tennis Club

Boon Day

**Saturday 19th
March 10 am**



**Helpers with brooms,
shovels etc. needed to
prepare the court for
this season.**

Thank you!



St Oswald's Church

Coffee

Morning

in the Church on
Easter Saturday March 26th
from 10.30 a.m. - 12noon

Free entry
Donations for
Cumbria Flood Appeal

~~*~*~*

NORTH WESTMORLAND ARTS

2015-2016 Concert Season

All concerts in Appleby Public Hall at 7:30pm. £12 at the door.

Sun 13th Mar: CHAMBER PHILHARMONIC EUROPE

www.appleby-concerts.org.uk

E-mail: enquiries@appleby-concerts.org.uk

Tel: 017684 83777

Supported by Westmorland Arts Trust and The Hadfield Trust

Newbiggin-on-Lune

Newbiggin on Lune Methodist Chapel.

Come and join us for:-

- Sunday Services – weekly at 10.30am until further notice.
- Sunday School – weekly at 10.30am
- Youth Club – fortnightly on Thursdays; 6.30pm – 8pm (year 5 upwards). Snooker, pool, table tennis, playstation, football & hockey (term time only).

We are friendly and welcoming and would love you to come and spend time with us.

For more information phone **Andrea** on **23033**

Monthly Lunch Club

On the first Tuesday of each month, until April 2016. From 12 noon, lunch costs £5 for soup, pudding and cup of tea.

Coffee and Chat

The church will be open every Tuesday morning.

You are welcome to pop in between 10 and 12 for coffee, cake and chat.

We would love to see you every week or just once in a while.

It's good to get together.

Newbiggin On Lune Parent and Toddler Group

Every Friday morning (term time)

9.30am - 11.00am

in the Methodist Chapel Schoolroom

Toys and Activities for children under 5

Children over 6 months £1.50

(includes refreshments)

For more details contact

Chairperson : Frances on 01568 371669

Treasurer : Gill on 015396 26055

LUNE LADIES PROGRAMME

2nd March: Kat and her Jewellery
(please bring any old items of jewellery for
remodelling) -

Newbiggin Village Hall 7.30pm

22nd March: Planning meeting for next year
Newbiggin Village Hall 2pm

6th April: Talk by David Williams - 'Up the
Amazon '

Newbiggin Village Hall 7.30pm

Indoor Bowls evenings

Friday night is bowls night

at Newbiggin-on-Lune Village Hall

You don't need a partner.....

7.30pm start - £2.00p per night.

Why don't you join us?

For any further information
please ring Joyce Allison on 017683 72990

Upper Eden First Responders

February Lottery Winners

- | | | |
|---|--------------------|----------------|
| 1 | Margaret Albon | Kirkby Stephen |
| 2 | Maureen Scott | Kirkby Stephen |
| 3 | Mr and Mrs P Lewis | Kirkby Stephen |

For information contact mtyoung@btopenworld.com

Ravenstonedale Folk Dance Club

Newbiggin on Lune Village Hall

on Thursdays at 7.45pm

No experience necessary,

everyone made very welcome. £2 per night.

For more details 015396 24258.

Newbiggin-on-Lune Public Hall

Contacts:

Chairman : Anne Capstick Tel: 015396 23447

Secretary : Marion Law Tel: 07866 785656

Treasurer : Carl McLaughlin Tel: 015396 23674

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen

Caretaker : Anne Brownrigg Tel: 015396 23594

All bookings should be made with the Caretaker

All payments to the Treasurer.

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Wanted:

Artwork by my great grandfather,
Edward Jeffrey, a Lakeland artist
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Ravenstonedale and specialised in
painting landscapes and birds.

Top prices paid.
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0773 987 1973

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Mel Brown



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MONDAY ROUTE 571: Brough to Kendal

	OUTWARD	RETURN
Brough Clock	10.05	16.15
Kirkby Stephen	10.20	16.06
Kirkby Stephen West Station	10.30/10.35	15.53/16.00
Ravenstonedale School	10.43	15.44 Garhill
Newbiggin on Lune village hall	10.48	15.40 on A685
Junction 38, Tebay	11.00/11.15	
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.10	16.35
Shap	10.45	15.57
Orton	11.10	15.37
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

Also Hail & Ride Service

Price: Max adult fare - £12.00 return
- £8.00 single

Bus pass holders FREE

Children, low income & other pensioners
half price, family discounts given

WEDNESDAY ROUTE 572: Kirkby Stephen to Barnard Castle

	Summer	Winter
Departs Bus Depot	10.10	10.10
Ravenstonedale School	10.23	10.23
Kirkby Stephen Station	10.35	10.35
Kirkby Stephen Square	10.45	10.45
Brough Clock	11.03	11.03
Middleton in Teesdale	11.45	
Barnard Castle	12.25	11.40
Barnard Castle	15.30	14.30
Brough Clock	16.05	15.05
Kirkby Stephen Square	16.15	15.15
Kirkby Stephen Station	16.22	15.22
Ravenstonedale School	16.30	15.30
Depot	16.40	15.40

J N & E Capstick **INSURANCE CONSULTANTS**

*A local company small enough to care, but big enough to compete
Farm, Home and Motor Insurance*

Market Square, Kirkby Stephen CA17 4QT. Tel. 017683 72285 –
36 Main Street, Sedbergh, LA10 5BP. Tel. 015396 20124
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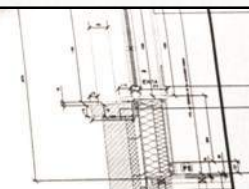
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