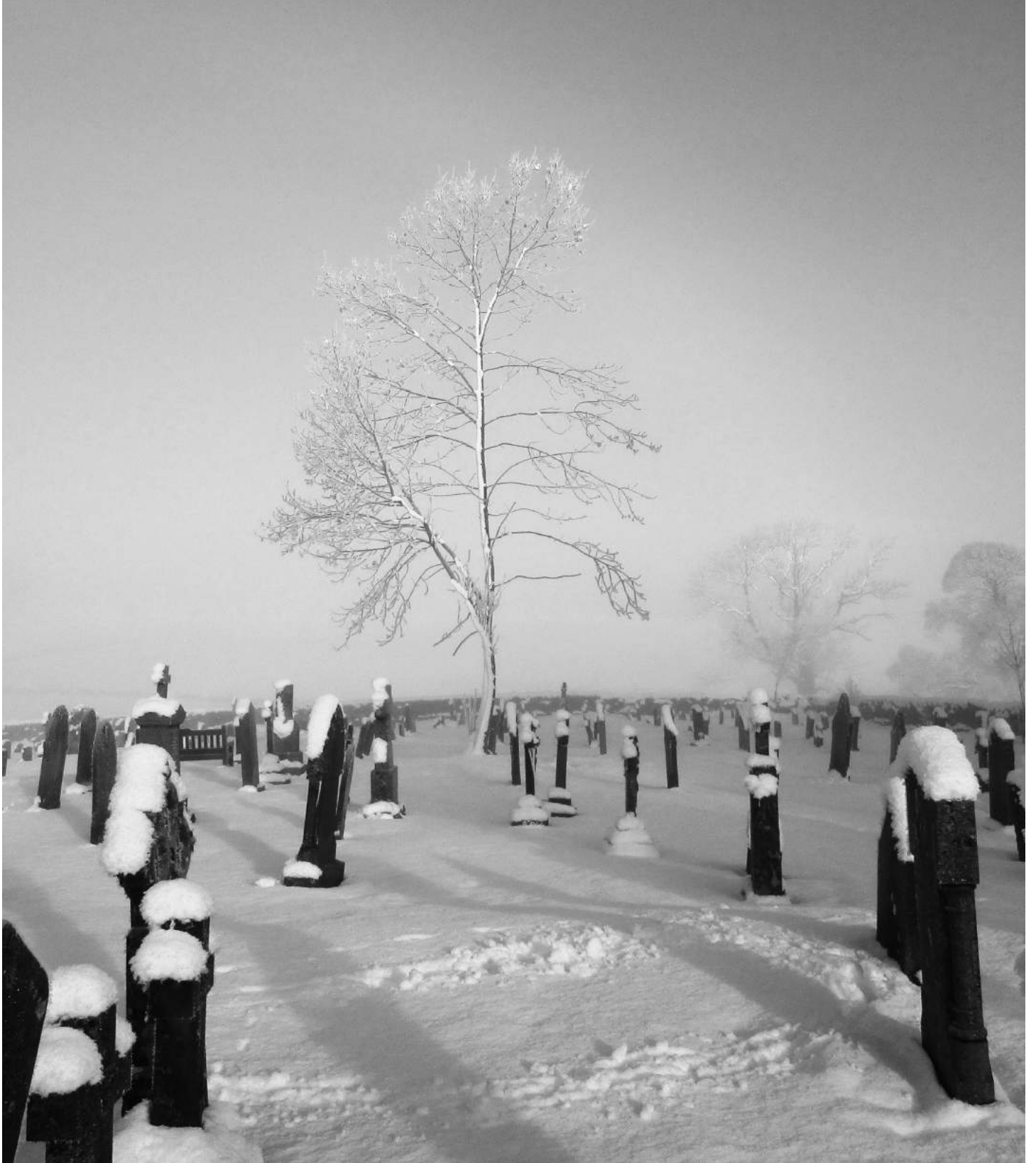


The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



March 2019

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS', CHURCH, ORTON,
WITH ST JAMES' CHURCH, TEBAY,
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

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THE LINK DEADLINE IS THE 13TH OF EACH MONTH

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*Views expressed in 'The Link'
are not necessarily those of the
publishers or editors.*

CHURCH LETTER

From Diana Nicholson, Reader, St. Patrick's, Bampton

I am writing this letter at the beginning of February and I know that you will not read it until March, nearly four weeks away

I wonder what will have happened between now and then. Will we have had another "Beast from the East" as we did last year when snow and freezing weather came at the beginning of March, so bad that for the first time the World Day of Prayer service at Shap had to be cancelled?

What will have happened to the Brexit negotiations? Will there be any more certainty than there is now about the future relations between the EU and the UK? Will more international companies have decided to move their headquarters or some of their factories out of the UK?

Not even the weathermen can predict exactly what weather will come; there is nobody who can be sure what Brexit will bring and yet it is so easy to spend time being anxious about the future, our personal future as well as the future of our society. Of course we all have concerns but to be anxious about things which may not ever happen or about events over which we have no influence does us no good and stops us from enjoying the present.

Much of Jesus' teaching is about wrong priorities, about rich men spending all their time and energy to amass great fortunes only to die before they could enjoy them, about setting your heart on gaining riches, respect, influence in this world instead of loving God and your neighbour and giving really generously to the needy. The latter part of Matthew chapter 6 is all about trusting God to provide for your needs instead of spending all your time worrying about material things. In the King James Bible the last verse of this chapter reads "Take no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof." The new translations put it differently.

"Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

I don't think that any of us would want to take no thought for tomorrow and what it may or certainly will bring. We pay into our pension schemes, pay our National Insurance so that we can provide for ourselves in later life; we write our wills so that our families can follow our wishes when we die. All these are sensible things to do. But in the more modern translations, which are closer to the original New Testament Greek, the emphasis is on not worrying about the future, rather than on not making sensible preparations for it.

Stress and worry are some of the major health problems of our day and age. Even in our primary schools children feel the pressure to succeed and feel stressed and worried. What is being introduced into many schools is the practice of "mindfulness", which encourages children to have times of stillness and calm when they can learn to be aware of their bodies, of the things around them, can learn to concentrate on the present and to acknowledge the thoughts and feelings they have without allowing these to overwhelm them. It's a practice which is helpful for everyone, but Christians can go beyond this by being conscious that they are being still in the presence of God.

The advocates of mindfulness stress the importance of practising it every day just as Christian teachers all emphasise the need for regular times of prayer if we are to grow in our faith. If our prayer starts by our being still, by acknowledging that God is with us, even if we do not feel this, by being mindful of our bodies and our surroundings, of the present, then perhaps we shall find it easier to be regular in prayer and to listen to God as well as to speak to God.

Shall we all, Christians and non-Christians alike, give mindfulness a go?

NOTE - The management committee of *The Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13th may be held over until the following month.

Next deadline: **13th March** for April 2019 issue.

Front Cover: All Saints' Churchyard, 29th January 2019.

SUNDAY SERVICES IN OUR CHURCHES FOR MARCH 2019

Sunday 3 March <i>Sunday next before Lent</i> <i>Sidesperson:</i> Exodus 34:29-35 2 Corinthians 3:12-4:2 <i>Green</i> <i>Prayers:</i>	Orton, 10:30am Holy Communion <i>Chris Jenkin</i> Chris Bland Chris Bland Andy Glanville Elizabeth Crossley	Tebay, 10:30am Songs of Praise at the Methodist church	Ravenstonedale, 10:00am All Age Worship <i>Fran Parkinson</i>
Wednesday 6 March	Ash Wednesday, Holy Communion, Orton, 7.30pm		
Sunday 10 March <i>1st Sunday of Lent</i> <i>Sidesperson:</i> Deuteronomy 26:1-11 Romans 10:8b-13 <i>Purple</i> <i>Prayers:</i>	Orton, 8:30am Holy Communion <i>Chris Jenkin</i> Jim Milburn Mary Jenkin	Tebay, 10:30am Holy Communion <i>Chris Jenkin</i>	Ravenstonedale, 10:00am Holy Communion <i>Bishop James</i> Tim Parkinson
Sunday 17 March <i>2nd Sunday of Lent</i> <i>Sidesperson:</i> Genesis 15:1-12,17-18 Philippians 3:17-4:1 <i>Purple</i> <i>Prayers:</i>	Orton, 10:30am Family Service <i>Fran Parkinson</i> Olive Bland	Tebay, 10:30am Service of the Word <i>Rosemary Campbell</i>	Ravenstonedale, 10:00am Holy Communion <i>Ian Elliott</i> Richard Best
Sunday 24 March <i>3rd Sunday of Lent</i> <i>Sidesperson:</i> Isaiah 55:1-9 1 Corinthians 10:1-13 <i>Purple</i> <i>Prayers:</i>	Orton joint with Tebay Tebay, 10:30am Holy Communion <i>Alun Hurd</i> Followed by Annual Church Meeting at noon (<i>all parishioners welcome</i>) Followed immediately by a bring and share lunch		Ravenstonedale, 3:00pm Evening Prayer <i>Alun Hurd</i> David Morris Caroline Morris
Sunday 31 March <i>Mothering Sunday</i> <i>Sidesperson:</i>	Orton, 10:30am Joint Service at the Methodist church <i>Led by Rev Mike Harrison</i>	Tebay, 10:30am Mothering Sunday <i>Ian Elliott & Rose Campbell</i> <i>Start in the club</i> <i>with a bacon butty</i> <i>then a short service</i>	Ravenstonedale, 10:30am All Age Worship <i>Fran Parkinson</i> Diana Fothergill

SUNDAY SERVICES IN OUR CHAPELS FOR MARCH 2019

		3 rd	10 th 1 st Sunday in Lent	17 th 2 nd Sunday in Lent	24 th 3 rd Sunday in Lent	31 st 4 th Sunday in Lent Mothering Sunday
Tebay	10.30 a.m. 6.30 p.m.	S of P OA Cnxn Svce at N on L	T Taylor	W Capstick	To Orton CA	Family at PC
Orton	10.30 a.m. 6.30 p.m.	P Keeys OA Cnxn Svce at N on L	LA S Radford HC	J Betts D Thackray	T & F Parkinson CA T & F Parkinson CA	M Harrison OA FS S Radford
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	H Hutchinson OA Connexion Service	T Dent	J Worsfold Prayer and Share	J Betts	S Radford HC
Ravenstonedale	2.00 p.m. 6.30 p.m.	P Hilland Cnxn Svce at N on L	S Radford	A Collinson	S Radford HC	H Hutchinson

Vinelifa Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

A VIEW FROM TEBAY

From Pam Lawson

As I write, the days are getting longer and the snowdrops are out in their full glory in the churchyard. The extra light and early signs of spring bring a sense of relief and hope... particularly after this winter, during which, probably for the first time ever, my car had told me it was -12 degrees when I started the engine! Although the snow, frost and ice of this winter were beautiful, normal life had to be put on hold for many of us whilst all was frozen solid. Winter may sometimes feel like a season of barrenness, emptiness or struggle for many of us. The days are long, dark and cold and we find ourselves longing for Spring.

Maybe you have felt a sense of hopeful expectancy walking through St James's churchyard at the start of the year, the snowdrops pushing their way through into a carpet that promises Spring. It will be several weeks before the daffodils find their way out of their winter hibernation, but you know that Spring will come.

It is worth reminding ourselves that Winter is an essential season of rest for the earth, a time of preparation for the growth to come. Small signs of Spring may take a while to appear, but we know they will come eventually, and when they do, we reminded of warmer, longer days to come.

Surely the same is true in life. The seasons come and go, and if we are wise, we will seek what we can be thankful for in every season. Even the barren, difficult, wintry seasons of our lives are there for a purpose, preparing us for the more fruitful seasons

ahead, if only we are willing to see what God might be wanting to teach us.

May he bless us as we enjoy the Springtime as it blossoms around us, and make us attentive to what he might be wanting to say to us at this time, whatever season of life we find ourselves in.

Pam Lawson

THE HUB



**Tebay Community
Library and Drop
In in the Hub,
St. James' Church**

Every Monday
morning,
10.00am - 12.00 noon

Refreshments
Books to borrow and buy
All ages welcome

'Twinkles'

**Tuesdays 9.30—11.30 a.m.
at Tebay Methodist Hall**

**All welcome -
with or without children**

Voluntary run playgroup—
Activities changed on a weekly basis
including painting, playdough,
drawing, cutting, dressing up, slides,
bikes, music, reading.

For more information contact
Pippa Smith
07487 776904 or 015396 24367

"2 Till 4"

*Do you enjoy
Knitting/Sewing/
Crafts?*



*Do you need a helping
hand?*

*Join us at Tebay
Methodist Hall every
Tuesday afternoon
for a cuppa and a chat
while crafting*

Call Dennis on 015396 24445

Or just come along.

Everyone welcome



Tebay Surgery

The surgery in Church Rise (run from the Upper Eden Medical Practice, Kirkby Stephen) is open on
Tuesdays, 9 a.m. to 12 noon
and
Thursdays 3.0 - 6.30 p.m.
01768 371369

Tebay Methodist Church

WOMEN'S BRIGHT HOUR

Wednesday 6th March, 2pm

Speaker: DIANA NICHOLSON
from Bampton

All Ladies Welcome

Tebay Methodist Church

SOUP AND SWEET

Saturday 9th March

12 noon - 1.30 p.m.

£6.00

COME AND ENJOY!

Tebay Lunch Club

**2nd Wednesday of every month
at the Old School Tea Room
12.0 noon: £8.00**

Contact Bernard or Muriel:
015396 24272

'J'Unction'

Christians from both Church and Chapel meet on the **first Tuesday of every month** from 7.30 to 8.30 pm. to pray for the community of Tebay in the Hub at Tebay Church. So please join us on **Tuesday 5th March** and **Tuesday 2nd April.**

All welcome !



ROLL UP! ROLL UP!



Start your **Mothers' Day** celebrations by joining us for bacon butties (or veggie alternative) at Tebay Social Club on **Sunday 31st March from 10.30 a.m.**

Then a joint Mothers' Day service in St James' Church.

Come on your own or as a family! No charge.

All done by 11.45 a.m.

All welcome!



Coffee Morning

Saturday 23rd March

10am – 12 noon

Tebay Methodist Hall

Raffle Tombola
Stalls

Children's activities

All proceeds to be split between

Friends of Tebay School

and

Twinkles Playgroup

Everyone welcome!

CHURCH LEADERS' LENT WALKS



During March, leaders of the Churches in Cumbria (the Rt. Revd. James Newcombe, Bishop of Carlisle, the Revd. Richard Teal, chair of the Cumbria Methodist District, and the Revd. Sarah Moore,

President of the United Reformed Church Cumbria Area) will be undertaking a series of walks in different parts of the county.

They will be in our district on **Saturday 23rd March**

- walking in the Appleby area between 10.00 am and 12.00 noon,
- coming to Tebay Social Club for a light lunch at 12.30 pm, and
- walking in the Shap area (St Michael's Church > Shap Abbey > Keld Chapel > St Michael's Church) between 2.00 and 4.00 pm, before going on to
- Ravenstonedale for Evening Prayer at 5.00 pm.

Anyone is welcome to join in either of the walks (details from the Revd Alun Hurd), to attend the service at St Oswald's, and/or to come to lunch at Tebay Club. Please let Ian and Ronnie Elliott know (24441) if you would like to come for the lunch as we will need to have an idea of numbers for catering.

Tebay Community Choir

Saturday 2nd March



Members of Tebay Community Choir invite you to join them in St James' Church, Tebay, for coffees, teas and light lunches from 11.00 until 2pm; all proceeds to the Choir.

Letter from Sandra Ward

Dear Friends,

It is good to be able to thank you at last for all your good wishes on my move to Lorton and Loweswater with Buttermere and say how much I am missing the High Westmorland Benefice. I have to say that I was certainly not expecting to break my leg in three places the day after I moved and spend the first months confined to the vicarage. However, I have been overwhelmed by the warmth and care that I have received from the Churchwardens, congregations, neighbours and people from the valley. Not forgetting the local Mission Community ministry team and retired clergy who have assisted with covering services. They are very much like High Westmorland Benefice. Also I cannot thank **you** all enough for **your** visits and very kind gifts and cards. They have been appreciated and most welcome. You have not forgotten me as I have not forgotten you. You are often in my thoughts and prayers.

"A new command I give you. Love one another. As I have loved you, so you must love one another. By this all people will know that you are my disciples, if you love one another." (John 13: 34-35)

When I am able to drive again I hope to visit you and I am pleased to say that the plaster was removed yesterday and with physiotherapy the consultant feels that it will not be long before I can walk independently and drive again. However, I was given a rather enigmatic phrase recently, "Give time time". I must be patient.

Thank you all for your continued love and care and I hope to be able to visit you again soon.

God bless!

Revd. Sandra Ward

WOMEN'S WORLD DAY OF PRAYER (A WOMEN-LED, GLOBAL, ECUMENICAL MOVEMENT)



Come – Everything is Ready!

Friday 1st March, 2.0 p.m.

Tebay Methodist Church

Everything is ready and the invitation is for everyone - men, women and children of all ages to join this Day of Prayer.* Women of Slovenia, one of the smallest and youngest countries in Europe, have prepared this year's service and they encourage us to reflect on the barriers they have faced since the end of the Second World War when their country was a part of Yugoslavia, a Marxist socialist republic. They share the challenges they have met and the hopes they have for the future.

World Day of Prayer is an international, inter-church organisation which enables us to hear the thoughts of women from all parts of the world: their hopes, concerns and prayers. The preparation for the day is vast. An international committee is based in New York and there are national committees in each participating country. Regional conferences meet to consider the service and then local groups make their plans.

In our area, at **Tebay Methodist Church at 2pm on Friday 1st March 2019** people will gather to celebrate the service prepared by the women of Slovenia.

The Day of Prayer is celebrated in over 120 countries. It begins in Samoa and prayer in native languages travels throughout the world --- through Asia, Africa, the Middle East, Europe and the Americas before finishing in American Samoa some 38 hours later.

*For further information see the WDP website:

www.wwdp.org.uk



Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **The Link**!

TEBAY PRIMARY SCHOOL



Friends of Tebay School held their 'Winter Warmer' on Saturday 9th February. Soup, bacon or sausage bun and a cake were enjoyed by families and friends of the school. FOTS raised an amazing £421.00. Thank you to everyone who donated soup and cakes; a big thank you to Westmorland Services for donating the sausage and bacon, and to everyone who supported the event in any way.

The next fundraising event is a **coffee morning** to be held in Tebay Chapel Hall on **Saturday 23rd March** from 10:00am to 12:00pm.

Dates for your diaries:

Wednesday 6th March – Table tennis training with Mr Sunderland at after school club for 3 weeks.

Thursday 7th March – World Book Day.

Friday 8th March – Class photographs.

Wednesday 20th March – Hunters Hall Cross Country. Parents evening.

Saturday 23rd March – FOTS coffee morning 10am to 12pm in Tebay Chapel Hall.

Friday 29th March – Break up.

Monday 15th April – Back to school.

Friday 19th April – Good Friday (off school).

Monday 22nd April – Easter Monday (off school).

Twinkles visit to school for 'messy play'



Twinkles playgroup visited Tebay Primary School on Tuesday 29th January for a session of 'messy play'. Parents braved the snowy weather to join the Nursery and Reception children for a fun filled morning.

Bags2school

(A fund-raising initiative - parents were asked to bring to school shoes (tied together), belts, purses, handbags and other soft bags, to be recycled)

The bags were collected on Thursday 31st January. All bags were weighed before being loaded onto the van. The school collected a whopping 520kg (which is over half a tonne!!!!). We received a cheque for £208.00 for the collection.



Amazing support from everyone in school and the community, huge thanks to anyone who brought bags into school for the collection, the driver was amazed on how many we had from a little school.....'a little school with a big heart'.

Please visit our website:

www.tebay.cumbria.sch.uk for lots of useful information, pictures and up to date newsletters.

If anyone would like to look around the school, please telephone or email Mrs Tracy Morland in the school office to arrange a convenient date and time 015396 24239 [ad-min@tebay.cumbria.sch.uk](mailto:admin@tebay.cumbria.sch.uk)

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Tuesday Morning Prayers in Churches 9.30 a.m.

All welcome to join us for a time of worship and prayer

Dates, venues and leaders for March

5 th	Orton Church, with Chris Jenkin
12 th	Bampton Church, with Neil Hughes
19 th	Ravenstonedale Church, with Fran Parkinson
26 th	Shap Church, with Alun Hurd

Orton Church Exhibition and Village Scarecrow Competition

Sunday 25th May to Sunday 2nd June

If you would like to help with the Exhibition please contact Brenda Iveson (24617) or Helen Wearmouth (24066).

The Scarecrow Competition is open to anyone living in Orton Parish, and any child attending Orton School.

The theme is **Jobs, Professions and Trades**.

For more information contact

Marion Robinson 24384 – Brenda Iveson 24617

The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies.

NEXT MEETING:

Thursday 14th March: The Revd.

Stewart Fyfe. Everyone welcome for lively Christian worship and fellowship, in the Appleby Hub (Centre 67), Chapel Street, Appleby.

7.30 for 8.0 p.m.

<http://www.thefillingstation.org.uk>



Barry Hawthorne Ministries

Igniting the fires of Faith for Revival!

New season of meetings

with Barry and Karen Hawthorne

FAITH - HEALING - HOLY SPIRIT

Thursday 7th February at 7pm

Appleby Hub (Centre 67), Chapel Street, Appleby

Praise and worship led by Karen

followed by ministry of the word of God.

<http://www.barryhawthorneministries>
info@barryhawthorneministries.com



Church Websites for Orton and Tebay

Entry in the Church of England's "A Church Near You" directory
Orton's entry: <https://www.achurchnearyou.com/church/12220/>
Tebay's entry: <https://www.achurchnearyou.com/church/12223/>



Orton and Tebay Local History Society

Next Meeting:

Thursday 21st March, 7.30 p.m.

Hilary Wilson - "Wartime Farming in the Howgills"

Tebay Methodist Church.

Subscriptions for 2019 will be received.

At the beginning of the meeting, there will be a 15-minute presentation on the Westmorland Landscape Partnership Scheme.

Farfield Mill Exhibitions

Much More Than Meets The Eye!

James Owen Thomas: 1 March - 28 April

James is a new young artist who creates his art from things others cast aside. 'From an early age, I always preferred to see litter in bins rather than it is spoiling the countryside, parks and seashore. I later realised how some of it can be recycled and this developed into a special interest exploring my own ideas in art.'

Forgotten Landscapes, Hidden Secrets

Andrew Burns Colwill: 1 March – 7 May

A painting exhibition from Bristol based artist Andrew Burns Colwill. "'From stony riverbanks, ageless roots and mossy blankets rise minerals, meadows and gentle slopes supporting mighty peaks dotted with silver dwellings and streaked with grey stone walls. A timeless landscape rich in history, forgotten stories and hidden secrets.'

NORTH WESTMORLAND ARTS

Spring 2019 Concert Season

All concerts are at 7:30pm in

Appleby Public Hall.

Tickets £12 at the door.

Sunday 10th March: Delta Piano Trio

www.appleby-concerts.org.uk

Email: enquiries@appleby-concerts.org.uk

Tel: 017684 83777

Supported by Westmorland Arts Trust,
Hadfield Trust, Bryan Lancaster Trust

Parish Registers

Baptism:

Matilda Elizabeth, daughter of Thomas and Kimberley Jackson, was baptized at St. James' Church, Tebay on Sunday 17th February 2019.

Facebook pages

Orton's page: <https://www.facebook.com/AllSaintsOrton/>
Tebay's: <https://www.facebook.com/groups/stjamestebay>

Orton

Orton Farmers' Market

The next two Farmers' Market Coffee Mornings will be on

Saturday 9th March

and

Saturday 13th April

Join us for refreshments and a chat in a friendly atmosphere.

At the February meeting we raised **£388.40** to help us continue God's work at All Saints.

Many thanks for your continued support.

You are invited to join us at Orton Methodist Chapel to celebrate our Chapel Anniversary on Sunday, 24th March at 10.30am

Followed by a lunch for all

and also at 6.30pm



with music, singing and word from Tim and Fran Parkinson at both services

ALTAR FLOWERS IN ALL SAINTS' CHURCH, ORTON

Throughout the year flowers are placed at the Altar, apart from the times of Lent (six weeks before Easter) and Advent (four weeks before Christmas).

It is becoming difficult to maintain this tradition as fewer people are prepared to add their names to the Flower Rota.

Fancy flower arrangements are not expected or needed. Simple bunches of flowers or just greenery is saying you care. You may be remembering loved ones, or a special occasion.

Flowers are a way of saying this ancient church is special and you wish to see it beautiful.

Perhaps you no longer attend church on a regular basis, but putting flowers on the Altar is a quiet way of showing that your faith is still there and you wish to share it with others. Whatever the reason, your best is acceptable. Just have a go.

If you feel you would like to put flowers in church, but prefer to use vases rather than the candle holders, they are available.

The Flower Rota is displayed at the back of the church, next to the door. Please consider adding your name. If you would like more information telephone Angela Milburn. 015396 24382.



All Saints' Church



This is Charlie!

Charlie's Church

(formerly Pram Service)



Tuesday 19th March, 9.45 a.m.

Class 1 of Orton School invite all pre-school children and parents or carers to join them!

Project sponsored by
YORKSHIRE DALES
 National Park Authority
 Sustainable Development Fund

All Saints' Church, Orton, Churchyard Conservation Project

I lift up my eyes to the hills; where does my help come from? My help comes from the Lord, the Maker of heaven and earth. Psalm 121

BIRDS

Small text describing bird sightings and conservation efforts.

TREES

We have planted native trees to replace those felled

Spindle Tree <i>Eurotia europaea</i>	Alder <i>Alnus glutinosa</i>
English Oak <i>Quercus robur</i>	Silver Birch <i>Betula pendula</i>
Holly <i>Ilex aquifolium</i>	Rowan <i>Rosa lucida</i>
Aspen <i>Populus tremula</i>	Wild Cherry <i>Prunus avium</i>
Hawthorn <i>Crataegus monogyna</i>	

Other trees already growing in or near the Churchyard

Horse Chestnut <i>Aesculus hippocastanum</i>	Elder <i>Sambucus nigra</i>
Sycamore <i>Acer pseudoplatanus</i>	Ash <i>Fraxinus excelsior</i>

BATS

A full Bat Survey was carried out in the church and churchyard for details see the Church

OTHER WILDLIFE

To encourage wildlife we have placed a squirrel feeding box and a hedgehog house

GRAVESTONES

A comprehensive survey has been completed with photographs and inscriptions of all headstones in situ up to May 2017. See inside the church for the full record

For the whole Churchyard project, over thirty volunteers have given their time, expertise, skills and hard labour, for which our church and community give grateful thanks. Some of these volunteers have committed themselves to continue to care for the churchyard in the future.

This board is sponsored by Orton Manor Court

Orton Churchyard Project

We hope, by the time you read this, that our interpretation board concerning the project in All Saints' Churchyard, which began in September 2016, will have been erected in the church porch! It has been good to see the fruition of the work taken on by no less than 45 volunteers.

Some of these volunteers have given their professional skills such as art work, construction, and the bat survey, but also there has been a small army of local people who have willingly given their time and labour just steadily working away in the churchyard. Clearing debris – the result of tree felling, sawing logs, taking away bags and bags of wood chippings, sweeping leaves, and planting and caring for the new trees; supervising children at Orton School making bird boxes and later erecting them on the trees, and helping Tiny Hillbillies and Class 1 from school to plant bulbs; re-furbishing the benches which I know are used - especially in Summer- by those visiting the area.

Many, many hours were spent photographing all the headstones in both parts of the churchyard, and together with a transcript of the inscriptions these are now printed into a book which is kept in Church for anyone to look at or use in conjunction with family history research.

Several headstones that have become unstable have also been reset by volunteers as well as some broken ones being mended. Other headstone repairs have been carried out by professional memorial masons as being beyond the capabilities of our team. It is actually the responsibility of the descendants to repair headstones and two families kindly paid for this work to be done on their ancestors' stones.

Donations of wood for bird boxes, the hedgehog house and a squirrel feeder were also made. One of our village families is caring for the bird feeding station which was made locally and donated too.

Sedbergh Young Rangers came to re-instate the footpath pointing towards Shap from the wooden stile to the stone style in the wall.

We have created a small stumpery garden in the east corner of the churchyard in order to make use of the large stumps that we were unable to dispose of in any other way.

I have deliberately not mentioned any names here, as people who have worked on this project have done so without expecting any reward – except of course for coffee and cake in our break time on work days! – but I do wish to thank and acknowledge each and every one of you for your unselfish support for this project. Some of the “labourers” involved have said that they are willing to continue to look after the churchyard as far as they can in the future. The ‘old’ churchyard is a closed area and as such the grass cutting is done by Eden District Council but there will be other work to do, perhaps three times a year.

There have been others who donated money to buy new trees, plus donations given to support the work that we have carried out. Although we did have a grant from the Yorkshire Dales Sustainable Development Fund we needed to provide a proportion of that ourselves, and with these cash donations and “time and skills” gifts we have been able to meet our obligations in this respect.

I hope you will all approve of the new look churchyard which I gather is now more like the “old” look churchyard (which older residents remember playing in as children), and that you will take the time to come up to All Saints and look at the board – kindly paid for by Orton Manor Court - in the porch and wander around to see the new trees and the garden and bulbs and other plants that will make their appearance as the warmer weather sets in.

Many, many thanks to all those who have given of their skills, labour, time and cash donations to support our village church.

Mary Jenkin

The Friends of Orton School

invite you to.....

Spring Hanging Basket Workshop



In association with

The Flower Shop, Kirkby Stephen

at

Orton C of E School

Thursday 21st March at 7pm

£35 per person

Create your own hanging basket using spring bulbs and plants. Learn how to care for your plants and how to choose the best bulbs for your display.

The evening includes teas & coffees and delicious homemade cakes. Plus take home your very own homemade hanging basket.

*To book your ticket call Julie Watson on
07792-742715*

The Friends of Orton School: Reg Charity 1048683



The Arts Society Appleby
in Westmorland

The History of Walnut

A lecture by Janusz Karczewski-Slewikowski
given at Appleby Market Hall

11 am on Wednesday 13th March

Coffee served from 10.15 am. £8 on the door.
Members free. For more information and to see
our 2019 programme visit
www.taswestmorland.org.uk

Foster and help us to change young lives



Right now across Cumbria there is an urgent need for more foster carers to provide supportive, safe and happy homes for children.

If you have room to spare in your home and a lifestyle that has room for a child, then why not become part of Cumbria's biggest family?

Cumbria County Council already support over 200 foster families, but with close to 700 children needing foster families, they are always looking for more people to join in.

From short-term or respite fostering to offering a permanent home to a child, there are many ways in which you could make a difference to the lives of children in your local area.



Solicitors Rob and Christine Mason, from Penrith, have been fostering a brother and sister (aged 10 and 14) since they were approved to foster nearly three years ago.

Christine said: "I was working in Penrith and every day I saw the fostering advert on my parking disc and eventually we decided to give the number a ring. From then on it all moved quite quickly.

"They got us straight onto a training course and then our application went in. We were not left to drift, we were well supported by the assessment worker, who's a good friend now!"

Fostering more than one child was an easy decision for the couple. Rob said: "We decided early on we'd like to foster siblings and that we could manage at least two. We were shown a profile of the kids and at that point we started to get excited, all of a sudden these were real children we were talking about. They did a great job matching us."

Now they cannot imagine life without their children. Christine said: "This is their home now and it's like they've always been here. It's been an amazing experience for us, so if you are thinking about fostering, make a call today – it might just change your life."

For further information call 0303 333 1216 or go to www.cumbria.gov.uk/fostering.

Orton Manor Court

Abridged Minutes of the Committee Meeting held on
Monday 4th February 2019

1. **PRESENT:** 12 members, with one apology.
2. **Minutes:** The Minutes of the Committee Meeting held on 5th November 2018, were agreed and signed.
3. **Matters Arising:** None
4. **Meldykes:** Details of the terms of a Letting Agreement had not yet been worked out and will remain on the Agenda for a future meeting.
5. **OMC registered land:** The Committee were shown maps and documents with the precise details of OMC registered land.
6. **Treasurer's report:** Current Account: £5,870.93.
Savings Account: £8,740.38.
7. **Handrails for West End steps:** under construction.
8. **Any Other Business:**
 - a. **Dame School:** It was reported that the window sill in the Dame School was very wet and it had been suggested that air bricks should be inserted in the building. This being problematic in a listed building, instead the front door should be kept two inches ajar using the hook and hasp, to allow for better ventilation.
 - b. **Electric cables in Knott Lane area:** The chairman had been approached by the electricity board, who intended to put cables in the area near the Gamelands Stone Circle underground; the committee was shown a map of the proposed changes. In principle it was agreed that the cable should be buried in Knott Lane, so long as it was resurfaced properly.
9. **Date of next Meeting:** Monday 29th April 2019.

Orton Manor Court

Grass Lettings

1st May 2019 – 1st April 2020

- Howes Quarry – approximately 6 acres
- Small parcel of land at Field Head, Park Lane

Sealed bids to : Brenda Iveson, Treasurer to Orton
Manor Court, Street Farm, Orton
before Friday 5th April 2019.

Orton Surgery

Orton Surgery is open every week from 9.15 to 10.30am on Tuesdays and from 4.00 to 5.45pm on Thursdays. Thursday 14th March: we will be closed as it is a Cumbria wide staff training day. There will be no provision of medication on this day either.

Shap Practice: 01931 716230
Out of hours: 03000 247 247



WALK THROUGH BIBLE

Bringing the Bible to life

Have you ever wondered how events in the Bible fit together?

Here's your chance to learn more about the Bible, its events, geography and characters in a fun and interactive way –

At Orton Methodist Church, we are pleased to have Paul Keeyes return, having brought, in 2016, Walk Thru the Bible Old Testament.

Paul regularly brings Walk Thru to events such as Spring Harvest, Keswick Convention and Capernwray College.

Helping you to see the big picture in just one day, Paul will present the newest version of "Walk Thru' the Bible New Testament"

– so well, you will be able to tell it to your friends!

***Do not miss out on this fantastic day
Suitable for adults and secondary school children
(who must be accompanied by an adult)***

The Detail:

Saturday, 2nd March at Orton Methodist Church

Registration and Coffee 9am

Start 9.30am - Finish @ 3pm

Please bring a packed lunch

All other refreshments and drinks at breaks will be provided

The cost of the event is £7.50 per adult if booked in advance

*and is subsidised by the Methodist Church
(Cost includes Walk Thru the Bible – New Testament handbook)*

*If you turn up on the day, the charge is £14,
which is the normal fee*

*Secondary school children are free if accompanied
by a paying adult (not suitable for under 11s)*

***Please book in advance with Rachel Woof
015396 24372, 07929 371054
or randrwoof@talktalk.net***



ORTON DROP IN

EVERY WEDNESDAY 10.30 – 12.00
AT CHAPEL SCHOOLROOM
EVERYONE WELCOME
FRESH COFFEE AND
HOMEMADE CAKES

SIGN UP !!

For all
All Saints' and
St James' Church
Members



The church membership list (Electoral Roll) of every Church of England parish has to be redone this year. Please pick up an application form from church (or ask Ronnie Elliott) and bring it back **before** Friday March 8th if you want to be included as a member. If you consider yourself a member of one of our churches and have not signed up before then this is the time to do it! Thank you. (Any questions - please contact Ronnie Elliott - 24441)

Annual Parochial Church Meeting
for All Saints', Orton, with St. James', Tebay
Sunday 24th March at 12 noon
 after 10.30 a.m. joint morning service
 at St. James' Church, Tebay,
 followed by bring-and-share lunch.

CHURCH BELL RINGING IN THE LOCAL AREA

All Saints' Church, Orton

Band practice every Friday
 night 7.30pm - 9pm.

(followed by tea and cakes)

For further information

contact Julian or Susan Thorpe 015396 24166

St Lawrence's Church, Appleby

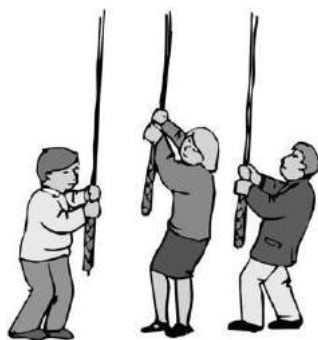
Band practice every other Monday night 7.30pm – 9pm
 (alternating with Shap Church)

For further information contact the Tower Captain Jim
 Archibald 017683 54194

St Michael's Church, Shap

Band practice every other Monday night 7.30pm – 9pm
 (alternating with Appleby Church)

For further information contact the Tower Captain Jan
 Labram 01931 716311



*Everyone welcome from complete
 beginners to experts (age 9+)
 Full training will be given.
 Come and give it a try – it's great fun
 for the whole family.*



Resuscitation Council (UK)

DID YOU KNOW ...

- That anyone can use the Defibrillator Heart Restarter that's now in the telephone box opposite The George?
- That there are also "Defibs" in Raisbeck and Greenholme as well as Orton CofE School?
- That the machine is designed to be accessed once you've called 999?
- That it actually tells you what to do, giving instructions as it senses what's happening to your casualty?



IF NOT, YOU CAN FIND OUT MORE

Following on from the demonstrations of how to use the defibrillator at the February Farmers' Market, **a training**

session is planned in Orton in the coming weeks.

If you would be interested in the training session, please contact Menna Lewis, Sally Seed (24732) or Paula Coward in the Village Store and give an email or telephone

number before the end of March. You will then be contacted about the best date and time to include as many people as possible. Thank you.

Menna writes: We had a very successful day at the market. We gave many demonstrations; answered lots of questions; and I think demystified the fear around using a defibrillator. We also got fifteen more contacts to add to Paula's list. So, all systems go!

Notes from the Herald, March, 1919

Stormy start then mixed till 19th, then very cold and snowy.

Orton The East Westmorland R.D.C. (in Kirkby Stephen) needs to build two new cottages in Gaisgill and Longdale; six in Newbiggin on Lune; eight or ten in Tebay – none in Orton itself.

Died at Front Street, on 23rd March, Alice Stubbs, 83, buried at Orton on 26th.

Tebay held a concert for the Tebay War Memorial Fund in the Market Hall on Friday, 28th February, the Vicar in Chair. Supper was included and a lot were there.

Ravenstonedale Newbiggin-on-Lune Primitive Methodists were given permission by their Circuit's quarterly meeting to raise funds for a new church and schoolroom. Ravenstonedale has been discussing what to get for its War Memorial. Ideas include a Monument, electric light, a District Nurse, a tennis court.

Late in March Newbiggin-on-Lune held its P.M. Chapel Christian Endeavour Concert in its Chapel. By 29th, Ravenstonedale had chosen its War Memorial. It's to be a District Nurse, funded by public subscription NOT by frivolities such as dances or whist drives.

Died at Elm Lodge, on the morning of Friday 7th, Mr. T.A. Metcalfe-Gibson, second son of the late Mr. Anthony Gibson, Park House. He was a stockbroker in the City but fell ill after seven years there and came North. His family includes the Yorkshire Melcalfes, the Bampton (Westmorland) Atkinsons and the Gibsons of Oddendale.

Joke She: Why is this U.S. bacon so salty?

He: Too few ships. They have to tow it!

Thank you to Jeremy Godwin for the Notes.

PRIZE BINGO

We would like to thank you for coming to our last Bingo in February; we raised £175 for Orton Market Hall.

Our next Bingo

Friday 1st March, Orton Market Hall, 7.30 pm
All welcome. Good prizes. In aid of Bolton school.

Hope to see you there! Thanks.

Jillian and Sharon



Orton Methodist Chapel and All Saints' Church invite you to a joint

Mothering Sunday Service for all the family

Sunday, 31st March

10.30am

Orton Methodist Chapel

Led by Rev Mike Harrison



Posies

Coffee afterwards

EVERYONE WELCOME

highlights
rural touring scheme

Remi Harris Duo - Friday 22nd March

Swapping worldwide touring for a series of intimate village hall gigs, extraordinary guitarist, Remi Harris is joined by double bassist, Simon Smith for an eclectic mix of music at Orton Market Hall on Friday 22nd March.

Remi's music draws from gypsy swing, blues, rock, jazz and world music and he has been described by Jamie Cullum as an 'extraordinary musician and incredible guitarist'. His live set includes original compositions, improvisations, jazz standards and new arrangements of



musical masters ranging from Django Reinhardt and Jimi Hendrix to Wes Montgomery and Charlie Parker. Remi plays a variety of acoustic and electric guitars and his show is interspersed with commentary about the history of the music and instruments he plays.

Remi has toured worldwide including performances at Buckingham Palace and the BBC Proms at the Royal Albert Hall.

Tickets: £9 adult. £5 for under 16s; family ticket for £20

Bookings: Contact Sally on 24732 or tickets are available from Orton Village Store or online from Highlights at www.highlightsnorth.co.uk



Ancient Egypt

Our class 4 history project for this term is Ancient Egypt we learned about how to mummify tomatoes and we learned about their writing called hieroglyphics and an Egypt adventure story. We made Canopic jars then we painted them; we watched videos about the discovery of King Tutankhamun's tomb.

BY

Ben Percival, Tyler Hale and Nathan Mawson

Safer Internet Day

On Tuesday it was Safer Internet Day.

Safer Internet Day is all about knowing how to be safe online.

The internet can be very dangerous, that is why you should never give away personal information to anyone online. If anyone that you don't know contacts you online or on social media you should always tell a trusted person and then you should block and report them!

Information you should never give away online is:

1. Address
2. Phone number
3. Name
4. Other peoples personal information without consent
5. And what school/ University you go to.



Safer Internet Day 2018

Tuesday 6 February

Let's be safe online!

By Cristina

Orton School raised money for the Great North Air Ambulance Service at our school Christmas play. Due to your generous donations we raised £274.33. Miles the Bear, the mascot, came to collect our cheque.

BY FRANKY D AND MOLLY S



EDEN ROCK

Recently we went to Eden Rock. 6 people went we had an amazing time. We went with 2 adults, Miss Potter and Mrs Pomfret.

We came 6th out of 40!

There was some very hard climbs and some not so hard but *the whole time we supported each other.*

By Lily and Morland

Swimathon

Last Saturday we swam a challenging swimathon at Penrith Leisure Centre. We had two teams Orton Sharks and Orton Dolphins. Orton Sharks swam 110 lengths and Orton Dolphins swam 96 lengths. The teams were made up of children and grown ups.

By Caitlyn

SPLASH!!

Last year, we came to school dressed as a wild animal raising money for WDC which stands for Whale and Dolphin conservation.



WDC found a whale that had swallowed over thirty plastic bags. Did you know that Ganges River Dolphins have dark brown skin, which becomes lighter as they grow older. When baby dolphins or whales are born they are called calves. WDC sent us some wonderful magazines about whales and dolphins and the whole school can't wait to look through them all.

Thank you WDC for these inspirational magazines

By Bicci Clark and Kate Wharton



Student Teacher

Miss Sian Marie Gilgeous is helping to teach in class 2

Likes: mountain climbing, Skiing and CAKE.

Dislikes: Coffee, rain and cats.

She has one dog and a baby.

She is here for 7 weeks and she likes it here a lot. Her favourite subject to teach is English

By Niamh and Poppy

Spuds and Puds

One Saturday there was an exiting event called Spuds and Puds.

We asked some of the children what they thought of it and they said...

Callum said "it was great", Roman found it "super"

Anna had a unicorn cake and Toby had fun.

Mrs Pomfret said that she saw lots of smiles.

Thank you if you donated cakes and puddings.

They were delicious.

Everyone had fun.

By Emily and Madison

Swimming Gala

In January 2019 Orton Primary school went to a swimming gala. We swam a lot of strokes.

We were there for 3 hours and 5 minutes with our lunch! We were very tired when we got back.

We were very talented swimmers!

By Lucas and Suzanne

Starting a new school

2 weeks ago I started at Orton School. When I arrived everybody was very friendly. At first I was quite nervous but then when I made some friends I was fine. The teachers are very nice and so are all of the Pupils. When I heard that they were doing about Ancient Egypt in topic I was very excited.

By Amelia

Ravenstonedale

Forthcoming events Spring 2019

Tuesday 12th March

7.30 p.m. Bible Discussion Group at Manor House

Wednesday 20th March

7.30 p.m. Ravenstonedale Parish History Group
History of Shorthorn Cattle in Ravenstonedale

Thursday 21st, Friday 22nd and Saturday 23rd March

7.30 p.m. Lune Spring Players production, 'Last
Tango in...?' at Newbiggin Village Hall

Easter Saturday, 20th April

Charity Coffee Morning

10.00am-12.noon

St Oswald's Church, Ravenstonedale

Sunday 28th April

Annual Parochial Church Meeting

FOR YOUR DIARY

Advent Sunday, 1st December

Kirkby Stephen Silver Band Concert

St Oswald's Church, Ravenstonedale 3.00pm



St Oswald's Parish Church Revision of Electoral Roll and Annual Parochial Meeting Sunday 28th April

The Roll is revised every 5 years; if you still wish to be on the Roll, or want to be added to the Roll, please contact Anne Brownrigg (Church Warden) 23594 or Diana Fothergill (PCC Secretary) 23288 who can provide a form. Forms must be returned by 14th April.

Don't miss! **Lune Spring Players'** forthcoming production of **'Last Tango in...?'**



An evening of short plays

Performance at 7.30 pm
**Thursday, Friday & Saturday
21st, 22nd and 23rd March**
at the Public Hall, Newbiggin-on-Lune

To reserve tickets (£6) phone
David Morris 015396 23308 or
Liz Hutchinson 015396 23552

RAVENSTONEDALE VILLAGE 'OPEN HOUSE' Continues EVERY WEDNESDAY from 10.30am to 12 noon in the METHODIST CHURCH

Do come along and meet friends and make new ones,
and enjoy a cup of coffee, tea or juice, with biscuits and
sometimes scones or cake.

Everyone is welcome -

locals, walkers, cyclists, passers-by!

There is no charge but donations are welcome and any
surplus goes to good causes, we have recently supported
the Great North Air Ambulance, Eden Animal Rescue and
Shelter Box.



Bible Discussion Group

Manor House,
Ravenstonedale,
Tues. 12th March, 7.30 p.m.

Led by Fran Parkinson

The discussions are friendly and informal and often wide
ranging. It does not matter whether you are a regular or
irregular church/chapel attender or have never been in
years, you are all most welcome

Further information - 015396-23308

Our advertisers

Please support our advertisers, and when you phone one to ask for their services,
please tell them that you saw their advert in **The Link!**

Quilting Exhibition at Hawes

Striking homemade quilts – which covered the beds of Dalesmen and women before the coming of the duvet – are to go on display at the Dales Countryside Museum in Hawes. A new collaborative exhibition with The Quilters' Guild of the British Isles, "Colour and Comfort", will run until 8th May.

It will showcase pieces from the collections of The Quilters' Guild and the Dales Countryside Museum.

Visitors will, for instance, be able to see an 1890 Swaledale farm quilt saved from being used as a cover for a tractor; an unusual patchwork coverlet made in the mid-twentieth century by Norah Worth of Gayle; and a 120-year old black cotton quilted skirt worn by one Mary Metcalfe of Stalling Busk.

Museum Manager Fiona Rosher said: "The variety of patchwork and quilting styles in this exhibition shows the changing fashions in the nineteenth and twentieth centuries.

"Some pieces are purely decorative, made from



expensive materials and indicate the type of patchwork that would have been made in higher class households of the Yorkshire Dales. But many of the pieces on display are

practical quilts and demonstrate the need for a warm, comforting layer to soften the harsh conditions of rural, working life."

As part of the exhibition, a demonstration on quilting will be given by Kate Trusson between 1-4pm on Saturday 13th April. Entry to the demonstration will be included in museum admission (£4.80 adults, children free, or £9 annual pass).

What is a quilt?

A quilt consists of three layers: a top layer that can be plain or pieced, a central layer for warmth, and a backing. These three layers are joined together by stitches, either decorative or simply even spaced knots, known as quilting.

References to quilts can be found in inventories and wills of the wealthier classes from the 13th century. They were treasured possessions in a household, often worth more than the bed itself.

In the 18th century there was a move away from the use of silks towards the new and fashionable cotton fabrics used for both dress and furnishings. By that time, quilting was being used for fashionable garments such as jackets, waistcoats, nightcaps and hats. The wearing of quilted petticoats may have been quite commonplace in winter in the Dales, perhaps long after the general fashion for wearing them in more urban areas had gone.



Easter Saturday 20th April

10.30-12 noon

Coffee Morning

in St Oswald's Church

ALL VERY WELCOME

Friends of the Settle-Carlisle Railway

Here is the latest from the England's most beautiful railway line. Local difficulties are resolved for now so we look forward to a super 2019 season of activity with trains every day.

We enjoyed the spectacular return to the main line after 25 years of Jubilee 'Bahamas', seen here at Ais Gill Summit last Saturday as darkness was falling:



RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 20TH MARCH at 7.30PM

**Ravenstonedale High Chapel
Community and Heritage Centre**

**THE RISE AND FALL:
A HISTORY OF THE SHORTHORN CATTLE BREED
IN RAVENSTONEDALE**
With STEVE FERMER

**Admission: Members £2.00 Non Members £3.00
including refreshments**

**For more information contact Val Fermer on 07798
688057 or leave a message on
www.ravenstonedalehistory.org.uk**

Newbiggin-on-Lune

Newbiggin-On-Lune Methodist Chapel

Please feel free to come along
and join in our fellowship.

Every Sunday at 10.30am

Every Tuesday we have our coffee morning from
10am – 12 noon.

Plus various other events either weekly or monthly
Sunday School – all ages, Youth Fellowship – ages 11
plus, Lunch Club, Fellowship, Men's meetings, Bible
Studies, Worship Band Practices,
Ignite Bible Study ages 16 plus and Ladies meetings.

All welcome

For more information please call Wilfred on 23600
or Angela on 07980 418078

Newbiggin-on-Lune Baby and Toddler Group

Every Friday morning (term time) 9.30am - 11.45am

Methodist Chapel Schoolroom

Children under 6 months - free

Children over 6 months - £1.50

First session is free (includes a
healthy snack)

Just turn up, or for more details
contact **Chairperson** : Fi
017683 71921



Ravenstonedale Folk Dance Club

Thursdays, 7.45 p.m.

at Newbiggin-on-Lune Village Hall.

We meet weekly; everyone is very welcome.

For more information ring Chris Bland - 24258.

Are you interested in
**Sewing / knitting / quilting /
sharing skills and chat ?**

Please ring Ann Wappett on 015396 23565

Newbiggin-on-Lune Public Hall

Contacts:

Chairman : Ian Clayton Tel: 015396 23226

Secretary: Jim Wardrope Tel 015396 23288

Treasurer : Carl McLaughlin Tel: 015396 23674

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen

Caretaker : Anne Brownrigg Tel: 015396 23594

All bookings should be made with the Caretaker

All payments to the Treasurer.

LUNE LADIES SPRING PROGRAMME

6th March Dr. Hannah Ashley – her work in
Sierra Leone.

19th March (Tuesday) PLANNING MEETING 2.30pm at
BROWNER FARM

3rd April Pamela Clarke – Garden ornaments to
make at home.

8th May Fashion Show by “Kitty Brown
Boutique” of Carnforth. Refreshments will be
provided. Charity Open Meeting everyone welcome.

Lune Ladies meet in Newbiggin-on-Lune Village Hall on the
first Wednesday in the month (*usually*) at 7.30pm. We enjoy
a chat, cup of tea or coffee and listening to our invited
speakers. We are always pleased to welcome new members;
subscription is £10 annually, guests £3, to cover the cost of
speakers and the hire of the Hall. Do come along and join
us - you will be most welcome!



Newbiggin-on-Lune BOWLS CLUB

Fridays at 7.30 p.m.

All welcome - first night FREE!
For details contact Stephen Dickinson
(17766 833 500)

LUNE SPRINGS LUNCH CLUB

Lune Springs Lunch Club welcomes anyone who would
like some company and a meal. It is held on the

second Monday of each month

at Norman Ousby's Garden Centre and Cafe
at Newbiggin-on-Lune.

The cost is **£10.00** for a main course, sweet,
and coffee or tea.

It would be lovely to welcome new people - we are a
friendly group and there is quite a lot of chatter!

Please let Sally Cannon know
if you are able to come

(015396 23230 or 07531 544048)

as the meal is prepared specially for us.

We should be very pleased to see you!

Newbiggin-On-Lune Men's Meeting

Held in Newbiggin-on-Lune Chapel Hall at 7:30pm

Wednesday 6th March ,7:30 p.m. : David Gambles will
be speaking on the packaging industry.

All men welcome; contact Jonny Capstick for details
015396 23141

Shap

Contact Janet Wood, 01931 716273 or janet@theoldcourthouse.org

Events at The Old Courthouse

Friday 1st March: 'Under Milk Wood'

Poetry Evening, 7pm

Wed. 20th March: 1-2pm 'Spring Sights and sounds' Rucksack of Rhymes, children age 0-5

Fri. 15th March: 7.30pm "Lock-Up" -

music & poetry - Beyond the Beacon

Band - interesting local characters!

Sat. 30th March: Writing Workshop with

Susan Allen, Wordsworth Trust

1st-31st March - Exhibition of artwork

including puppets based on 'Beyond the Beacon' characters

St Michael's Church, Shap

Sun. 24th March, 3pm: The Herdwyck

Consort presents 'I Sing of a Maiden' - music for the Annunciation

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The Kings Arms Hotel, Shap

Open 7 days a Week

We are excited to announce our Takeaway Menu is running 7 days a week throughout March. Pre Order on **01931716277**

Takeaway Menu

Regular £8.50 Small £7.25

Mega Burger and Chips

Scampi and Chips

Vegetable Lasagne and chips

Beer Battered Haddock and Chips

Sausage and Chips

Kids - £5.00 (all served with Chips)

Chicken Goujons

Cheese Burger

Kids Fish

Pork Sausage

Sides - £2.70

Garlic Bread

Onion Rings

Chips, Cheese and Gravy

Extra Side - £1.00

Mushy Peas

Coleslaw

Gravy

Salad

Bring your own plate **Sunday Roast** available every Sunday, 12pm-2pm

Other Events

Saturday 3rd March : Our next Bingo night - Cash Prizes

Saturday 16th March: Quiz Night with Raffle

raising money for Shap Village Hall

Raffle prizes greatly appreciated

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THE CROSS KEYS INN, TEBAY

16th Century Coaching Inn



Light Bites offer

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And from 5-6 pm Monday to Thursday

Mothers Day Menu available

2 courses or 3 courses!!

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MONDAY ROUTE 571: Brough to Kendal

	OUTWARD	RETURN
Brough Clock	10.05	16.15
Kirkby Stephen	10.20	16.06
Kirkby Stephen West Station	10.30/10.35	15.53/16.00
Ravenstonedale School	10.43	15.44 Garshill
Newbiggin on Lune village hall	10.48	15.40 on A685
Junction 38, Tebay	11.00/11.15	
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.10	16.35
Shap	10.45	15.57
Orton	11.10	15.37
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

TUESDAY ROUTE 569:

Ravenstonedale to Hawes

Easter to end of October	Outward	Return
Departs Bus Depot	10.10	16.30
Ravenstonedale School	10.23	16.25
Kirkby Stephen Station	10.40	16.15
Kirkby Stephen Square	10.50	16.10
Arrives Hawes	11.50	15.10

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	Summer	Winter
Departs Bus Depot	10.10	10.10
Ravenstonedale School	10.23	10.23
Kirkby Stephen Station	10.35	10.35
Kirkby Stephen Square	10.45	10.45
Brough Clock	11.03	11.03
Middleton in Teesdale	11.45	
Barnard Castle	12.25	11.40
Barnard Castle	15.30	14.30
Brough Clock	16.05	15.05
Kirkby Stephen Square	16.15	15.15
Kirkby Stephen Station	16.22	15.22
Ravenstonedale School	16.30	15.30
Depot	16.40	15.40

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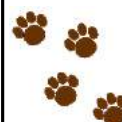
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Howgill Harriers Running Club:

Admin@howgillharriers.co.uk

Local History Societies:

Orton and Tebay: Mary Jenkin: 24410

Ravenstonedale: Val Fermer: 07798 688057

Lunch Clubs:

At the George Hotel, Orton: Bronagh: 24071

At Lune Springs, Newbiggin-on-Lune: Sally Cannon:
23230

At Old School Tea Room, Tebay: Bernard Thornborrow:
24272

Men's Meeting, Newbiggin: Jonny Capstick: 23141

Quiz Team, Orton: Sally Seed: 24907

Sew and Sews, Orton: Gillian: 23653

Sewing and knitting group, Newbiggin-on-Lune:
Ann Wappett: 23565

Women's Groups:

Orton: Pat Alexander: 24303

Lune Ladies: Carole Clayton: 23226

Women's Institute: Jackie Huck: 24266

Mothers' Union: Angela Milburn: 24382

